

# **Conway Cultural Council Seeks Grant Applicants**

By Kendall Clark

Are you involved in or planning a community-oriented art, humanities, or science project in Conway? The Conway Cultural Council encourages individuals and groups in town to apply for grants in support of the cultural enhancement of residents. This year we really want to support a variety of programs close to home!

The postmark due date is October 15. Organizations, schools, and individuals may apply for grants that support projects and activities, including festivals, exhibits, workshops, lectures, artist residencies and performances in schools. Here's the key: proposals must have a

continued inside on page 23

#### **Mobsters in the Movies**

Adinner on the Covered Bridge. Join us for a walk through Little Italy and a view into the American institution of the Mobster movie. Come dressed for the 1940's era or come dressed as you like. Sit down, catered dinner served by a group of local teen volunteers. Bring your libations of choice – even moonshine is welcome!

In this issue of The Visitor:

Mike Haley will direct dinner guests in "So You Think You Could Play A Mobster" screen tests.

The event is **Saturday**, **September 28th** – Cocktail hour(s) at 4:30, dinner approximately 6:00 on the covered bridge. Tickets are \$35 per person. Limited seating so get your tickets soon. Sign up by e-mailing the address below.

ebraccia@gmail.com.

- Buy a brick to support UCC!
- **FML Celebrates Young Readers**
- **■** Final Prep for Festival of Hills
- **■** Free Emergency Prep Workshop

Please send ads, notices, articles and correspondence to the NEW email address for *The Visitor*: visitor@uccofconway.com

#### From the Pastor's Pen

#### Dear Friends,

I really enjoy watching my children swim. I enjoy seeing them jump enthusiastically into a pool or hop on their boogie boards and ride the waves into shore. But, you know, as much as I like watching my children swim, if you stopped me after church any summer day and said, "Do you want to go kayaking or swimming this afternoon?" I'd take you up on that! Because as much as I love watching my kids enjoy the water - then, I'm just a spectator...

We've all watched sports or events of some kind. We all, I think, get a thrill at watching something. I love watching my son play run. I love watching my daughter sing and perform. Its fun to see them in action, doing something they enjoy... We yell, we encourage, we applaud... It's often fun to be a spectator!

I think, though, that if we are not careful in matters of a spiritual nature - we can become spectators there too..
Remember the apostle Paul? Deep down, I think Paul saw himself as an athlete...
He understood that his heavenly coach was in charge - he understood that he had a task, a mission, or a race if you will...
And he knew that if he gave it all he had, then one day he would stand before God and God would reward him.

You and I have that same mission. We are God's ambassadors. We are called to share the truth that by God's grace we have been blessed and others can be too. We are in a race.

Far too many of us, though, live as spectators. We would love to see people come to church; we'd love to see the children learn a lot and continue their faith as adults; we'd love to have the mission-giving of our churches increase – and, certainly, we'll rejoice and encourage all the efforts - but sometimes

we forget - we aren't spectators - we are runners.

So how do we nurture that? Maybe if we admit to having spectator disease, but we are willing to get back in the game, we can begin to change things. We need to find and claim our common ground. Paul related to everyone because he looked for common ground. The area of your greatest impact is where you are passionate. The things that you care about, God can use... Trust me, there is something in your life that you do that puts you into touch with people who need a touch of compassion.

If you go out to eat every week to the same places - what about the waitresses and waiters? If you play dominoes or mah jongg or bridge - or you belong to a knitting club or a garden club - or whatever – do you encounter people who could use a word of compassion, a smile, a kind word being offered?

Here's something I want you to think about. Most of us live our lives for comfort, for ease - for simplicity - but what if you lived your life with the goal of meeting and encouraging (dare I say "loving?") as many people as you could, then the gathering at the local store or the chat at the dump isn't just about being there – it's about truly being neighborly.

It is time to get out of the stands and get in the game - pray for those around you - build some common ground - invest in someone's life and do everything you can to make a difference!

Journeying together,

Rev. Cardi askerden

Rev. Dr. Candice M. Ashenden

P.S. And if you are looking for company on your spiritual journey, please know that the doors of the UCC Conway, and my door, are always open to you.

#### **Church Clips**

You're invited to join us for worship Sundays at 9:30 AM at the Conway Grammar School. Everyone is welcome!

- **1 If you need to reach the church,** messages may be left with Rev. Ashenden at *978-544-2801*.
- \*Rev. Dr. Candice Ashenden
  holds office hours Mondays
  from 9:30AM 12 PM and
  will be available in Conway on
  Mon. afternoons for visitation,
  appointments, counseling,
  meetings, etc. She is always
  available at other times,
  by appointment (or in an
  emergency). She welcomes calls
  at home at any time: 49 Charles
  St. Orange, MA 01364, or call
  978-544-2801, or email her at
  revcandi@gmail.com.
- The UCC Church Council meets the 3rd Monday of each month. All are welcome. Call *978-544-2801* for details.
- **†** UCC of Conway mailing address is: P.O. Box 214, Conway, MA 01341.



## Renovation Update-It's Not Too Late to Buy a Brick!

When will the church re-open? We still can't say for sure, but here's what has been done!

The Conway Selectboard has granted the church \$37,000 from the Germain fund to build a handicap entrance and walkway into the lower level of the church, and to refurbish both bathrooms so that they will be completely accessible. Great progress is being made in both of these areas.

Additionally, the kitchen floor is in, and kitchen counters and cabinets should be installed within the next week. Our ideal of returning in September may be a bit overly optimistic, but before the end of the year, we are certain!

To those who have helped us out already - thanks! To those who still want to make a donation - we'd love to hear from you and can still use your help! Memorial or Honorary bricks are still being sold for \$100 and donations of any size can be sent to:

UCC Conway PO Box 214 Conway, MA 01341.

