

2014 Conway Farms Vintage Calendars Available Soon!

The 2014 UCC Calendar featuring Conway farm scenes like the one above, will be available soon. This calendar will feature beautiful, vintage, and hard-tofind images of Conway Farms in a format fit for framing! Purchase one to use in 2014, and one to treasure as a Conway Collectible. And they make excellent Holiday gifts! For more information, or to reserve your copy, contact BettyLou at 369-4481.

No Danger of Fracking in Conway

Fracking, or hydraulic fracturing to extract gas and oil from shale rock, will *never* be practiced commercially in Conway, or anywhere else in the Pioneer Valley, according to UMASS/ Amherst geologist, Dr. Steven Petsch. On **October 9** Dr. Petsch gave a detailed lecture at the Sunderland Library illustrating why the rock formations that occur in our region are not the type where oil and gas deposits can form.

Recent rumors to the contrary originated, apparently, in *In this issue of The Visitor:*

Red Sleigh Bazaar & Luncheon
 Conway Cemetary Project

misinterpretations of a U.S. Geological Survey report.

Before Dr. Petsch's information became available, the Board of Health scheduled a public meeting for **Monday, November 25**, to discuss possible fracking in Conway. Now, a regular meeting of the Board of Health covering a range of agenda items will be held at that time. All BoH meetings are open to the public, and any Conway residents who still have questions on fracking are welcome to attend.

River Walk Booklet
 November Library Even

November Library Events

Please send ads, notices, articles and correspondence to the NEW email address for *The Visitor*: <u>visitor@uccofconway.com</u>

UCC of CONWAY NEWS From the Pastor's Pen

Dear Friends,

Recently I heard a story of a 7-yearold boy who was baptized outside in a lake. With tears streaming down her face, his mother watched as he came out of the water, then excitedly asked if he felt any different.

. "Yeah, Mom, I do," he replied. "Now I have water up my nose!" *

I always think of the fall as a time that's about new experiences – and starting over. This past Sunday we baptized Harper, a young baby, in our church and invited her to begin a new life, recognizing and celebrating how much God loves her. As special as it was for Harper and her family, the message of that day is really for everyone. God's amazing invitation to be part of his word is meant for all of us. God's amazing love and the invitation to start over as God's children is for everyone.

Why do we need this chance to start over? There's a simple answer to that. Because we are all human! We all mess up sometimes. We say things we later wish we could take back. We do things we wish we could undo. We miss opportunities. This happens in all spheres of our lives. Sometimes we make mistakes at work, sometimes we hurt the people we love, sometimes we disappoint God. And because we all mess up, we like to start over—to turn our backs on the past, to look forward, to hope that this time round, things are going to be better.

There's something exciting about starting over—new challenges, new experiences, new opportunities. So, I am going to ask, "Where does this message find you today?"

Perhaps things are still going well. Perhaps you've made a few mistakes. Perhaps you are at a low point or facing a hurdle you must overcome. Perhaps you're overjoyed and filled with blessings. The good news is: wherever you are today, you don't have to stay there, because today is a new day. God is offering you a new beginning; a chance to start over knowing in your heart that you are loved by a God who will never leave you alone and who will walk beside you each step of your journey.

Journeying together,

Ren Cardi askerde

Rev. Dr. Candice M. Ashenden

P.S. And if you are looking for company on your spiritual journey, please know that the doors of the UCC Conway, and my door, are always open to you.

*(Leslie A. Williamson, Gardnerville, NV., Today's Christian Woman, "Heart to Heart." From a sermon by Larry Wilson, Biblica Baptism, 9/29/2012)

MISSION STATEMENT

The United Congregational Church of Conway is a welcoming Christian community bringing generations together to celebrate God's presence and learn to grow in our faith. We humbly strive to offer hope, encouragement and love to each other, the Conway community, and the world through our actions and with our resources.

Church Clips

You're invited to join us for worship Sundays at 9:30 AM at the Conway Grammar School. Everyone is welcome!

- If you need to reach the church, messages may be left with Rev. Ashenden at 978-544-2801.
- Rev. Dr. Candice Ashenden holds office hours Mondaysfrom 9:30AM to 12 PM and will be available in Conway on Mon. afternoons for visitation, appointments, counseling, meetings, etc. She is always available at other times, by appointment (or in an emergency). She welcomes calls at home at any time: 49 Charles St. Orange, MA 01364, or call 978-544-2801, or email her at revcandi@gmail.com.
- The UCC Church Council meets the 3rd Monday of each month. All are welcome. Call 978-544-2801 for details.
- UCC of Conway mailing address is: P.O. Box 214, Conway, MA 01341.

Make a Difference in the Can shed!

To those of you who donate clean, redeemable cans and bottles regularly, thank you! A few reminders: water, Gatorade, lemonade, juice and regular iced tea bottles are not redeemable. The transfer station has recycle bins for these items. Also, please note that there are often youth working in the shed, so broken glass and trash mixed in with cans can be very dangerous, as well as unpleasant. Thanks to all who help make this a community service!

