

United Congregational Church of Conway

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## Special Election Set for June 25th

**T**uesday, June 25th is set for a special State Senatorial Election. Voters must be registered before 8:00 p.m. on **Wed. June 5th**. The Board of Registrars will hold hours from Noon until 8:00 p.m. in the Town Offices.

Polls for the Special Election will be open at the Town Hall from **7AM to 8PM**. Applications for absentee ballots must be filed before noon on the last business day before the election. Absentee ballots must be received prior to the 8PM closing of the polls.

## Field Library Welcomes New Director

By Sue McFarland

“Do you need a pillow?” asks Carol Scheier (pronounced *Shire*), the new Director of the Field Memorial Library. Somehow sitting with her on the blue couch in the children’s room seems symbolic of Scheier’s goals as she assumes her new position. Foremost is “listening and learning what the current community wants and needs from their library,” she states.

Born in upstate New York, Carol grew up in the suburban town of Huntington on Long Island’s north shore. Originally with aspirations of becoming a teacher, she attended St. Joseph’s College in Patchogue NY. While still an undergraduate, Carol became interested in library studies. Subsequently, Scheier attended Queen’s College and received her Master of Library Science degree. She was a children’s librarian on Long island for seven years and then became an adult reference librarian.

Carol’s first exposure to the New England landscape grew from her love of camping and hiking. The White Mountains in New Hampshire

☛ continued on pg. 16

In this issue of *The Visitor*:

- Farmers Market Opening
- UCC Summer Worship

- Relay For Life
- What is the Chesboro Challenge?

Please send ads, notices, articles and correspondence to the NEW email address for *The Visitor*: [visitor@uccofconway.com](mailto:visitor@uccofconway.com)

## UCC of CONWAY NEWS

*From the Pastor's Pen*

Dear Friends,

This month, in the season of Pentecost which is the celebration of the receiving of the Holy Spirit, I'd like to offer a prayer for all of us:

Come, Holy Spirit,  
the one who sang a new melody as God's Creation rose from Chaos,  
who wept at the dark shadow of a cross, and who danced early in the morning,  
at the opening of an empty tomb,

Come, Holy Spirit,  
the one who could not be contained by wind, or flame, or breath,  
the one who blesses the Church with courage, peace, and love.

Come, Holy Spirit,  
to us, who gather this day with trembling hands and uncertain hearts.  
Teach us to sing a new song and to dance with reckless abandon.

Here in this gathering of believers, as you did with those so long ago,  
breathe on us now.

Breathe on us,  
blowing away our fears and our hesitations.

Breathe on us,  
transforming our hard-heartedness  
into passion-filled lives.

Breathe on us,  
for we need peace,  
peace that only you can give.<sup>1</sup>

May God give each of you the peace you  
need for a restful and rejuvenating summer.

Journeying together,

*Rev. Candice Ashenden*

Rev. Dr. Candice M. Ashenden

<sup>1</sup> Randy L. Hyde

P.S. And please remember that if you ever wish to have company on your faith journey, or just need a place to come and visit, the doors of the United Congregational Church, and my door, are always open to you.

**MISSION STATEMENT**

The United Congregational Church of Conway is a welcoming Christian community bringing generations together to celebrate God's presence and learn to grow in our faith. We humbly strive to offer hope, encouragement and love to each other, the Conway community, and the world through our actions and with our resources.



## YOGA - FITNESS WELLNESS PROGRAMS

In Conway with Jody Fontaine

*"Healthy Body, Healthy Mind"*

Day and time	Program	Location	For
<b>Mondays</b> 3:30-4:45 pm	Yoga	Conway Grammar School	Teachers & Staff
<b>Mondays</b> 5:30-6:45 pm	Yoga	Fireman's Assoc.Bldg. (next to Fire Station)	For all Levels
<b>Wednesdays</b> 10:15-11:30 pm	Yoga	Fireman's Assoc.Bldg. (next to Fire Station)	For all Levels

Private Yoga, Reiki and Fitness sessions available.

Call Jody Fontaine at 413-824-9435 or  
[ucreatesolutions@gmail.com](mailto:ucreatesolutions@gmail.com).



Jody Fontaine brings her diverse training and experience in the fields of health & fitness including certifications as an AFAA Personal Trainer, an Embodiment-Yoga teacher (200 Hr) and a Certified Pilates Instructor. Jody is also a Reiki Master and a Certified Birth Doula. A lifelong outdoor enthusiast, Jody's special love and passion for skiing has inspired her to achieve PSIA Level II Ski instructor certification.

*"I am eager to help you reach your personal fitness goals so you can experience the joy of abundant health."*

**BRAND YOUR BUSINESS:** Logo and identity design is key to helping your business stand out. Idea Mechanix specializes in logo design that looks as good on a letterhead, business card as it does on a billboard. See what branding can do for you! Call 413-657-8904 or email [marc@ideamechanix.com](mailto:marc@ideamechanix.com)

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## More Exchanges



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## Church Clips

**Y**ou're invited to join us for worship Sundays at 9:30 AM at the Conway Grammar School. Everyone is welcome!

† **If you need to reach the church**, messages may be left with Rev. Ashenden at 978-544-2801.