#### **MISSION STATEMENT**

The United Congregational Church of Conway is a welcoming Christian community bringing generations together to celebrate God's presence and learn to grow in our faith. We humbly strive to offer hope, encouragement and love to each other, the Conway community, and the world through our actions and with our resources.



reptember is an excellent Itime to plant herbaceous perennials as well as trees and shrubs. The days are cooler and transplants don't suffer heat stress as they would in high summer. The soil is warm so roots have ample time to establish themselves before cold sets in and autumn rains often do the watering for us. The key is sooner is better. Another plus is most nurseries run end of season sales, so your dollars go farther than they would in the spring. If there are plants on your wish list, now is the time to act!

It has become a common practice to decorate with mums and small asters that can be had at local stands at very affordable prices. They brighten our fall days and are the last flowers for the year. Try to resist buying plants that are in full bloom and instead pick ones that are tightly budded as they will last longer.

It is not too early to think about next spring's bulb garden choices. Getting your bulbs in the ground by late September ensures a welldeveloped root system by the time the ground freezes. And the weather is likely to be more pleasant than working on a frigid day one or two months further on!

Start cutting back annuals and perennials as they go by, composting the refuse if it is free of disease, otherwise burn or throw in the trash. Fungus and preying insects can overwinter in old leaves and stems. If a perennial is growing in an exposed location or is tender, near the limit of its hardiness zone, a light straw mulch may help it better survive the deep cold of winter. (I recommend holding off until a few frosts have established dormancy before applying mulch.)

September is the bridge between warmer and cooler weather. It has many nearly perfect days that we often wish we could gather and store away for the time when the days are short and bitterly cold. Take each one as a gift and make the most of them as this season of change is upon us. Above all, enjoy the bounties of late summer!

briceh@verizon.net

#### **Garden Club Notes**

The aims of the Conway Garden Club are to stimulate interest. in gardening and related skills, to enhance the natural beauty of our area, and to educate and promote environmental improvement.

The Garden Club extends a wholehearted thank you to Sue Bridge for an illuminating and fascinating tour of her Green, energy-efficient, solarpowered home and the permaculture gardens that surround it. We took home many ideas for our own homes and gardens.

Thur., September 12, 7:00 p.m., Town Hall. Do your knees creak and your back ache after hours spent working in your garden? Come to a session of "Yoga for Gardeners" and learn ways to make gardening less stressful on the body.

Thur., October 10, Noon to 3:00 p.m. Town Hall. Mary Lou Fortier will demonstrate the process of decoupage. If you want to create your own work of art, bring a small table or tray and pictures with an angel/nature/flower theme. Bring a lunch and remain for a brief business meeting.

For questions contact Pat Lvnch at 369-4284 or email patricialynch@ earthlink.net.



## **Second Monday** News

By Betty Lou Guilford

Thank you to Marcus, **▲** Janet, Trace, Tristan, Christina, Liz, Lois, Michele, Phylis, Lorraine and Tina for all your help in preparing and serving food on July 5th. The Shelburne Community meal was a great success and we made 56 diners very happy.

Another great 4th of July Parade it may be the shortest distance but we sure did swell in numbers-thank you to the Chesbro Challenge Teams. Sincere thank you to Jack Ramey, Caitlin Burnett and Christina Ashenden for sharing their musical talents. And, of course, we thank the Police and Fire Depts, and the Library Trustees for the use of electricity. See you all next year!!

# The French Legacy

In appreciation of the contributions Lof Thelma and Norman French, the UCC Conway has installed a stone bench on the north lawn of the church at the head of what will be the new brick walkway. Affectionately known already by the Church Council as "The French Bench" it will serve as a reminder of Thelma and Norm's devotion and service to the church and the town.

Keep your eye out for details about its dedication in Visitors to come!

# **September 2014 Senior Calendar**

- **©**Council on Aging (COA): There will be no COA meeting in August. For information, contact Patricia Lynch, COA chair, at 369-4284
- **№ Free Monthly Health** Clinic: Public Health Nurse Lisa White, RN, BSN serves the Town of Conway on the first Friday of each month in Town Hall from 9AM to noon. Contact Ms. White at 413-774-3167 ext. 106.
- **Solution** Foot Screenings: Bimonthly screenings are held at Town Hall by appointment only. For an appointment, call Peg Tiley at 369-4010.

- **Walking Group:** Call Phylis Dacey at 369-4326 for more information.
- **Senior Exercise Class.** Exercise classes will resume on Wed., Sept 11, from 1:45 to 2:30 at Town Hall. Contacts: Pat Lynch, 369-4284; Peg Tiley, 369-4010
- **Decoupage Workshop:** Thur., Oct. 10, Noon to 3:00 p.m. Town Hall. Mary Lou Fortier will demonstrate the process of decoupage. If you want to create your own work of art, bring a small table or tray and pictures with an angel/nature/flower theme.

September 2013

# **Colrain Council on Aging Offers Dinners**

nyone over 55 years old is invited to any of the Colrain Council Aon Aging mid-day dinners. Seniors from Conway who have attended give a glowing report about both the food and the company.

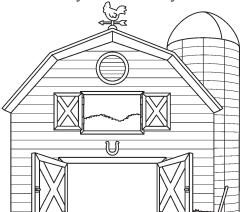
Call Richard or Amy Herzig at 413-624-3417, on the preceding Monday to make a reservation. The noon meal, with entertainment at 11:30, is held in the Colrain Community Church at 306 Main Road, Rte 112. If you need a ride, please contact Ruth Parnall at 489-3097 for carpool arrangements. A donation of \$2 is requested.

#### **Shelburne Senior Center** Offers Services

Tf you are over age 60, the LShelburne Falls Senior Center offers many services.

Each Wednesday morning there is a van that can pick you up in Conway to take you to Shelburne Falls for shopping. Call Jackie **Stanford** at *625-2502*, 24 hours ahead to request the pickup. Logistics may need to be worked out, but Jackie will know what to do. The charge is \$3/round trip.

The Shelburne Falls Senior Center has lunch Mondays. Tuesdays and Thursdays., for those who are at least 60. A \$2 donation is requested. Menus are posted monthly at: www.fchcc.org/menus/ menu.htm, and in the Recorder on Fridays. Reservations must be made a day in advance by 11AM.