Renovation Donations

To date, we have received just over \$18,000 in donations, \$37,000 for handicap accessibility from the Germain trust and \$100,000 from the Town of Conway through the Community Preservation Committee. These donations are so much appreciated. As costs continue to escalate, we anticipate these gifts will represent approximately a quarter of the total necessary repairs and restorations

Thanks for the support, and if you still wish to donate, we'd be more than happy to receive your gift.

Adopt A Family!

In **December** the 2nd Monday Group will be getting gifts and food for a large Family thru Adopta-Family. If you'd like to help, or donate, or for more info call Lorraine at 369-4061.

Guest Editors Sought

Guest Editors are still being sought to help with The Visitor! If you have a computer, access to the internet, and a copy of InDesign, we need your help! Please forward your letter of interest to <u>visitor@</u> uccofconway.org. We will train!



Gardener's Corner

By Liz Pichette

November is the month of Thanksgiving, a time when we express gratitude for all our many blessings. Although I think gratitude is best expressed daily, even moment to moment, I think it is nice to have a day set aside especially to reflect and share our blessings with others.

Around the holidays public service organizations are inundated with volunteers who want to be a part of something larger than themselves and these agencies are grateful for that expression, but sometimes they have to turn volunteers away. The truth is, the need is on-going all year around. If you are so inclined, why not offer a gift that would give all year long? Volunteer weekly or monthly. If you haven't a lot of time to spare, set up a donation that is deducted from your credit card monthly. While donating \$120 all at once might be a hardship, \$10 a month spread over a year is quite manageable. Monthly donations help agencies plan and allocate services with that on-going commitment.

blessed. The town has pristine beauty and folks are friendly. Sure, it isn't perfect, there is no such thing. The contrast of hitting the potholes in life provides appreciation for when the road is smooth. This month let friends, family and coworkers know how thankful you are that they are in your life. Those who support the structure of the town – the road crew, town officers, teachers, volunteer firefighters, EMTs, bank tellers and postal employees - all would be uplifted by your kind appreciation. Acknowledgement is the greatest of gifts and it costs nothing but a smile.

What am I grateful for? So much! The list is endless. The curious thing is that after a few years of daily practice, I've begun to see blessings in even the "negative" things that occur in life. Sometimes it may take a minute (or a day!) to see the silver lining, but if I put my mind to it, I can. For example, when I am sick with a cold, I think how grateful I am that it is only a short while until I am well again; there are many people who never recover their health. Like the song, "When the dog bites, when the bee stings..." I think of all my blessings and feel grateful. Happy ThanksGiving!

briceh@verizon.net

Most of us in Conway are truly

Notes

The aims of the L Conway Garden Club are to stimulate interest in gardening and related skills, to enhance the natural beauty of our area, and to educate and promote environmental improvement.

The Garden Club extends a whole-hearted thank you to Sue Bridge for an illuminating and fascinating tour of her Green, energy-efficient, solar-powered home and the permaculture gardens that surround it. We took home many ideas for our own homes and gardens.

Thur., November 14, Noon to 3:00 PM, Town Hall. Holiday crafting with Helen Hodges. Bring a favorite container and Brown Bag Lunch.

Thur., December 5, Noon to 3:00 PM, Town Hall. Come and help make wreaths for the library and other town buildings. Bring clippers and gloves, a Brown Bag Lunch, and holiday cookies to share. The club will supply materials for the wreaths.

For questions contact Pat Lynch at 369-4284 or email patricialynch@ earthlink.net.

Garden Club Cemetery Project **Needs Volunteers**

t the town meeting in May, residents approved a \$4,900 Historical Commission request for Community Preservation Act (CPA) funding to update, by June 30, 2014, inventory records for the 2,500+ burials and headstones in the Howland and Pine Grove Cemeteries. These cemeteries are a unique historical record of the town, and offer a glimpse into the lives of the people who lived in Conway from the earliest days of the town's history. The CPA grant will help to expand, preserve, and make more accessible accurate records of the burials in both graveyards.

Peter Freisem of Old Cricket Hill Road, who spent considerable time digitizing earlier cemetery records as a volunteer, has been chosen by the Historical Commission to do the inventory work. In the larger Howland Cemetery (at the corner of Cemetery Hill and Shelburne Falls Roads), Peter has started working to verify inscriptions and document the addition of new headstones since the first (and last) inventory was completed in 1952 (with a DAR grant). Interested volunteers are now being sought to assist Peter and the Commission with this project. Specifically, volunteers would help with on-site proof-reading of existing burial records, digitally photographing headstones, and/or transcribing headstones for the first time by hand. There are also plans to create up-todate cemetery maps.

Local history buffs are encouraged to participate, either this year (into November), or when field work resumes next spring. For further information, or to volunteer, contact Peter Freisem at 369-4651 or pfreisem@ comcast net. The Historical Commission warmly welcomes any offers of help.