† **Rev. Dr. Candice Ashenden** holds office hours Mondays from 9:30AM - 12 PM and will be available in Conway on Mon. afternoons for visitation, appointments, counseling, meetings, etc. She is always available at other times, by appointment (or in an emergency). She welcomes calls at home at any time: **49 Charles St. Orange, MA 01364**, or call 978-544-2801, or email her at [revcandi@gmail.com](mailto:revcandi@gmail.com).

† **UCC of Conway mailing address** is: **P.O. Box 214, Conway, MA 01341.**

## UCC's Boston Pride

**O**n Saturday, June 8th, members and friends of the United Congregational Church will walk in the Boston Pride Parade celebrating the relationships of gay, lesbian, bisexual and transgender people and all others. If you'd like to join us, contact Rev. Candi at 978-544-2801 to coordinate transportation to Boston and back. All are welcome!

## Summer Worship Schedule Announced

**I**t's that wonderful time of year when we in Conway have the opportunity to worship with our brothers and sisters in the Whately congregation. Our sister church in Whately, knowing our building predicament, have graciously offered us the use of the Whately Chapel for our month of hosting in August. This year, United Congregational and First Congregational of Whately will share summer services for July and August at 10:00AM in the West Whately Chapel. Throughout both months, Rev. Cynthia Crosson-Harrington and Rev. Candi Ashenden will take turns leading the service. Come join us – church is a great way to start a summer Sunday.

## Youth Sunday Coming

**Y**outh Sunday will be **June 2nd** this year and on that day the youth of the church will be responsible for leading worship. Also on that day, we invite all those whose lives are touched by cancer; survivors, those undergoing treatment, those who love someone who has or has had cancer to attend worship. During this worship service, relay team members (from any and all teams present) will be commissioned for their work and celebrated for their commitment. This worship will be held at the Conway Grammar School and special refreshments will follow the youth's service.



# Conway Healing Arts

*Craniosacral Therapy  
Acupressure  
Reiki*

46 Main St, Conway 413-325-5579 • Shelburne Falls, above McCuskers

**Debra Hoyle**, nationally certified & insured body worker with 20 years experience, offers informed & individualized sessions in Conway and Shelburne Falls.

*"My neck had been in pain for years. I was so thrilled to finally find relief after a series of sessions with Deb. Afterwards I continued for the sake of my overall feeling of wellness and balance, and because, let's face it --life happens!"* — A Client

**\$10.00 off first session for new clients. All ages welcomed!**



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**Betsy Mailler**  
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845-258-8179

• **Referrals welcome •**

*Let's work together for your well-being!*



## CONWAY OUTDOOR LIFE



## Gardener's Corner

By Liz Pichette

Being human, gardeners make mistakes. Generally, mistakes can be corrected; we move plants, try something new. The point is the learning process, which helps us expand our knowledge. Sometimes, our mistakes are not easily erased or fixed, and each year they get worse and worse. The subject here is GARDEN THUGS: Plants that come to stay and try as we may, we cannot eradicate.

As a seasoned gardener, you have probably happened across one or more of these. If you are just starting out in the world of gardening, the advice that follows can relieve you from countless hours of frustration and hard work.

It usually starts innocently enough. You see a pretty little plant, usually in a 2 1/2" pot(!), and you fall in love with its variegated leaves or gorgeous flower. You plant it in your garden, and for the first year or so, all seems fine. Then you notice in subsequent years how it seems to be crowding its more demure neighbors. Next thing you know, it has overrun the whole bed!

The question to ask the source of any plant is, "Is this stoloniferous?" The answer will tell you exactly what you're dealing with. A plant that spreads by stolons (specialized underground roots that radiate outward, sending up new plantlets) will most likely become a problem in a garden bed.

If you really want one of these plants, I suggest burying a large pot in the ground up to an inch of its rim and planting the "thug" inside. Annually, dig up and divide in half, replant and trash the other half or give away with the warning to corral it. If you try to compost it, it will most likely grow.

Some plants are worth this hassle; mint, beebalm (most members of the mint family, Labiatae, will be aggressive) and yarrow come to mind. I happen to love the silver leaves of artemisia and find their stolons easy to rip out of the garden. Lily of the valley is rampant in a couple of my beds, but as my favorite scent, I forgive it. When a plant is labeled groundcover, it will be aggressive! Goutweed, non-clumping Bamboo, Polygonum, Polygonatum or Houttuynia, DO NOT plant! Also check <http://www.invasivespeciesinfo.gov> for more information. Forewarned is forearmed!