#### **Your Hands Can** Save a Life

earning Hands-Only CPR is LEasy, and could put you in a position to save someone's life. 80 percent of sudden cardiac arrests happen away from the hospital, most often at home. People need to know just two simple things.

- 1) Dial 911 to start that chain of survival, which gets the EMS out to you, and
- 2) Pushing hard and fast, which keeps the blood pumping throughout the body, essentially keeping organs alive.

After you make the call to 911, you need to push down hard and fast, 100 times per minute, on the center of the victim's chest.

According to the American Heart Association, Hands-Only CPR has been shown to be just as effective as traditional mouthto-mouth CPR for adult or teen victims of sudden cardiac arrest. and people are more likely to feel comfortable performing Hands-Only CPR. If you are interested in saving a life, look into training! To learn more, go to HandsOnlyCPR.org.

publicnewsservice.org

# **Medical Equipment Loans Available**

Through generous donations the Council on Aging has medical **1** equipment available for loan, including walkers, crutches, wheelchairs, bath chairs and commodes. Call Julie Clark at 369-4629 to borrow equipment, or if you have equipment to loan.

# What's the Story Morning Glory?

By Deb Hoyle

#### **Interface**

The idea of skin is about a very large organ that breathes, sweats, flexes, peels, burns, and protects. It holds us together; a covering and a mercy. We're not the only ones with skin. There are the animals, birds, trees, plants, and all their offspring and seedy precursors. And how about that shimmering fish skin with its undulating scales that shine and reflect with the light that penetrates the ripples of a lake? Skin can tell a story. It might be embellished with tattoos, scars, or a rash, or a bunch of annoying bumps and spots. It tells tales about how healthy we are or if we've had too much sun or too little water. With skin external at homeness blends with the internal and our bodies come along for the ride. If we feel at home in our skin with the imperfect us then maybe we can feel at home in this imperfect world. Maybe we can feel at home wherever we find ourselves, even when things haven't gone

'according plan' which can happen every so often.

Animals other than humans are usually comfortable in their skin and have an innate gift of being unconditionally present with us, making it more possible for us to emulate this and follow suit. Harmony between heart and mind helps us embody the feeling of being at home in our own skin. The opposite is when we are beside ourselves.

Skin deserves our loving attention, our listening ears and watchful eyes. It has much to tell and we can be grateful for the way it protects us against harmful influences as well as the way it responds to a caring touch. It is a living, breathing, sensing container, and moves for us and with us, showing us signs about the world we live in whether it is our planet or the cosmos within.

greenlady33@comcast.net

This is a column of original writing about life in the hills.

# **Labor Day Worship at the Scout Camp**

Join the United Congregational Church for a beautiful Sunday of outdoor worship at the Boy Scout Camp on Labor Day Weekend. Services will begin at 9:30AM. The Boy Scout Camp property is located on Main Poland Road. It's a beautiful site, and we hope for a beautiful day to enjoy it! For more information, please call Rev. Ashenden at *978-544-2801*.

visitor@uccofconwav.com

# Conway Artists Shine at Festival of the Hills By Michele Turre

Each year at the Festival of the Hills, we transform Conway's beautiful library into a beautiful art gallery. This year the Festival is on **Sunday October 6th**, so you still have plenty of time to finish up those projects, or even start something new.

Whether you're a full-time professional artist or a part-time enthusiast, if you reside in Conway you are welcome to participate. Typically 500-750 folks walk through the library on festival day, so it's a great way to get your work seen and appreciated by your friendly neighbors and our visitors from out of town. Artwork in any media is welcome—two or three dimensional, traditional or experimental. Bring down your quilts, fiber arts, paintings, works on paper, book arts, photography, electronic media, sculpture, metalwork, basketry, ceramics...you name it.

Download the exhibitor's form at <u>festivalofthehills.com</u>, or call Michele Turre at *369-4034* to receive a form by mail. Call or email Michele at the address below. **mturre@gmail.com** 

# **Cafe Conway Seeks Goodies**

The Festival of the Hills and Cafe Conway welcomes donations of baked goods and treats from Conway kitchens! Thanks for donating individually wrapped and labeled treats. Drop off items at the Town Hall **Sat. October 5th** or at Cafe Conway the morning of the Festival, in front of the Town Hall. We also invite volunteers to help sell these goodies too! If you don't have time to bake, please stop by and support graduating Conway seniors by purchasing baked goodies for your weekend company. Please contact Gail Connelly *@ 369-4287* or Elizabeth Downie by phone *522-7722* or email below. **downie11@gmail.com** 

# **Calling All High School Volunteers!**

We would love for you to donate a bit of your time to help out at the Festival this year. It is lots of fun and you may get to meet new people.

As you may know, the proceeds go toward scholarships for you! All you have to do is apply for any new adventure you may want to do after graduation, and the time you donate toward the Festival, as well as other community service, helps determine the amount of the scholarship.

So look over your calendars and set aside **October 6th**, get together with a friend if you want and call me for setting up a time (any one to two hour shift from 10-4) to help in either the recycling booth, fried dough, the children's booth, cider pressing, Conway Cafe, or clean up from 4-5. Your options are wide open. Call Cindy Corey at *369-4264*.

# **Books, Bling & Contributors**

**By Michele Harris** 

The icing on the cake for the Festival of the Hills is the folks who bring the pizzazz, the sprinkles, and the bow on top, that little extra to tie it all together. Have you ever stopped to smell the flowers in the arrangements that are made for the library and sometimes other locations? These are put together by our own Conway Garden Club. These clever folk help to put the sparkle on the table tops.

Brent Young of Mill Village Farm comes to town every year (not even from Conway) to decorate the millstone on Town Hall hill and the steps leading up to the library. When I expressed my gratitude and asked him why he does that, he looked at me very matter-of-fact and said... "Because it looks better." Well...he does have a point!