November 2013 Senior Calendar

- Council on Aging (COA): Meetings are held on the first Wednesday of the month, 9:30 a.m., at Town Hall. The COA receives grants from the state Executive Office of Elder Affairs and an annual appropriation from the town Contact Patricia Lynch, COA chair, at 369-4284.
- Senior Holiday Dinners: Join your friends and neighbors for festive holiday dinners hosted by Mary and Ed Rose at the Holly Barn on Thursday, Nov. 21, and Thursday, Dec. 19, at Noon. The November dinner will be a traditional Thanksgiving feast of turkey with all the trimmings. There will be a choice of entrees at the December dinner. For December, please bring a small, wrapped gift for the drawing. The cost of these dinners is a bargain at \$10.00 each. For reservations, call Lorraine Boyden at 369-4061.
- New to Conway! Free Transportation for Conway Seniors: Owing to the generosity of Nellie Cezar, the COA is now able to offer free, door-to-door transportation for medical and other appointments. To schedule a ride with Nellie (aka "Town Taxi"), call 413-522-0085.
- Senior Exercise Class. Classes are held at Town Hall on Wednesdays from 1:45 to 2:30 p.m. These classes, which include weight training, help maintain flexibility, increase endurance, improve balance, and build muscle strength. For information, call Pat Lynch at 369-4284 or Peg Tiley at 369-4010.
- Serverings:

Bimonthly screenings are held at Town Hall by appointment only. Call Peg Tiley at *369-4010*.

Walking Group: Call Phylis Dacey at 369-4326 for more information.

Colrain Council on Aging Offers Dinners

A nyone over 55 years old is invited to any of the Colrain Council on Aging mid-day dinners. Seniors from Conway who have attended give a glowing report about both the food and the company.

Call Richard or Amy Herzig at 413-624-3417, on the preceding Monday to make a reservation. The noon meal, with entertainment at 11:30, is held in the Colrain Community Church at **306 Main Road**, **Rte 112**. A donation of \$2 is requested.

Medical Equipment Loans Available

Through generous donations the Council on Aging has medical equipment available for loan, including walkers, crutches, wheelchairs, bath chairs and commodes. Call **Julie Clark** at *369-4629* to borrow equipment, or if you have equipment to loan.

Holiday Stress Relief for All Ages

A re you starting to worry about holiday stress? Too much to do and not enough time?

Come and breathe, stretch and relax at the Conway Town Hall with Naomi Zeitz. Breathing, stretching and relaxing is intended for people of all ages and physical capacities. We use very simple breathing techniques and movements that when coordinated together can create a deep relaxation. These are also techniques that once learned can be used at home. Naomi is an authorized Yantra Yoga instructor since 2008. The class is offered for free to the residents of Conway.

If you're interested in a class of this nature, please notify Naomi at the email below. mirrornk@gmail.com

Bowling for Seniors Offered

Bowling for Seniors has begun again at the Shelburne Falls Bowling Alley, **Fridays from 2pm to 4pm** through **Nov 22**, thanks to funding from the Friends of West County Seniors. No preregistration necessary.

Remember the Visitor Holiday Greeting

There is still time to add your name or your family's name to the Visitor Holiday greeting in December. Names of donators will be made into a holiday card. Proceeds from these greetings go to the **Neighbors in Need** fund. Send your name(s) as you'd like them to appear, along with a contribution (the amount you'd spend on holiday cards!) to **"VISITOR GREETING, P.O. Box 214 Conway, MA 01341** by **November 20th.** And any additional support for the Visitor you'd like to provide is always welcome(in a seperate check, please!).

What's the Story Morning Glory? By Deb Hoyle Around the Table

Thanksgiving waits at a place where there is a table, legs scuffed and scarred, the reddish brown color deepening with each passing year. There is a leaf in the center that can unfold when you pull the two ends apart to make more room. Then with the three pushed together, standing back you'll see signatures of cigarettes whose ends fell out of ashtrays and were left a few moments too long, ragged black ovals burned into the hard maple since who knows when. By now it could be five decades ago or so when my Pop, one likely culprit, had finished his turkey dinner with creamed onions and enjoyed that Winston until

distracted by the score, set it carefully in the brass ashtray with the beanbag bottom where it fell from its perch still giving off a curl of blue smoke. Someone must have noticed as they cleared a space for the card game leaving just the coffees and a plate of chocolates there.

I think it's fine just the way it is, sleeping under a sheet in our basement, grateful every day for centerpieces long ago discarded and stories both remembered and forgotten- told in the scratches, burns, bumps, and soft glow of the wood.

greenlady33@comcast.net

This is a column of original writing about life in the hills.

Conway Preservation Committee Seeks Proposals

The Conway Community Preservation Committee (CPC) has funds available for open space & recreation projects, historical preservation, and community housing. Citizens and groups are encouraged to develop proposals for the Committee's consideration. A short Community Preservation Act (CPA) Pre-Proposal Information Form and complete applications are online at http://townofconway.com/committees/communitypreservation/. The short form is also available at the Town Office.

Anyone wishing to make an appointment with the Committee, or discuss ideas should contact Janet Chayes (janet@chayes.org 369-4697). Proposals are welcome at any time, but March 3, 2014 is the deadline to submit full applications for potential consideration by Town Meeting in May.

Since 2006 Conway citizens have approved 14 CPA projects to enhance the community which total \$464,882.