[briceh@verizon.net](mailto:briceh@verizon.net)

**KAYER CARPENTRY.** Master carpenter; 25 plus years of experience. Custom creative designs in 3-D, remodeling and repairs, kitchens and baths, windows and doors, decks and porches, build-in furniture, entertainment centers, music and media storage, bookshelves, window seats, closet shelving and organizers, moulding and trim made to match or repair your existing woodwork. Licensed and insured. Call Kevin Ayer at 413-369-0078 or email: [kevinayer@yahoo.com](mailto:kevinayer@yahoo.com)

**COLE MOUNTAIN CABIN** is our newly-built 4-season retreat in the Northeast Kingdom of VT. Back in the woods, sleeps 6, two sleeping levels, two baths. Five minutes to beaches at Lake Willoughby, kayaking, biking at Kingdom Trails, hiking trails nearby. 3 hours from Conway, 20 minutes to Canada. Photos at [#1831](http://www.vermontproperty.com). \$800 wk, \$125 night. Pixie Holbrook/John Rioux ([pjholbrook@comcast.com](mailto:pjholbrook@comcast.com)).

**NATURAL ROOTS' CSA SEASON starts June 4th** – so soon! It's high time to sign up for a CSA share! CSA members come weekly for a generous share of the seasonal produce we harvest and wash. In our farm shop you'll find our own eggs and pork, as well as many other locally-produced foods. Become more connected with your local community and the land as you visit this beautiful and nourishing horse-powered farm. Walk-in customers are also welcome during CSA hours – 3 to 6:30 PM on Tuesdays & Fridays, June – October. For more info go to [www.naturalroots.com](http://www.naturalroots.com) or call 369-4269.

"A year from now you will wish you had started today."

-Karen Lamb

**CONWAY IS NOW THE HOME** of Alexandre Pazmandy, LMT, CPMT (Pediatric). He offers Swedish, Therapeutic Massage and Trigger Point Therapy and incorporates Shiatsu and Reflexology into his bodywork. Alexandre also specializes in massage therapy for children with special health concerns, who are hospitalized, or have been diagnosed with a terminal illness. He is certified for Comprehensive Touch Therapy for children with Autism (ASD). -On Thursday April 11, meet with him at the 23rd Annual Conference organized by Community Resources for People with Autism, Log Cabin Banquet and Meetinghouse, 500 Easthampton Rd - Holyoke, MA. [www.ap.massagetherapy.com](http://www.ap.massagetherapy.com). Clinic Alternatives Medicines, Northampton. 413-362-5173

**SUMMER RAKU POTTERY WORKSHOP** for adults and kids July 12th - 18th with Bob Green and Megan Hart. Raku, a 16th century Japanese firing technique is a magical firing event which yields dramatic and often unpredictable glaze results with many happy accidents. Participants will have the opportunity to fire several pieces with WOW results. Kids will meet Monday and Tuesday Mornings 9 - 12 for making pieces and Thursday and Friday for firing. Adults will meet same days but evenings, 6 - 9. To register or for more info contact Megan Hart at [hartpottery@gmail.com](mailto:hartpottery@gmail.com) or call 413-522-6707. \$180 includes all materials.

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Deborah Donaldson is an experienced, nationally certified massage therapist in practice since 1994 specializing in Myofascial Release, chronic pain management and pregnancy massage. High stress? Muscle strains? Massage can help heal, restore, and rejuvenate. Every session is uniquely tailored to your needs. Gift certificates available. Visit [www.lifetreemassage.com](http://www.lifetreemassage.com) or call Deb at 369-0213.

### INTRODUCING ARGUS PROPERTY MANAGEMENT.

Full service management of single and multi-family properties and condominium associations in Franklin and Hampshire Counties. We provide oversight of all property maintenance, including 24/7 emergency coverage, location and screening of tenants, rent collection, expense payment, and concise financial reporting. Call Kathy Shaw or Jim Sarris at 413-397-3569 or visit [www.arguspropertymgmt.com](http://www.arguspropertymgmt.com). We're setting a new standard for residential property services.

### ASHFIELD COMMUNITY GOLF CLUB.

Norton Hill Rd., Ashfield. Offering great gift ideas. Moneysaver Golf Coupon Books:

- 10 Rounds, 9 Holes \$90
- 10 Rounds, 18 Holes \$125

Every day, weekends, holidays. Send check to **Ashfield Community Golf Club, 108 West Hawley Rd. Hawley, MA 01339**. For more info call Charlie at 339-4231 or Jim at 665-3413.

Memberships:

- Single = \$260
- Family = \$370
- Junior(18)=\$50

### SUMMER TEEN POTTERY

**WORKSHOP** with Megan Hart of Hart Pottery. July 15 - 26th, 10:00AM-12:00PM. This is a 2-week morning workshop for teens 12 + which will concentrate on learning to center clay on the wheel in order to create beautiful pottery. Various glazing techniques will also be explored. For more information or registration contact Megan Hart at [hartpottery@gmail.com](mailto:hartpottery@gmail.com) or 413-522-6707. \$250 includes all materials.