Lillian Jackman comes down to decorate the Town Hall entrance with her beautiful local plants. Helen Reed allows us to park in her field, and Doug Baker makes sure the hay is cut before FOH weekend

The library opens its basement doors up and has a book sale to be a part of the FOH. The Historical

Society opens up for all to see what Conway has been doing for the last 246 years!

Thanks to Peter Jeswald for organizing them, local authors come out to autograph and sell their books (what a great Christmas present!)

The town crew helps us move things around, provide traffic cones. mow the town property on Shelburne Falls Rd. to provide (hopefully dry) parking, and have always been helpful with whatever we need to get ready.

This is the last article for this year before the big day. What I hope to have accomplished with this column is to recognize all who make this event possible and to show that there are so many little parts of the whole and that every contribution is appreciated! There's always time and room to come and join our team. If I've forgotten someone, it's not on purpose.

Do you have an "I remember..." from the Festival? If you do, please email me at mdzialo114@yahoo.com for a project that we are working on!

mdzialo114@vahoo.com

September 2013

#### **Festival of the Hills Contact List**

Chair - Michelle Harris: mdzialo114@yahoo.com - 413-522-7374

Raffle - Phyllis Jeswald: jeswald@verizon.net

**Volunteering** - Cindy Corey: rccorev@comcast.net

Art Exhibition - Michele Turre: mturre@oit.umass.edu

Crafters - Erin Beaudet: erin@ouibags.com Music - Janet Ryan: gigmom123@aol.com Exhibitors - Joanie Haley: jzinnie@comcast.net Parade - Kate Van Cort: kate4cats@hotmail.com

Food Vendors - Brenda Lilly: lillyhill@rcn.com

Baked Goods Donation - Elizabeth Downie: edownie11@gmail.com

Information Booth - Lee Whitcomb: leewhitcomb@gmail.com

Food Vendors - Brenda Lilly - lillyhill@rcn.com Road Race - Julie Petty - jpettyinsf@yahoo.com

# **Eating Around Town**

By Kate Van Cort This month: **Diane Poland** 



Some of our town's favorite recipes

You may not be aware, but Diane Poland, proprietor of Pumpkin Hollow Bed & Breakfast, assembled some of her favorite recipes in a tidy cookbook. It's available from the Festival of the Hills! Check it out – YUM!

#### **Best Ever Biscuits**

Preheat oven to 425°

12 C. Flour

Baking Powder

1 tsp Salt

1 tsp Sugar. (add more sugar, according to taste.

3/4 C. or more Heavy Cream

Combine dry ingredients.

Add enough heavy cream to make a dough you can knead (not sticky).

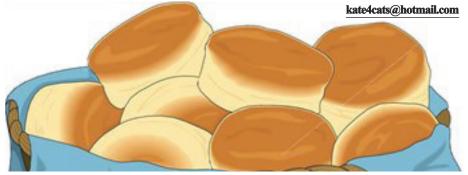
Knead dough 10-12 times (very important step).

Roll out dough to roughly 1 1/2" and cut in any way you wish.

Bake about 15 minutes or until lightly browned.

These are the lightest biscuits in the world. It's an old recipe found in most 19th Century Cookbooks, often called 'cheap biscuits' because they were made with cream and not butter.

I make the mix up in big batches and make fresh biscuits in 1 minute. Bon Appetite!



**Published by United Congregational Church of Conway** 

Library (new!): Mon: 4-7pm Wed: 3-8pm

Sat: 9am-1pm

**Transfer Stn:** Sat: 9am-5pm Sun:8am-1pm

Post Office: M-F: 9-11am Noon-4:30pm Wed:12--8pm Sat: 9am-11:30 Town Office: Tu-Th-F: 9am-Noon

# September 2013

Something to add? Email your event, birthday or anniversary to *The Visitor*: visitor@uccofconway.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
• UCC Service 9:30 AM - Scout Camp • Festival of the Hills Meeting 6:30PM	LABOR DAY HOLIDAY	3	• Friends of the Library Meeting 7PM • Council on Aging Foot Clinic 9:30-11 AM	• Board of Assessors 7-9PM	Walk in Health     Clinic 9AM-Noon     Town Hall	7
• UCC Service 9:30 AM - Conway Grammar	• Selectboard Meeting 7PM Town Office • Board of Health Meeting 7-9PM	• Conway Swimming Pool Committee • Conservation Commission 7:30-9PM	11	• Garden Club 7-9PM • Board of Assessors 7-9PM	• Festival of the Hills Meeting 6:30PM	14
• UCC Service 9:30 AM - Conway Grammar	<ul> <li>Selectboard Meeting</li> <li>7PM Town Office</li> <li>UCC Church</li> <li>Council Meeting</li> </ul>	• Festival of the Hills Meeting 6:30PM	18	• Board of Assessors 7-9 PM Town Hall	20	21
• UCC Service 9:30 AM - Conway Grammar	• Selectboard Meeting 7PM Town Office • Board of Health Meeting 7-9PM	• Conway Swimming Pool Committee • Conservation Commission 7:30-9PM	• Parks & Recreation Committee Meeting 6-8 PM Town Hall	26  Board of Assessors Mtg 7-9 PM Town Hall	27	Mobsters in Movies- Covered Bridge 4:30PM     Emergency Preparedness Workshop
• UCC Service 9:30 AM • 250th Celebration Geneology Work Grp • Festival of the Hills Meeting 6:30PM	• Selectboard Meeting 7PM Town Office					PULL OUT and POST this handy Conway calendar!
	This Month's Event  ■ September 1, 13, 29 • Fe  ■ September 4 • Friends o  ■ September XX • XX	stival of the Hills Meetings			ncy Preparedness Workshop s in Movies Event-Covered Bri eneology Work Group	dge Dinner

#### Tsk, Tsk!

#### By Ginny Knowlton

This message is especially for those 200+ dog owners that have neglected to license their canine family members for 2013. You know who you are, and so does the town.