Eating Around Town

By Kate Van Cort French

This month: Lee Whitcomb

Lee's grandmother, Leslie Hayes of North Brookfield "forced" grandchildren who arrived in a bad mood to make these cookies with Nan. Turned that mood around every time! They've become a favorite to all generations since!

<u>Cry Babies</u>

1 c. each: sugar, molasses, butter, sour milk		
l egg	¼ tsp. salt	
l tsp. ginger powder	1/2 tsp. cinnamon	
l tsp. baking soda	4 c. flour	

Some of our town's favorite recipes

Mix ingredients well. Drop from a teaspoon onto a buttered pan and put a raisin in the center of each cookie. Bake in a moderate oven - taste better soft than crispy. *Bon Appetite*!

We'd love to hear from other Conway folks as we gather recipes for the Town's 250th Cookbook. Our success depends upon you and we are so grateful for your participation. ! kate4cats@hotmail.com

Broadband Committee Notes

By Bob Armstrong

The Comcast extension in Northern Conway is now complete and a small army of local sales reps are knocking on doors and taking orders to connect many residents. Our mission is still to bring broadband to everyone in town, but with this extension, nearly half of the previously unconnected homes now will have access to high speed internet.

WiredWest and the MBI (the state broadband developer) are in talks for how to best fund, design and manage a last mile network connecting the state's new 'fiber backbone' to homes and businesses in Western Mass. This would bring high speed internet to the many towns in Western Mass that have nothing except a bit of DSL in the center of town. So far, the state is hesitant to build in any towns that have a Comcast franchise, but we're trying to encourage them to also connect the many homes that Comcast has ignored for so long.

If you have any questions about the new Comcast extension or other broadband issues, please let me know.

Mon: 4-7pm Sat: Wed: 3-8pm Sun:	nsfer Stn: Post Office: 9am-5pm M-F: 9-11am :8am-1pm Noon-4:30pm d:128pm Sat: 9am-11:30	<u>Town Office:</u> Tu-Th-F <u>:</u> 9am-Noon)	Nover
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Sunday	Monday	Tuesday	Wedr
PULL OUT and POST this handy Conway calendar!			
• UCC Service 9:30 AM - Conway Grammar	• Selectboard 7PM Town Office • Board of Health Meeting 7-9PM	 Festival of the Hills 6:30-8PM Girl Scouts 3-5PM Energy Committee 7PM Town Hall Housing Committee 7-8:30 	 Senior Ex 1:30-2:30 Friends of Meeting 7 Council or 9:30-11 A
• UCC Service 9:30 AM - Conway Grammar	• Veterans Day	• Technology Committee 7-8PM • Girl Scouts 3-5PM	Parks & R Committe 6-8 PM To Senior Ex 1:30-2:30
• UCC Service 9:30 AM - Conway Grammar	Selectboard 7PM Town Office Board of Health Meeting 7-9PM UCC Church Council Meeting	 Girl Scouts 3-5PM 9 Energy Committee 9 TPM Town Hall CGS PTO Meeting 6:30-7:30 CGS Housing Committee 7-8:30 	Deadline Articles Greeting The Visit Senior Ex 1:30-2:30
• UCC Service 9:30 AM 24 • 250th Celebration Geneology Work Grp	• Board of Health Meeting	26 • Technology Committee 7-8PM • Girl Scouts 3-5PM • Open Space Committee	• Senior Ex 1:30-2:30
	This Month's Event Highlights: November 6 • Friends of the Library Meeting November 11 • Veteran's Day November 16 • Red Sleigh Bazaar November 19 • Conway Grammar PTO Meeting		

nber 2013

Something to add? Email your event, birthday or anniversary to *The Visitor*: <u>visitor@uccofconway.com</u>

Thursday	Friday	Saturday
musuay	1	2 Saturday
	 Walk in Health Clinic 9AM-Noon Town Hall 	
 Foot Clinic 8:30-4PM Board of Assessors 7-9PM Planning Board 7:30 0PM 	8	9
• Garden Club :	15	16
21	22	23
Town Hall		0.0
28	29	30
	 Board of Assessors 7-9PM Planning Board 7:30-9PM 14 Garden Club : Holiday Crafting 21 Girl Scout 6:30-8PM 	1• Walk in Health Clinic 9AM-Noon Town Hall7 • Foot Clinic 8:30-4PM • Board of Assessors 7-9PM • Planning Board 7:30-9PM1415• Garden Club : Holiday Crafting21221221

November 16-24 • JaDuke Productions Presents "Annie"

■ November 3-30 • ARTeens - a FREE after school program

November 20 • Get your Holiday Greetings in to The Visitor for Christmas!

November 28 • Thanksgiving

Red Sleigh Bazaar and Luncheon!

The time has come for the annual Red Sleigh Bazaar sponsored by the UCC church. This year it will be held at the **Conway Grammar** School – Nov. 16 from 10 to 2PM.

We have an assortment of vendors selling wonderful crafts and clay creations, Can Auction, Rada Cutlery and jellies and pickles and much more. We will have an overflowing baked goods table with everything from fudge to cookies to homemade breads and baked beans. And we will have a table full of interesting items for you to take a chance on! Theme baskets will be raffled off, and there'll be a chance to sign up for the Visitor greeting.