**WHAT'S YOUR STORY?** The Heart of Story is a six-week writing workshop for women 18 and older, led by **Jane Roy Brown**. Cost is \$180 (or \$150 if you "like" The Heart of Story on Facebook). The workshop is offered periodically at the Field Memorial Library in Conway, or you can take it one-on-one online or via Skype. For more info, visit [janeroybrown.wordpress.com](http://janeroybrown.wordpress.com) and [facebook.com/theheartofstory](http://facebook.com/theheartofstory). Enroll or send questions to: [brownjaneroy@gmail.com](mailto:brownjaneroy@gmail.com).

**FIREWOOD**—Quality seasoned split hardwoods ready for delivery now, or later in the year. Trailer-load containing 185 cu. ft. (1-cord when stacked) delivered in Conway for \$250. Call Bill Graves, for more info. Cell: 413-522-3573; Home: 413-369-4679.

### WINTER CLEANUP in progress.

Need help? Free on-site estimates. Snowplowing and sanding for winter. Plan ahead. Call Edward Allis Zajac: Home: 413-369-4664; Cell: 413-824-1139.

**HOUSE CLEANING.** Experienced, reliable and local. Weekly or occasionally. Excellent references. 413-369-6002

## Garden Club Notes

**Thurs., June 13th, 6 PM:**

The club's annual meeting & potluck. Business will include the election of officers and collection of dues.

**Thur., July 11, 11:00 a.m.** We

will visit Sue Bridge's *Wildside Gardens* on Fisher Place Road in Conway, where Sue practices a "new, quietly revolutionary approach to food production"—permaculture. Bring a lunch; we will picnic after the tour and have a brief meeting.

**Thur., August 8, 11:00 a.m.**

The club will journey to 401A Smith Road in Ashfield to enjoy a tour Joanne Ostrowski's garden. Bring a lunch and stay for a picnic and a brief meeting.

**A big thank you** goes out to the Conway Girl Scouts for their beautifully decorated May baskets. On May Day, Garden Club members delivered the baskets around town to surprised and delighted seniors.

Many thanks to everyone who helped make the club's annual plant sale a success: those who generously donated a wide variety of plants; members who worked during the sale, and our many enthusiastic customers!

For questions contact **Pat Lynch** at 369-4284 or email [patricia Lynch@earthlink.net](mailto:patricia Lynch@earthlink.net).

## Pick Up Conway Men's Basketball

Join the group on Wednesday nights in the Conway Grammar School for a friendly pick-up game. They play for about 2 hours. Call Peter at 369-4340 for more info!

## Conway Farmers Market Opening

*By Peter Freisam*

The Conway Farmers Market begins its 2013 season on **Wednesday, June 5** in front of the Field Memorial Library on Elm Street, **4 to 7 PM.**

It promises to be an exciting new season at the market. We have several new vendors this year, including Pedaling Vegetables Farm, providing fresh vegetables, and Old School Farm, offering baked goods. Old favorites, including Boyden Brothers Maple Products, Chestnut Lot Farm, Cricket Hill Jams, and Wells Tavern Farm will be back, too.

We can't stress enough how vital your support is to the market's success. We'd love to attract new vendors, but in order to grow the market, we need to demonstrate a growing customer base. We've made it easy for you to stop in and show your support, as the market's hours now coincide with the opening of the Field Memorial Library, the Transfer Station, and your commute home. We've shown that our community can join forces to make Conway a very special place to live. Let's keep this spirit going with a strong showing at the Farmers Market.

The market will continue through **Wednesday, September 25.**


[pfreisam@comcast.net](mailto:pfreisam@comcast.net)

## June 2013 Senior Calendar


### Save the Senior Shuttle


**Bus:** FRTA has discontinued the shuttle bus that has been taking seniors and the disabled to Greenfield twice a month. The reason? Lack of riders. FRTA needs a minimum of four riders for these biweekly trips to *Big Y*, which subsidizes the rides and will not continue to do so unless the bus brings customers to the store. Residents are reminded that for rides to medical and other appointments, they can call the West County Senior Center in Shelburne Falls. FRTA will schedule a bus if they receive at least four reservations on the Tuesday before the first and third Thursdays of the month. Call Heidi @ 774-2262, ext. 103, to reserve a space.

 **Walking Group:** Call Phylis Dacey at 369-4326 for more information.

 **Foot Screenings:** Bimonthly screenings are held at Town Hall by appointment only. For an appointment, call Peg Tiley at 369-4010.

 **Exercise Classes:** Classes are over for the summer.

 **Free Monthly Health Clinic:** Public Health Nurse Lisa White, RN, BSN serves the Town of Conway on the first Friday of each month in Town Hall from 9AM to noon. Contact Ms. White at 413-774-3167 ext. 106.

 **Council on Aging (COA):** Meetings are held on the first Wed. of the month, at 9:30 a.m. at Town Hall. The COA receives grants from the state Executive Office of Elder Affairs and an annual appropriation from the town. Contact Patricia Lynch, COA chair, at 369-4284.