Keep in mind that State Law requires that dogs be licensed each year. Your dog's annual license actually expires on 31 March each year. The town of Conway gives you a three-month grace period to get the deed done before fines go into effect. As of 1 July prices are as follows: Males and Spayed Females are \$13.00 each; Females are \$16.00 each These prices include a late fee/ fine. Make checks payable to the Town of Conway.

The following information must accompany all license requests: Owners name and address, Dog's name, breed color and gender; a current rabies certificate. Proof of a current rabies vaccination is required!

Licenses are available from the Town Clerk on Tues., Thurs., and Fri. mornings between 9 a.m. and noon. Owners that find the hours inconvenient may purchase licenses by mail at P.O.Box 240, Conway – please include SASE bearing 66-cents postage.

ginnysue@gmail.com

#### Cover illustration by Tristan McLaurin.

Interested in drawing a cover? Email: visitor@uccofconway.com.

# **BOH Highlights Septic Care**

The Board of Health recommends that people have their septic tanks pumped every 2 to 4 years, depending on usage and whether there are any symptoms of failure. Indications of possible failure include:

- a lush, green lawn over the septic field
- odd smells
- · water ponding on top of the septic field
- breakout of effluent material on top of or near the septic field.

Septic tanks work on the basis of bacteriological action from within. Generally speaking, you should not discharge chemicals, antiseptics, solvents, paints, large volumes of chlorine or other materials that cant be broken down by bacterial reactions. And, unless your septic has been specifically constructed to handle garbage grinders, they should not be used in a home system.

To keep your system running smoothly, The Board of Health recommends that you:

- Keep an accurate record of pumping
- Practice water conservation. Repair leaking toilets, faucets, etc.
- Divert roof drains and surface water away from septic fields.
- Don't use commercial septic tank additives.
- Don't allow anyone to park or drive over any part of your septic system

For any questions about the care and feeding of your septic system, please call the BOH at 369-4235 ext 8.

boardofhealth@townofconway.com

September 2013

#### Festival of the Hills Plans New Scholarship

The Festival of the Hills has been awarding a scholarship in memory **1** of the late Tricia Donovan since 2011. To keep this funded, we are searching for people interested in contributing to this wonderful tribute of a marvelous woman. If you are interested in supporting this effort with a small donation, please contact Andy Jaffe at 413-369-4778 or aiaffe@ crocker.com.

# Franklin County Solid Waste District's **Fall Collection Days Announced**

#### **Hazardous Waste Collection**

The District is holding its annual hazardous waste collection on Saturday, Sept. 21st, concurrently at GCC Main Campus and Orange Transfer Station

This collection provides residents an opportunity to dispose of hazardous items such as leftover oil-based paints, stains, thinners, household cleaners, pesticides, pool chemicals, motor oil, antifreeze, fluorescent lamps, car batteries, and other household chemicals. For a list of acceptable items, please see www.franklincountywastedistrict.org/ hazwasteday.html.

Participating residents must pre-register by **Sept 13th.** Registration forms are available in local newspapers, at town offices, transfer stations, and at: www. franklincountywastedistrict.org. After registration is processed, your appointment time and directions will be mailed to you.

This collection event is free for residents of Conway. Businesses will be charged for disposal.

#### Fall "Clean Sweep" Bulky **Waste Collection**

The District's fall bulky waste collection will be on Sat., Oct. 19th from 9AM to Noon. Drop-off sites are: Buckland Recreation Facility on Rt. 112 South, Northfield Highway Garage, and Whately Transfer Station.

Residents and businesses may bring items such as tires, appliances, scrap metal, furniture, mattresses, carpeting, construction debris, computers, monitors, televisions, and propane gas tanks.

Residents don't need to pre-register, but there are charges for disposal. Cash-only disposal fees are collected on-site. A complete list of prices are available at town halls, transfer stations, the District office at 50 Miles Street in Greenfield, and online at: www. franklincountywastedistrict.org/ cleansweep.html.

For more info, call (413) 772-2438, email: info@ franklincountywastedistrict.org, or visit: www.franklincountywastedistrict. org.

#### **EXCHANGES**

Have a job that needs to be done? Looking for jobs to do? Something to sell? For a small donation we will run your ad in EXCHANGES.

Mail copy and payments to **The Visitor** at **P.O. Box 214, Conway, MA**, or e-mail copy to <u>visitor@</u> <u>uccofconway.com</u> with subject

# noted as VISITOR EXCHANGE. Deadline for receipt is the 20th.

We request a donation of \$20/ad for one month, \$30/ad for 6 months, or \$50/ad for 12 months. All new **Exchanges are limited to 100** words Ads for give-aways, lost and found items, and non-commercial remain free.

#### **EXPERIENCED HANDYMAN:**

Repairs and small renovations, custom woodworking, drywall and plaster repair, other services available, small jobs a specialty, John Pelletier, handyman and woodworker. Hic. Reg. 153453\_ Phone: 369-4064 - ask for John. Email: spell938@ earthlink.net. 6/13

#### DOG WALKER AND PET SITTER

available. Experienced. **Boarding** also available in home with fenced patio. Please call Doreen at *369-0219*. 6/13

CONWAY IS NOW HOME to its very own candle company: Candle in the Window. We sell highly scented candles jar candles with beautifully hand designed labels. We also carry room sprays, bath scrubs and foams, soap, bath fizzies and solid perfumes, as well as selection of wreaths and painted decorative items. Located at 161 Fields Hill and open every weekend 10 AM to 4 PM. Visit us for a unique shopping experience.

GUILFORD ROTARY MOWING AND TRACTOR WORK 369-4481 or 369-4762.

PUZZLE EXCHANGE proposed for wooden jigsaw puzzles, especially those made by Liberty Puzzle Company. Interested in circulating/exchanging these treasures? If so, please contact AnnieCheatham06@gmail.com. 625-1094.

POTTERY CLASSES for adults and children at the studio of Megan Hart will begin in September. Thursday afternoons for kids ages 6 - 11 3:30 -5:00 and adult wheel throwing Tuesday evenings 6:30 - 8:30. Classes will begin the week of September 16. For more information call 413-522-6707 or hartpottery@gmail.com.