Luncheon, featuring Jackie Choate's famous Clam Chowder, finger rolls and beverages. will be served from **11 to 2:30PM.** For more information, please call BettyLou at *413-369-4481*.

Conway Genealogers and History Buffs!

The Conway 250th Celebration Genealogy Work Group will meet on the last Sunday evening of each month throughout the winter, at 7:00 pm at the Town Hall Office. We are working on several approaches to appreciating those who have lived here in the past as well as Conway's present residents. The upcoming celebration in 2017 is a great opportunity to update and supplement the genealogies from 1917 and 1967. We would enjoy your input and participation, if this is your kind of project! One of us will also be at the Town Hall from about 4:00 on each of those meeting Sundays, available to scan any pictures or maps, to photograph any items that you might have from Conway's earlier days, and to record any good stories about Conway's past and its past residents that will help to make those dry dates and places into the real people that they were. We hope to enrich the prior histories as well as to fill in the past 50 years. You are most welcome to join us!

conway250gen@gmail.com

River Walk Booklet Offered

River Walk – Exploring the Human and Natural Histories of the South River is a fascinating booklet now for sale. Old photos and maps of Conway's industrial mills are combined with current maps and text which illustrate our town's rich history and its impact on the river. Visit www.friendsofthesouthriver.org for details and lots more information.

Festival of the Hills Raffle Winners Announced

We are grateful to the donors (in parentheses), without whose generosity the raffle would not be possible. The 2013 Winners of the 2013 Conway Festival of the Hills Raffle are:

- GRAND PRIZE \$200 (Baker's, Bear River Timber Frame; Conway Inn; Joanie Schwartz Realty; Mark Ladd Construction; Pages Coffee Bar; Sunset Garage; Valley Home Improvement Nikki Ciesluk
- Raku Vessel (Bob Green) Gretchen Selva*
- VT. Cabin Weekend (Holbrook/ Rioux) – John Henderson
- Body Work Session (Deb Hoyle) Kate Van Cort*
- Gardening Tools (OESCO) Gail Connelly*
- Decorative Art Glass (Charlie Correll) – Denise Dwelley*
- Forged Bottle Opener (Bob Compton) – Theo Balkema*
- Maple Syrup (Howard /Jeanne Boyden) –Linda LeVitre*
- Dinny's Place Stay (Denice Gray) Ed Lareau*
- Ceramic Item (Carolyn Thayer) Bob Moriarty*
- Animal Comm Consult (Susan Bartfay) –Eliz. Bracchia*
- Child's Sweater (Susan Fentin) Amy Bellino*
- Signed Book (Holly Hobbie)– Sarah McAnulty*
- CISA Gift Bag (CISA) David Hayes*
- CDs (Andy Jaffe) Ruth Kjaer

CD and Lesson (Janet Ryan) – Kathleen M. CD (Janet Ryan) – Gwenn Raphael*

- Framed Photograph (Geoff Bluh) Don Walker*
- Woven Item (Ute Bargmann) Ellen Tinen*
- Jams (Peter Freisem) Paul Mervine*
- Body Work Session (Deb Donaldson) -Diane O'Connell*
- Organic Olive Oil (Tuckaway Farm) –Thomas Sjodahl
- Snow Brush (Grfld. Savings Bank) –Kathryn Butler*
- Woven Throw (Lisa Hill) Maxwell Balkema*
- Healing Massage (Deliah Rosel) John Conkey
- Felted Pumpkin (McFarland's Handwork) – Yuker Perry*
- Coasters and Cards (Debby Childs) Hal Hatch*
- Nasami Gift Certificate (NE Wild Flower) – Pat Kocot*
- Discs and Passes (Highlands Disc Golf) – Kate Albrecht

*Conway resident

Congratulations to the winners and thanks to all who purchased tickets in support of Festival Scholarships!

And sometimes we miss someone... By Michelle Harris

When we were putting together the brochure for the Festival of the Hills, we failed to list **Florence Hassell** on the memorium page. Many of us knew 'Flo' for our *entire* lives! We apologize to Flo's friends and family for this oversight.

Published by United Congregational Church of Conway

EXCHANGES

Have a job that needs to be done? Looking for jobs to do? Something to sell? For a small donation we will run your ad in EXCHANGES.

Mail copy and payments to **The Visitor** at **P.O. Box 214, Conway, MA**, or e-mail copy to <u>visitor@</u> <u>uccofconway.com</u> with subject

EXPERIENCED HANDYMAN:

Repairs and small renovations, custom woodworking, drywall and plaster repair, other services available, small jobs a specialty, John Pelletier, handyman and woodworker. Hic. Reg. 153453_Phone:*369-4064* - ask for John. Email: spell938@ earthlink.net. 6/13

DOG WALKER AND PET SITTER available. Experienced. **Boarding** also available in home with fenced patio. Please call Doreen at *369-0219*. 6/13

CONWAY IS NOW HOME to its very own candle company: Candle in the Window. We sell highly scented candles jar candles with beautifully hand designed labels. We also carry room sprays, bath scrubs and foams, soap, bath fizzies and solid perfumes, as well as selection of wreaths and painted decorative items. Located at 161 Fields Hill and open every weekend 10 AM to 4 PM. Visit us for a unique shopping experience. 6/13

EASY DOES IT— Lawn Mowing,

Trimming. Call Edward Allis Zajac: Home: *413-369-4664*; Cell: *413-824-1139*.