 **Senior Picnic, Thursday, Aug. 22, Noon.** Join Conway seniors at our annual picnic luncheon, held on the porch of the Conway Sportsman's Club. Guest speaker is Selectboard member Rick Bean, who will be available to listen to seniors' complaints, and praise. For more information, contact Lorraine Boyden, 369-4061.

**THE CONWAY INN** offers pizza on Friday, Saturday and Sunday, including take-outs. Now with free WiFi. Call 369-4428.

**SPRING!??** We are ready with all the tools you'll need to create magic in your gardens. Pruners, shears, loppers, trowels, a myriad of folding saws, gloves, hearing protection, including one with AM/FM radio and audio input Jack. Rakes and shovels, hoes, brooms and pitchforks. Grafting tools and sealer and books to show you how. And if Winter hangs around, we've got you covered there, too. Celebrating 59 years! OESCO, Rte 116, Conway, M-F, 7-5; Sat, 7 -noon; 369-4335.

**PAGES COFFEE BAR & USED BOOK STORE**, 98 Main Street, Conway. Phone: 369-6055. Closed Monday and Tuesday. Open Wednesday thru Friday from 6:30 AM to 2:30 PM, Saturday 8:30AM to 4 PM, Sunday 8:30 AM to 3 PM. Locally roasted, organic, fair trade coffee beans, espresso, cappuccino, lattes, organic hot cocoa, 100% crushed fruit smoothies, lemonade, iced tea, frappes, frozen hot chocolate, pastries and Chris' famous scones on weekends. Now selling antiques and vintage items in the bookstore, too! Free WiFi. Indoor/outdoor seating.

**CARPENTRY: 30 YEARS EXPERIENCE** Fully licensed, insured and lead certified. Replacement windows/doors, repairs and renovations. Contact Frank Kuzdeba at: [fkuzdeba@comcast.net](mailto:fkuzdeba@comcast.net). Call 369-4223 or 413-222-3300.

**LASALLE FLORISTS, INC.: Spring is here** at LaSalle Florists in Whately. Now is the time to come and check out our planters and hanging baskets. We also have a large selection of vegetable and annual bedding plants. Visitors always welcome. April flowers bring May flowers and we'll have plenty of beautiful flowers for Mother's Day and spring planting. Daily deliveries to Conway, Greenfield, Amherst, Northampton and Easthampton areas. Family owned and operated since 1934. **LaSalle Florists, Inc.** Rte 5, Whately 413-665-2653. [www.lasalleflorists.com](http://www.lasalleflorists.com) and on Facebook.

**CRANIOSACRAL THERAPY** is a gentle, hands on, method that evaluates and enhances the function of the central nervous system. It complements the body's natural healing processes and boosts resistance to disease. As the practitioner releases restrictions there is a decrease in inflammation, a release of physical and emotional trauma (including PTSD), and relief from TMJ dysfunction, whiplash, and headaches. Offered by Debra Hoyle at Conway Healing Arts, and Village Healing Arts, Shelburne Falls. Certified, 20 years experience 413-325-5579.

**NEW YOGA STUDIO** in S. Deerfield "Pure Yoga and Wellness Studio" 10 c Elm Street, So. Deerfield offering Yoga, Pilates, Kidz Yoga, Core-Fitness, Massage, Reiki, Seimei energy work. Check out schedule of classes at [www.pureyogawellness.com](http://www.pureyogawellness.com) or contact Jody Fontaine (413) 824-9435 or [info@pureyogawellness.com](mailto:info@pureyogawellness.com)



## EXCHANGES

Have a job that needs to be done? Looking for jobs to do? Something to sell? For a small donation we will run your ad in EXCHANGES.

Mail copy and payments to **The Visitor** at **P.O. Box 214, Conway, MA**, or e-mail copy to [visitor@uccofconway.com](mailto:visitor@uccofconway.com) with subject noted as VISITOR EXCHANGE. The deadline for receipt is the 20th.

### EXPERIENCED HANDYMAN:

Repairs and small renovations, custom woodworking, drywall and plaster repair, other services available, small jobs a specialty, John Pelletier, handyman and woodworker. Hic. Reg. 153453. Phone: 369-4064 - ask for John. Email: [spell938@earthlink.net](mailto:spell938@earthlink.net)

### DOG WALKER AND PET SITTER

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### SHELburne FALLS BOWLING

**ALLEY** Weekend Open Bowling Hours  
Fri: 2-Midnight; Sat: 12-Midnight; Sun:  
12-8 p.m. **Afternoon Bowling Special!**  
\$2.50 per string Mon-Fri 2-6PM Full Bar.  
Call or go online for party details. 625-  
6179. **Shelburne Falls Bowling Alley,**  
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**"Here is the test to find whether your mission on earth is finished. If you're alive, it isn't."**  
-Richard Bach

We request a donation of \$20/ad for one month, \$30/ad for 6 months, or \$50/ad for 12 months. All new **Exchanges are limited to 100 words, but full and half-page exchanges may now be run in the Visitor.** Advance notice and approval is required, and subject to available space. Ads for give-aways, lost and found items, and non-commercial remain **free**.