BEAR RIVER LANDSCAPING now accepting new accounts for weekly lawn mowing and brush hogging. Don't waste your weekends mowing your lawn, let Bear River Landscaping take care of it so you can relax and spend quality time with your family. Quality work at a fair price. Call Tom at 625-2007 for free estimate.

6/13

EASY DOES IT— Lawn Mowing, Trimming. Call Edward Allis Zajac: Home: 413-369-4664; Cell: 413-824-1139. 7/13

# **THE CONWAY INN offers pizza** on Friday, Saturday and Sunday, including take-outs. Now with free WiFi. Call *369-4428*. 12/14

BUY LOCALLY! Pruners, loppers, saws, shovels, gloves...Backpack sprayers, compost forks, log splitters, winches, birdnetting, cider equipment. Stop mosquito's & ticks with repellent hats, bandanas, Bug Band bracelets and Geraniol based spray. Incredible assortment of great tools, garden books and equipment! Authorized Echo dealer. Importer of the Tajfun Winch – winner of wood splitting competitions! Gift Certificates - great idea! OESCO, Route 116, Conway, M-F, 7-5; Sat, 7-noon; 369-4335.

**PAGES COFFEE BAR & USED** BOOK STORE, 98 Main Street, Conway. Phone: 369-6055. Closed Monday and Tuesday. Open Wednesday thru Friday from 6:30 AM to 2:30 PM, Saturday 8:30AM to 3:30PM, Sunday 8:30 AM to 2:30 PM. Locally roasted, organic, fair trade coffee beans, espresso, cappuccino, lattes, organic hot cocoa, 100% crushed fruit smoothies. lemonade, iced tea, frappes, frozen hot chocolate, pastries and Chris' famous scones on weekends. Now selling antiques and vintage items in the bookstore, too! Free WiFi. Indoor/ outdoor seating. 7/13

#### **CARPENTRY: 30 YEARS EXPERIENCE**

Fully licensed, insured and lead certified. Replacement windows/doors, repairs and renovations. Contact Frank Kuzdeba at: fkuzdeba@comcast.net. Call 369-4223 or 413-222-3300.

#### TAKE A LOOK AT THE BEAUTIFUL

new silk screened sign in front of CONWAY HEALING ARTS! It was designed by Debra Hoyle and her son Sam Hale. Sam grew up in Conway and now has a custom silk screening business in Florence, creating custom t-shirts, signs, and more. Contact him at 413-325-5581 or samhale8@gmail.com. Special at CHA: \$15. off one hour sessions (regularly \$70) for all new clients thru Sept.30! Serving our community since 1993. Certified and insured. Acupressure, Reiki, CranioSacral Therapy. Look for Deb at the Festival of the Hills offering onsite seated bodywork all day with the Complementary Care Collaborative. \$15/15 minutes. A great chance to take a break or try something new!

# THE PERSONNEL COMMITTEE of the Town of Conway is looking to fill 2 open positions. If you're interested, or would like more information, please contact Heather Rose at 413-369-6045 or hrshark@aol.com. free 10/13

**FIREWOOD**—Quality **seasoned** split hardwoods ready for delivery now, or later in the year. Trailer-load containing 185 cu. ft. (1-cord when stacked) delivered in Conway for \$250. Call Bill Graves, for more info. Cell: 413-522-3573; Home: 413-369-4679. 10/13

#### THE UCC HAS A FEW USED ITEMS

FOR SALE: \$100 or B.O. - Commercial under-counter dishwasher.

\$50 or B.O. - Commercial warming oven \$50 or B.O. - Residential refrigerator \$50 or B.O. Four well stainless steel sink \$25 or B.O. Residential refrigerator Call Rev, Candi if interested @ 978-544**More Exchanges More Exchanges** 

#### LIFETREE THERAPUTIC MASSAGE.

Deborah Donaldson is an experienced. nationally certified massage therapist in practice since 1994 specializing in Myofascial Release, chronic pain management and pregnancy massage. High stress? Muscle strains? Massage can help heal, restore, and rejuvenate. Every session is uniquely tailored to your needs. Gift certificates available. Visit www.lifetreemassage.com or call Deb at 369-0213. 7/13

INTRODUCING ARGUS PROPERTY

MANAGEMENT. Full service management of single and multi-family properties and condominium associations in Franklin and Hampshire Counties. We provide oversight of all property maintenance, including 24/7 emergency coverage, location and screening of tenants, rent collection, expense payment, and concise financial reporting. Call Kathy Shaw or Jim Sarris at 413-397-3569 or visit www.arguspropertymgmt. com. We're setting a new standard for residential property services.

#### ASHFIELD COMMUNITY GOLF CLUB.

Norton Hill Rd., Ashfield. Offering great gift ideas. Moneysaver Golf Coupon Books:

- 10 Rounds, 9 Holes \$90
- 10 Rounds.18 Holes \$125

Every day, weekends, holidays. Send check to **Ashfield Community Golf** Club. 108 West Hawley Rd. Hawley. MA 01339. For more info call Charlie at 339-4231 or Jim at 665-3413. Memberships:

- Single = \$260
- Family= \$370
- Junior(18)=\$50

6/13

#### ALEXANDRE PAZMANDY, LMT,

**CPMT (Pediatric)** has a private practice in Northampton and Springfield. He offers Swedish, Therapeutic Massage and Trigger Point Therapy incorporating Shiatsu and Reflexology into his bodywork. Alexandre also specializes in massage therapy for children with health concerns and is certified for Comprehensive Touch Therapy for children with Autism (ASD). Home treatments available. www.ap.massagetherapy.com

413-362 5173 ap@massagetherapy.com 9/13

**COLE MOUNTAIN CABIN** is our newlybuilt 4-season retreat in the Northeast Kingdom of VT. Back in the woods. sleeps 6, two sleeping levels, two baths. Five minutes to beaches at Lake Willoughby, kayaking, biking at Kingdom Trails, hiking trails nearby. 3 hours from Conway, 20 minutes to Canada. Photos at www.vermontproperty.com #1831, \$800 wk, \$125 night. Pixie Holbrook/John Rioux (pjholbrook@comcast.com).