7/13

noted as **VISITOR EXCHANGE**. **Deadline for receipt is the 20th.**

We request a donation of \$20/ad for one month, \$30/ad for 6 months, or \$50/ad for 12 months. All new **Exchanges are limited to 100 words** Ads for give-aways, lost and found items, and non-commercial remain **free**.

GUILFORD ROTARY MOWING AND TRACTOR WORK. Call 413-320-5117 Mark or 369-4481 Bettylou. 6/13

CARPENTRY: 30 YEARS EXPERIENCE Fully licensed, insured and lead certified. Replacement windows/doors, repairs and renovations. Contact Frank Kuzdeba at: fkuzdeba@comcast.net. Call *369-4223* or 413-222-3300. 3/14

FREE! BEIGE CARPET AND PAD, 12 x 21 ft. Minor stains, one small burn. Rolled and ready. Call Bill: *413-475-0611*.

SNOWPLOWING AND SANDING. Bear River Landscaping has openings for snowplowing and sanding customers. Please call Tom at *625-2007* for your free estimate. 4/14

HONEY AND BEESWAX CANDLES

are perfect gifts for the holidays. Warm Colors Apiary is open Wed., Fri., and Sat. 10-5. (closed Nov. 16). We are located just off route 116, 1 mile before route 91. Call 665 4516 for more informaiton.CALL

DOG WALKER AND PET SITTER available. Experienced. Boarding also available. Please call Doreen at 369-0219. **GET READY FOR WINTER!** We have wood splitters, firewood processors, winches, grapples, axes, mauls, chainsaws, peaveys, chaps, safety caps, hearing protection, bar & chain oil, & work gloves to help with your woodlot needs. Even bi-focal safety glasses! Get a sharpening stone and be nice to your tools while you sit by the fire and get them ready for Spring! We're a certified Echo dealer. 60 years in business. Gift Certificates – a great idea! OESCO, Route 116, Conway, M-F, 7-5; Sat, 7-noon; 369-4335. 6/13

CONWAY HEALING ARTS AT

46 Main Street. Since 1993 Debra Hoyle, nationally certified and insured bodyworker has offered informed, individualized sessions of CranioSacral Therapy, Acupressure and Reiki here in Conway, and now also has office hours in Shelburne Falls above McCusker's at Village Healing Arts.

Why call? If you experience neck or back pain, arthritis, plantarfascitis, anxiety, PTSD, jaw pain or immune dysfunction for example, this gentle, nourishing work can help! Clients remain clothed and no oils are used.

Let's work together for yout well-being! *Referrals welcome* *Gift Certificates for all occassions.* 413-325-5579 greenlady33@comcast.net_____ www.greenladyarts.com

DAYCARE OPENINGS. I will have a few openings coming up in the fall for infants and toddlers. Meals and snacks included in the daily fee. Lots of fun and activities for all ages, fenced in outside play area and a large daycare room. Call Jennifer Romanovicz for an interview at 625-2007. 4/14

THE CONWAY INN offers pizza on Friday, Saturday and Sunday, including take-outs. Now with free WiFi. Call *369-4428*. 12/14

FIREWOOD—Quality seasoned split hardwoods ready for delivery now, or later in the year. Trailer-load containing 185 cu. ft. (1-cord when stacked) delivered in Conway for \$250. Call Bill Graves, for more info. Cell: 413-522-3573; Home: 413-369-4679. 10/13

PAGES COFFEE BAR & USED BOOK STORE, 98 Main Street, Conway. Phone: 369-6055. Closed Monday and Tuesday. Open Wednesday thru Friday from 6:30 AM to 2:30 PM, Saturday 8:30AM to 3:30PM, Sunday 8:30 AM to 2:30 PM. Locally roasted, organic, fair trade coffee beans, espresso, cappuccino, lattes, organic hot cocoa, 100% crushed fruit smoothies, lemonade, iced tea, frappes, frozen hot chocolate, pastries and Chris' famous scones on weekends. Now selling antiques and vintage items in the bookstore, too! Free WiFi. Indoor/ outdoor seating. 7/13

COLE MOUNTAIN CABIN is our newlybuilt 4-season retreat in the Northeast Kingdom of VT. Back in the woods, sleeps 6, two sleeping levels, two baths. Five minutes to beaches at Lake Willoughby, kayaking, biking at Kingdom Trails, hiking trails nearby. 3 hours from Conway, 20 minutes to Canada. Photos at www.vermontproperty. com #1831. \$800 wk, \$125 night. Pixie Holbrook/John Rioux (pjholbrook@comcast.com). CALL