**CONWAY IS NOW HOME** to its very own candle company: **Candle in the Window.** We sell highly scented candles jar candles with beautifully hand designed labels. We also carry room sprays, bath scrubs and foams, soap, bath fizzies and solid perfumes, as well as selection of wreaths and painted decorative items. Located at 161 Fields Hill and open every weekend 10 AM to 4 PM. **Visit us for a unique shopping experience.**

**DAYCARE OPENINGS.** I will have a few openings coming up in the fall for infants and toddlers. Meals and snacks included in the daily fee. Lots of fun and activities for all ages, fenced in outside play area and a large daycare room. Call Jennifer Romanovicz for an interview at 625-2007

**BEAR RIVER LANDSCAPING** now accepting new accounts for weekly lawn mowing and brush hogging. Don't waste your weekends mowing your lawn, let Bear River Landscaping take care of it so you can relax and spend quality time with your family. Quality work at a fair price. Call Tom at 625-2007 for your **free estimate.**

## Remembering Shut-Ins

Spring is finally here, and that's a perfect time to bring some color into the life of a shut-in by delivering a small handful of flowers, or sending a card. We hope you will continue to take time from your busy schedule to remember those who cannot get out with a letter or a visit. Your thoughtfulness and time can bring some much needed cheer.

✍ **Edith Chase** at Buckley Health Care, 95 Laurel St, Greenfield, MA 01301.

✍ **Florence Hassell** at Vernon Advent Christian Home, 61 Greenway Dr., Rm. 118, Vernon, VT 05354-9474.

✍ **Elise Landstrom** at 447 Kendal Dr., Kennet Square, PA 19348.

If you know of others who should be included, please email their info to The Visitor at [visitor@uccofconway.com](mailto:visitor@uccofconway.com), or call and leave the information at 978-544-2801.

## Shelburne Senior Center Offers Services

If you are over age 60, the Shelburne Falls Senior Center offers many services.

Each Wednesday morning there is a van that can pick you up in Conway to take you to Shelburne Falls for shopping. Call **Jackie Stanford** at 625-2502, 24 hours ahead to request the pickup. Logistics may need to be worked out, but Jackie will know what to do. The charge is \$3/round trip.

On Mondays, Tuesdays, and Thursdays the Shelburne Falls Senior Center is the site for lunch delivered by Franklin County Home Care. You need only be at least 60, and a \$2 donation is requested. Menus are posted monthly on the FCHC website, [www.fchcc.org/menus/menu.htm](http://www.fchcc.org/menus/menu.htm), and in the Recorder on Fridays, so you can choose days with a meals that suit your preference. Reservations must be made one day in advance by 11 a.m. Currently there is no transportation provided, but a carpool might be arranged.

## Medical Equipment Loans Available

Through generous donations the Council on Aging has medical equipment available for loan, including walkers, crutches, wheelchairs, bath chairs and commodes. Call **Julie Clark** at 369-4629 to borrow equipment, or if you have equipment to loan.

Published by United Congregational Church of Conway

## What's the Story Morning Glory?

By Deb Hoyle

NOVEMBER 20, 1913

Late November grey day, the birth of another boy

The youngest of four and the only U.S. born.

My grandmother had longed for England since arriving here,

Or was it that she mostly yearned to be seen?

He became the one who saw her, walked with her

Until it was farewell too early and gone away, not to England.

He was thirteen.

He was thirteen.

[greenlady33@comcast.net](mailto:greenlady33@comcast.net)

This is a column of original writing about life in the hills.

This month's column is in honor of my father George, for Father's Day.

## Conway Grammar visits South River

By Janet Chayes

Fourth and fifth graders at the Grammar School will get to see the effects of history and science on their community during a special Field Trip to the South River on **Friday, June 7th**. River geologist Nicolas Miller will present information on past uses of the River and its natural functions at the School beginning at 9 a.m. Then students will see the

effects of flooding and erosion and learn about floodplains during a trip to town center. The event is sponsored by the Friends of the South River and made possible by a grant from Conway Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.

[jchayes1@comcast.net](mailto:jchayes1@comcast.net)

## In Memory of Klaus Postler

Conway has recently lost a dear friend and neighbor. **Klaus Postler**, a resident of Conway, Holyoke, VT, and the world, died unexpectedly of natural causes at his home here in town on January 6th. Those who knew him well, and those who knew him only as the smiling and often barefoot man who always had a kind word, will miss him greatly.

Klaus was, among many things, an artist and curator. An exhibition of his work, and celebration of his life, will be held at the Hampden Gallery on the UMass campus on **Saturday June 15th from 11:30-2:00**. The address is 131 SW Circle, Amherst, MA. Phone: 413 545-0680. Please join us there.