#### CHESTNUT FARM—BEEFALO

Available year round at the Herrmann's farm 396 Main Poland Road (Call ahead: 413-369-4266) and Conway Farmers' Market, June thru September Wednesdays 4 – 7PM. USDA tests prove that Beefalo has less cholesterol than chicken; and less fat, cholesterol, and calories than traditional beef. Beefalo meets the dietary recommendations of the American Heart Association. Our animals are humanely pasture-raised without the use of hormones or antibiotics. www.chestnutlotfarm.com

**KAYER CARPENTRY.** Master carpenter: 25 plus years of experience. Custom creative designs in 3-D, remodeling and repairs, kitchens and baths, windows and doors, decks and porches, build-in furniture, entertainment centers, music and media storage, bookshelves, window seats, closet shelving and organizers. moulding and trim made to match or repair your existing woodwork. Licensed and insured. Call Kevin Aver at 413-369-0078 or email: kevinayer@yahoo.com. 7/13

NATURAL ROOTS' CSA SEASON is

underway! CSA members come weekly for a generous share of the seasonal produce we harvest and wash. In our farm shop you'll find our own eggs and pork, as well as many other locally-produced foods. Become more connected with your local community and the land as you visit this beautiful and nourishing horse-powered farm. Walk-in customers are also welcome during CSA hours - 3 to 6:30 PM on Tuesdays & Fridays, June - October. For more info go to www.naturalroots.com or call 369-4269.

WILDER HILL GARDENS | Plant Nursery | Landscape Design | Cut Flowers, Lilian R. Jackman, Conway MA. 413-625-9446. Wilderhillgardens.com Sat. Sept 21 and Sun. Sept 22, Endof-Season-Sale at Wilder Hill Gardens! 50% off locally grown perennial flowers, shrubs, and trees in great condition, and at the perfect time for fall planting. Contact lilianjackman@gmail.com for a plant list. Wilder Hill Garden's plants and flowers will be at the Festival of the Hills, on the ball field next to Rising Sun Forge.

#### POST AND BEAM HOME FOR SALE

Cute as a button, two bedrooms, nestled on 3+ Acres. Enjoy nature all around! Waterfront on the Bear River - a trout stream with swimming hole. Post and Beam saltbox with pegged frame dressed nicely, well-insulated, chamfers on the post and beam corners, wood ceilings on the main level. Come home to the woods! Over 3 acres in a serene setting with peach, cherry trees and blueberry bushes. Rinnai propane gas heater and wood stoves, 2 bedrooms, 1 1/2 baths. \$225.000. Call Judy Rivard, Sawicki Real Estate 413 687 7887 Judy @Rivard.net

#### NEW HOME DAYCARE OPENING.

I have openings for infants & toddlers starting the end of August. Full & Half-Day slots available. Meals & snacks included in the daily fee. I am a Mom of 2 and have 5 years experience working in the local Pre-School. Please call Danielle Kocot with any questions or to set up an interview at 369-4354.

**SUMMER SPECIAL - PURE YOGA** & WELLNESS STUDIO. 10c Elm Street, S. Deerfield, 8 classes for \$80. check schedule for classes: www. pureyogawellness.com or contact Jody Fontaine, Director 413-824-9435. COMING SOON! NEW FALL CLASSES & SCHEDULE 6/13

SOMERVILLE PIED-A-TERRE. One bedroom furnished apt. available for rent in Cambridge/Somerville area of Boston. Near Harvard, Inman and Union Square. Sleeps 2 - 4, Queen bed in bedroom, queen futon in living room, full kitchen and bath, internet. 15 minute walk to Red line T. \$125 per night, \$750 per week. \$2500 per month. Please contact judy. maggiore@gmail.com. ΤK

# Learn Emergency Preparedness—Free!

Protect yourself, your family, and your community by getting prepared for emergencies! On **Saturday, September 28th** from 10-11:30am The Church of Jesus Christ of Latter-Day Saints (92 Colrain Rd. Greenfield) is hosting Let's Make a Plan (LMaP): a free 90 minute community education workshop designed to teach you how to prepare yourself and your family for emergencies.

The workshop is intended to meet the needs of older adults, families, children, people with mobility issues and other health concerns, etc. You will leave the workshop having started your emergency plan, with additional resources for continuing the preparation process, and—for free, as supplies last—items necessary to start your own emergency preparedness kit.

Registration: http://letsmakeaplan.eventbrite.com/ (preferred) or with Lindsey Britt, Regional Preparedness Planner, (413)774-3167 x136 and the email below. lbritt@frcog.org

# **Conway PTO Ready for New School Year**

By Jill Novak

A new school year is upon us and we are excited about our list of upcoming events! Come and be a part of a great group of dedicated folks. We are always looking for new ideas and new faces. You can come to one meeting or every meeting. Help with one event or all the events. Be a voice via e-mail even. It all counts and it all helps! Watch for an e-mail from the CGS PTO for the date of our September meeting. We will be looking for people that are interested in helping coordinate and work on the following anticipated events:

- Apple crisp and cookbook sale at the Festival of the Hills
- Roast Beef dinner fundraiser in November
- Maple Syrup Pancake breakfast fundraiser in March
- Health fair and community meal

This year will bring to you our Conway Grammar School Cookbook! This has been a long time in the making and we are thrilled with the end result. The cookbook is expected to be for sale at the Festival of the Hills and all PTO functions.

Please remember to save your Box Tops for Education. Each top earns the school money for field trips and equipment. There is currently a drop bucket at the post office and at the grammar school. Watch for information on other drop locations around town.

If you would like to be added to the PTO e-mail or if you have changes to your e-mail address from last school year, please e-mail us at CGS.PTO@gmail.com with your information.