More Exchanges

LIFETREE THERAPUTIC MASSAGE. Deborah Donaldson is an experienced, nationally certified massage therapist in practice since 1994 specializing in Myofascial Release, chronic pain management and pregnancy massage. High stress? Muscle strains? Massage can help heal, restore, and rejuvenate. Every session is uniquely tailored to your needs. Gift certificates available. Visit www.lifetreemassage.com or call Deb at *369-0213*. 7/13

INTRODUCING ARGUS PROPERTY MANAGEMENT. Full service management of single and multi-family properties and condominium associations in Franklin and Hampshire Counties. We provide oversight of all property maintenance, including 24/7 emergency coverage, location and screening of tenants, rent collection, expense payment, and concise financial reporting. Call Kathy Shaw or Jim Sarris at 413-397-3569 or visit www.arguspropertymgmt. com. We're setting a new standard for residential property services. 7/13

ALEXANDRE PAZMANDY , LMT, CPMT (Pediatric) has a private practice in Northampton and Springfield. He offers Swedish, Therapeutic Massage and Trigger Point Therapy incorporating Shiatsu and Reflexology into his bodywork. Alexandre also specializes in massage therapy for children with health concerns and is certified for Comprehensive Touch Therapy for children with Autism (ASD). Home treatments available. www. ap.massagetherapy.com 413-362 5173 ap@massagetherapy.com 4/14 CHESTNUT FARM—BEEFALO Available year round at the Herrmann's farm 396 Main Poland Road (Call ahead: **413-369-4266**) and Conway Farmers' Market, June thru September Wednesdays 4 – 7PM. USDA tests prove that Beefalo has less cholesterol than chicken; and less fat, cholesterol, and calories than traditional beef. Beefalo meets the dietary recommendations of the American Heart Association.Our animals are humanely pasture-raised without the use of hormones or antibiotics. www.chestnuttotfarm.com 1/14

PURE YOGA & WELLNESS STUDIO. Mom/Dad & baby Yoga-fit classes. Yoga for all levels, Pilates, Fitness, Reiki, Massage Workshops. Classes are offered both in S. Deerfield location and Conway location. Private sessions available. 10c Elm Street, S. Deerfield. Contact Jody Fontaine, Director 413-824-9435. www.pureyogawellness.com, info@pureyogawellness.com. 6/13

CANDLE IN THE WINDOW is Conway's very own candle company. We sell highly scented candles iar candles with beautifully hand designed labels. Located at 161 Fields Hill and open every weekend 10 AM to 4 PM. Join us on Saturday November 30th from 10am to 4pm for a special Christmas open house. All iar candles will be 15% off. Also available, our beautiful soaps. body lotions, lip balms, perfumes and many more bath and beauty items. As well as our decorative painted pieces. wreaths and ornaments. Enter your name to win \$50 worth of Candle in the Window products of your choosing. Refreshments will be offered. Hope to see you there!

KAYER CARPENTRY. Master carpenter; 25 plus years of experience. Custom creative designs in 3-D, remodeling and repairs, kitchens and baths, windows and doors,decks and porches, build-in furniture, entertainment centers, music and media storage, bookshelves, window seats, closet shelving and organizers, moulding and trim made to match or repair your existing woodwork. Licensed and insured. Call Kevin Ayer at *413-369-0078* or email: kevinayer@yahoo.com. 7/13

NATURAL ROOTS' CSA CSA members come weekly for a generous share of the seasonal produce we harvest and wash. In our farm shop you'll find our own eggs and pork, as well as many other locally-produced foods. Become more connected with your local community and the land as you visit this beautiful and nourishing horse-powered farm. Walkin customers are also welcome during CSA hours – 3 to 6:30 PM on Tuesdays & Fridays, June – October. For more info go to www.naturalroots.com or call 369–4269. 1/14

POST AND BEAM HOME FOR SALE

Cute as a button, two bedrooms, nestled on 3+ Acres. Enjoy nature all around! Waterfront on the Bear River - a trout stream with swimming hole. Post and Beam saltbox with pegged frame dressed nicely, well-insulated, chamfers on the post and beam corners, wood ceilings on the main level. Come home to the woods! Over 3 acres in a serene setting with peach, cherry trees and blueberry bushes. Rinnai propane gas heater and wood stoves, 2 bedrooms, 1 1/2 baths. \$225.000. Call Judy Rivard, Sawicki Real Estate 413 687 7887 Judy@Rivard.net **NEW HOME DAYCARE OPENING.** I have openings for infants & toddlers starting the end of August. Full & Half-Day slots available. Meals & snacks included in the daily fee. I am a Mom of 2 and have 5 years experience working in the local Pre-School. Please call Danielle Kocot with any questions or to set up an interview at *369-4354*. 1/14

SOMERVILLE PIED-A-TERRE. One bedroom furnished apt. available for rent in Cambridge/Somerville area of Boston. Near Harvard, Inman and Union Square. Sleeps 2 - 4, Queen bed in bedroom, queen futon in living room, full kitchen and bath, internet. 15 minute walk to Red line T. \$125 per night, \$750 per week, \$2500 per month. Please contact judy.maggiore@gmail.com. TK

LOOKING FOR A PCS (Personal Care Attendant) to work with our 15 year-old son, 6hrs/week, possibly more. Some lifting. Call Danielle Mulvey *413-369-9975.* 12/13

WILDER HILL GARDENS | Plant Nursery | Landscape Design | Cut Flowers. Lilian R. Jackman, Conway MA.413-625-9446. Wilderhillgardens.com Contact lilianjackman@gmail.com for a plant list.