[www.fineartscenter.com/hampden](http://www.fineartscenter.com/hampden)

## Baseball on July 4th Like It's Never Played!

By Dave Barten

Will Conway residents rise to the Chesboro Challenge? Can your team hit strange balls with strange bats and win?

The First Annual Chesboro Challenge on **July 4th** is intended to be a fun-filled family affair. Six teams of 12 members, will compete, each comprised of Conway residents and their friends. Teams will include players from age 7 to 80+. Players 18 years and younger must have their parent's permission. Players do not have to know how to play "crazy ball" or soft ball. Adjustments will be made at the time of play to help the novice become an expert.

Six teams will play 3 innings of "crazy, slow pitch baseball" using bats, broom handles, and tennis racquets to hit soft balls, wiffle balls, and beach balls. Batters only learn of the kind of bats they will use and the kind of balls they are challenged to hit when they step up to the plate. Those who can slam a Whopper but prefer not to run the bases will have a designated runner to stand in for them.

Team members will have shirts with the team name and the player's own individual number-1 to 72-1 printed on them. \$15.

Balls and bats of various kinds will be provided. Players should bring gloves, just in case a softball bat is used to hit a soft ball.

There will be referees, a score keeper, and Mike Haley, who sizes up each batter as he or she approaches the plate and then issues the Chesboro Challenge, using amplification to make the challenge heard by all.

Would-be players sign up on one of the sheets posted at Baker's, Pages, The Conway Inn, Oesco and Greenfield Savings Bank. A fee of \$15, check or cash, must be paid at sign up. Sign up dates run until **June 8th**.

There will be food-hot dogs, hamburger, fries, cotton candy, peanuts, and ice cream. There will also be beverage water, lemonade, soda, coffee and Berkshire Brewing Ales in the Hoffbrau Garden.

[abarten@crocker.com](mailto:abarten@crocker.com)

## Summer Fun in Conway Starts June 22nd

On **Saturday, June 22 from 10AM to 3 PM**, sign-ups begin for "Get the Scoop-Read!" at Conway's Field Memorial Library. "Get the Scoop" is a free reading incentive program with an ice cream theme offering simple activities, rewards and fun for children from pre-K through grade 6. In August, participants will be invited to the Super Sundae Celebration at our library, which caps off the program.

Don't have a library card with FML? Don't worry, we are happy to assist you at any time during open hours: **Wed. 3-8 PM and Sat. 10-3 PM**. For more information, please call Carol Scheier, Library Director at (413) 369-4646.



## Welcome new Director

*continued from cover*

were a favorite place.

Citing 9/11 as a catalyst, she moved to Belchertown in 2002. She worked at the Springfield Library and the Hampden Library. After a three year stint exploring other careers, Carol was employed by the Sunderland Library after offering to volunteer with a book weeding project. She became interested in small rural libraries when she accepted a position with Together We Thrive, a grant funded program whose work focuses on small rural libraries.

In addition to her responsibilities at the Field Library, Carol has patched together (pun intended) a rich life that includes all her passions. An avid quilter, she has a ten year old business where she repairs antique quilts. Her most interesting assignment was refurbishing a 200 year old quilt from the Hudson Valley in New York. It was a log cabin design and the navy blue wool was purported to be from a Union Civil War uniform. Walk around the business district in Northampton and you'll see that Carol is not only adept at weeding books but also weeds plants! She is one of the gardeners responsible for the floral ornamentation outside many of the local restaurants and businesses.

Carol is a certified master gardener through the Western Massachusetts Master Gardener Association-a skill she intends to put to use as she and her partner,



Ed, start their garden at the 1829 Conway home they purchased in October 2012. (Her current favorite plant is scented geraniums!) Carol also shares her home with a nine year old yellow lab called (appropriately enough) Jasmine and her three cats, Shadow, Boo and Emmie. She looks forward to spending tranquil evenings in her back yard overlooking the river and walking to work at the Field now that the weather is warmer. More animals are in her future and she is considering trying her hand at raising chickens. Carol can't believe her luck in finding both a home and a new position in Conway.

"The architecture in this library is incredible and it has a solid core collection. I appreciate the work of the new Friends of the Library group and give a solid thank you to Ginny Knowlton who has maintained the library during its period of transition," said Scheier. Her first priorities are to get the summer reading program off the ground, working with the Friends of the Library to set goals, and extending the presence of the library on the internet. Carol is looking forward to meetings with the Directors of Small Libraries, a professional organization, to connect and share ideas and pool resources. But her first order of business is to get a patron suggestion box. Carol concludes, "The community needs to feel their input is welcomed at the library!"

[mcfarlandshandwork@comcast.net](mailto:mcfarlandshandwork@comcast.net)

## Relay for Life June 7th-8th

Many Conway Residents will be at the Franklin County Fairgrounds in Greenfield for the American Cancer Society's Relay for Life on **June 7th to 8th**. This overnight event celebrates survivorship and raises funds to help the American Cancer Society save lives, help those touched by cancer, and empower individuals to fight back. Members of each team take turns walking or running laps on the track. Each team keeps at least one member on the track at all times.