#### FIELD MEMORIAL LIBRARY NEWS

#### This Month's New books:

Adult

The Kill Room by Jeffrey Deaver Life After Life by Kate Atkinson Knit to Flatter by Amy Herzog Junior

Growing Vegetable Soup by Lois Ehlert

Pete the Cat - I Love My White Shoes by Eric Litwin

Lets Go For A Drive by Mo Willems

#### **New Library Hours!**

Hurray! The library is now open an additional day: Monday from 4pm to 7pm. New Library Hours at Field Memorial Library are:

Monday 4-7pm Wednesday 3-8pm Saturday 9am-1pm

#### **Thanks**

September 2013

Thank you to everyone who came out to the Summer Reading Ice Cream Celebration. Your enthusiasm made the program a success. Keep up the great reading!

Thank you to all who have donated books to the library. Your community spirit is much appreciated and will go a long way toward helping the library grow and improve its services.

#### Book Review



#### Labor Day by Joyce Maynard

As you begin to read this book, you will either be fascinated. horrified, or a little of both, at the lifestyle of the young protagonist, Henry, and his divorced mother, Adele. The setting is a small town in New Hampshire in the seventies, and 13 year old Henry and his depressed, reclusive mother are soon to be joined by a man named Frank who seems very kind and quite harmless. Frank has a troubling and tragic past, however, and the reader can't tell whether he is a good or bad influence. Several lives are interwoven over the course of that summer, and Henry tells the story as only a 13 year old boy can - with innocence, clarity and heartbreaking optimism.

Soon to be released as a motion picture starring Kate Winslet and Josh Brolin, *Labor Day* was partly filmed in Shelburne Falls. This is a novel I enjoyed tremendously, and I am going to seek out more books by Joyce Maynard as a result.

— Carol Baldwin

#### **Labor Day Closure**

The library will be closed on **Labor Day, Monday September 2.** 

The Field Memorial Library is open on Mon. from 4 to 7PM, Wed. from 3 to 8PM and on Sat. from 9AM to 1 PM. 369-4646.

The Visitor

# **Festival Raffle Update**

by Phyllis Jeswald

The have a new sponsor for the Grand Prize.... Joanie Schwartz Real Estate.... and several new prize contributors. Dave Balkema of Highlands Disc Golf is donating discs and free passes. Sue McFarland is offering a giant felted pumpkin, and we'll have a set of fabric wine glass coasters/identifiers and coordinated greeting cards handmade by **Debby** Childs. Most of last year's prizes are back, including the weekend at the gorgeous Vermont cabin of Pixie Holbrook and John Rioux.

Here's the full list. As you can see, it's going to be a great raffle:

**GRAND PRIZE - \$200!!** Thanks to the generosity of the following businesses: Baker's Country Store; Bear River Timber Frame; The Conway Inn; Joanie Schwartz Real Estate; Mark Ladd Construction; Pages Coffee Bar; Sunset Garage; Valley Home Improvement.

Vermont Cabin Weekend	Pixie Holbrook/John Rioux
Raku Vessel	Bob Green
Signed Holly Hobbie Book	Holly Hobbie
Decorative Art Glass	Correll Glass
Child's Sweater	Susan Fentin
Gardening Tools	Orchard Equip. & Supply Co.
Therapeutic Bodywork	
CISA Local Hero Products	
Woven Runner	
<b>Animal Communication Consultation</b> .	To Fur With Love
Framed Photograph	Geoffrey Bluh
Hand Forged Bottle Opener	
Andy Jaffe CDs	
Ceramic Piece	Carolyn Thayer
1 Night Stay at Dinny's Place	
Therapeutic Massage	
Cricket Hill Jams Gift Box	
1/2 Gallon of Maple Syrup	Howard & Jeanne Boyden
Telescopic Snow Brush	
CD and Lesson	
Hand Woven Scarf	Lisa Hill
Discs and Passes	Highlands Disc Golf
Felted Pumpkin	McFarland's Handwork
Handmade Coasters and Cards	
Healing Session	
Nasami Farm Native Plants	

That's a lot of great items and services that could be yours. So, support the Festival Scholarship Fund, enjoy the anticipation of winning, and buy lots of tickets ...still \$1 each or 6 for \$5. Tickets will be are available (starting in September) at Baker's, Greenfield Savings Bank, The Conway Inn, Sunset Garage, and Pekarskis.

#### **Broadband Committee Notes**

By Bob Armstrong

You may have noticed that many telephone poles are being upgraded or replaced in Northern Conway! This is the required 'make ready' work that Comcast needs to string cables to finally bring internet, tv and phone to this end of our town.

We have invited Comcast to meet with residents to give an overview of available options and answer questions. They will be here on September 19th at 7PM in the Conway 'General Purpose' room, the old Town Hall where we vote. Please come even if you are currently a customer to see their latest offerings.

If you are wondering about installation charges, call Comcast and request an estimate. You can do this in advance of their finishing the network extension so you

will know what it will cost you to connect.

The state's fiber network connecting town buildings in Western Mass to very high speed internet is nearly complete. As I've written earlier, the state budget that will be voted on next year contains money to partially fund a fiber to the home network to connect this network to homes in towns with no internet. Since Conway is partially wired by Comcast, it currently is not one of the towns to be wired, but we are discussing a small change to the legislation that would allow the state to connect the unwired homes that Comcast seems unwilling to wire.

We'll keep you posted as this project moves forward.

bob@armstr.com

#### Conway Cultural Council (continued from cover)

a confirmed venue.

The Conway Cultural Council is part of a network of Local Cultural Councils serving all cities and towns of the Commonwealth. The LCC Program is the largest grassroots cultural funding network in the nation. The state legislature provides an annual appropriation to the Massachusetts Cultural Council, which then allocates funds to each community.



Applications, guidelines and complete information are available online: www.massculture.org/lcc public.asp. For questions, email co-chairs, Amy Dryansky: adryansky@ comcast.net or Kendall Clark: k.clark11@comcast.net

k.clark11@comcast.net.

United Congregational Church of Conway

P.O. Box 214

Conway, MA 01341

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