HOUSE CLEANING. Experienced, reliable and local. Weekly or occasionally. Excellent references. *413-369-6049.* 9/13

THE CONWAY CONSERVATION COMMISSION has an open spot. If you are interested or have questions contact Chairman John Gates at (413) 772-9287.

More Exchanges

THE CASTLE AWAITS! FUN ARTS AFTER SCHOOL PROGRAM opened the week of September 16th in the Conway U.C.C. Church.We still have openings and you may jump in midseason! Classes are offered Tuesday, Wednesday or Thursday: 4 to 5:30. Ages 5 to 8 are welcome. This first session is 11 weeks long. (The cost is \$275 per session) There will be a winter session after the holidays. The castle is open but empty and awaiting the imagination and beautiful art of its royal subjects. Come help decorate it with royal portraits, illuminated letters, tapestries, shields, decorative swords, etc. Become a prince or princess, king, queen or knight. Make a costume and write and illustrate a story about the castle that you help to create. This after school program is taught by Laura Pratt. Laura has 20 vears of experience teaching art at the Bement School. You may contact me at 802-254-3538 or 802-505-1392 and laurapratt1952@gmail.com. Join the fun!

TWO BUILDING LOTS FOR SALE on a quiet country road in Conway: 5.1 acres of peace and privacy, potential for stunning views to the hills and mountains. Sit on a knoll with passive solar potential. Large dry lot with stone walls and no significant wetland issues. Bring your builder for a site visit, the foliage season is here. Lovely 1 acre lot with a perfect site for a house. Very convenient building lot, close to utilities, five minutes to Shelburne Falls, with a dramatic rock outcropping for the zen in your life. Call Judv at Sawicki Real Estate 413 687 7887 or email Judy@Rivard.net

PUZZLE EXCHANGE proposed for wooden jigsaw puzzles, especially those made by Liberty Puzzle Company. Interested in circulating/ exchanging these treasures? If so, please contact <u>AnnieCheatham06@</u> gmail.com. 625-1094.

free

FIELD MEMORIAL LIBRARY NEWS

Crafts and Music and Art, Oh My!

The Friends of the Library will meet at 7:00 on Wednesday, November 6. Come and show your support for our wonderful library!

On **Saturday, November 9th** there will be a Musical Storytime for children ages 3-11 at the library, starting at 12:00-12:45. Come and join the fun with storyteller/ musician Steve Damon.

On **Monday, November 11** the library will be closed to observe Veterans Day.

On Wednesday, November

13 at 3:30 there will be a special story hour for preschoolers with the talented Karen Green of the Franklin Regional Outreach Program- including a make-and-take craft. Sign up at the library.

Calling all artists residing in Conway: the Field Memorial Library will be exhibiting the works of local artists on a monthly rotating basis. Please contact Library Director Carol Baldwin to display your work, @ 413-369-4646.

Housing Committee Update

By Pixie Holbrook

▲ t Town Meeting in the spring, The town voted to approve the funds for a site analysis of the Rose Field, for the potential use as a Senior Housing complex. The Housing Committee contracted with The Berkshire Design Group of Northampton for that site analysis. The analysis will provide the committee with the placement of the infrastructure, including septic, well, driveway and parking, as well as the footprint for small clusters of buildings. Keen attention will be given, of course, to the restrictions of the flood plan, wetlands, and Natural Heritage and Endangered Species program. Wetlands delineation was completed this year also. The options are limited, placing structures closer to Shelburne Falls Rd, and away from the river and flood plane.

The Berkshire Design Group has been at the site, and has recommended that a percolation test of the property precede any further action. Two tests had been performed several years ago, but two more are required. We are optimistic about the results, knowing that the field does drain well, and that the two previous tests had passed. As of this writing, after several delays, the perc tests are to take place in the third week in October.

The Design Group's timeline for completion is one month for site analysis (including vegetation, vehicular and pedestrian access, relationship to adjacent properties, topography and slope, views and vistas, drainage, zoning). Conceptual Master Plan Alternatives will follow about a month later. Berkshire Design will develop a number of conceptual design alternatives, indicating locations of different types and sizes of residential housing.

Please contact us if you have any questions or concerns.

pjholbrook@comcast.net

Festival Thank You

By Michelle Harris

I want to extend a brief (for now) but heartfelt thank you to everyone that helped put together the 2013 Festival of the Hills. We had another wet year, but people came out to help and to participate in spite of Mother Nature's wishes!

If you have ideas and/or suggestions for the 2014 FOH (besides a dome), please email them to me at mdzialo114@yahoo.com. Also, stay tuned for our 2014 schedule so that you can plan to participate!

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