When the sun goes down on Friday, hundreds of luminaria light the area. In that illuminated dark, we can remember people we have lost to cancer, honor those who have fought cancer in the past, and support those whose fight continues. Stop or drive by the fairgrounds to see this extraordinary display.

If you'd like to sponsor a luminaria, please contact any Relay for Life team, or Betty Lou Guilford of the Mission of Hope team at 369-4481. Your support means everything!

[www.cancer.org/relay](http://www.cancer.org/relay)

## Announcing: Tech Connect Summer Program

Tech Connect is a 4-week program (Mon, Tues, Wed, Thurs) of advanced hands-on learning for all 6th, 7th and 8th grade boys and girls! It will run from July 8th to Aug 1st. Registration is available online at [www.fcts.org](http://www.fcts.org). Simply click on the Tech Connect link, and fill out the form.

### Classes include:

- Culinary for the Young Chef
- Video Game Design
- Toon Time: Digital Animation
- Beautiful Me: Cosmotology
- Science and Pre-Engineering
- Physics of Science in Action
- Cabinetry: Working with Wood

Morning sessions are \$75 per student per week, for all 4 days. Afternoon sessions are \$100 per student per week for the 4-day week. Payment is due by the enrollment deadline of **June 7th**.

[www.fcts.org](http://www.fcts.org)

## Riverfest!

Bring the family downtown Shelburne Falls for live music, exhibits, and a parade all support the Deerfield River Watershed on **June 8th!** Face paintings, activities and excellent food, Shelburne Falls and the surrounding towns are putting on this extraordinary event that is fun for all ages!

## Festival of the Hills Scholarships Awarded

We are pleased to announce that 14 Conway seniors have been awarded Festival of the Hills Scholarships. \$10,000 was distributed to this outstanding group of students, representing 7 different schools. The names of the students will be announced in the July Visitor.

# Everything You Need To Know

By Michele Harris



Every FOH there is a ton of information coming at you, and we have some key people that keep that information organized!

Jack Harrison is our program guru...Jack diligently collects information, keeps tabs on what is still missing, and adds his own magical touch sometimes in the form of an essay or historical photo. He has a huge job in that information tends to change right up to the last minute, or a late ad will come through. Being with us for so many years now, he has developed super hero powers of assumption and has become a mind reader! Jack is a talented designer and editor and works on this program for months. The pages of this book are each meant to hold a certain amount of information, and if we short Jack a 'couple of inches', that means everything gets moved around so that what you see in a smooth flow. Jack's our man!

When you come to the FOH, do you visit the info booths? The Whitcomb family, Lance, Lee and Kate organize both of the info booths. They get a great group of volunteers to spend an hour or so each, telling people where to go (my kind of job!). Seriously though, the Whitcombs can answer just about any question and make the info booth a

one-stop-guide to the Festival. Lee is our treasurer, Kate is on the board, and Lance is the muscle... between the three of them, they know who-where-when-and-how! I have been known to run to the info booth asking where so-and-so is, and wouldn't you know...they know where so-and-so is! Lee and Kate also take charge of ordering tee-shirts so that when you leave the FOH...you can bring us with you as a reminder to come back next year! To volunteer at the info booth, contact lee at [leewhitcomb@gmail.com](mailto:leewhitcomb@gmail.com).

Ginny Knowlton has been keeping the FOH in *The Visitor* for...ever! Okay, at least as long as I can remember. It was not uncommon for me to get an email from Ginny (knowing my trend of tardiness) saying this is what you put in *The Visitor* 1, 2, 3 years ago, should I run it again? There have been innumerable conversations around the FOH meeting table that ended with "let's ask Ginny, she'll remember" or "go ask Ginny, she'll have it". Her wealth of knowledge of all things FOH has come in handy every single year that I have been involved. Ginny has come to my rescue so many times that I will name my next child after her!

[mdzialo114@yahoo.com](mailto:mdzialo114@yahoo.com)

## Give to the Flag Fund for the 4th!

The Flag Fund bears the expense of the flags you see gracing Main and River Streets in Conway each year. Private donations are the main source of revenue for this fund, which is used to purchase new flags and accessories for the display. A complete set-up costs about \$30.

Donations may be made to the **Town of Conway**, c/o the **Town Treasurer, P.O. Box 240, Conway, MA**, and designated for the Flag Fund.

## 4th of July Parade Planned

By Betty Lou Guilford

The **Independence Day Parade** will be on **Thursday, July 4th**. As always, we are looking for performers as well as floats, decorated people, pets, and a lot more! Proudly display your red, white and blue!

We will gather at 9:30 at the Masonic Common for a 10 AM step off, down Main Street to the steps of the Library.

## Hilltown Spring Festival

The 7th Annual Hilltown Spring Festival will be on **Sat, June 1st, 2013** at the Cumington Fairgrounds! The Festival includes music, food, arts and crafts, horse training demonstrations, and children's activities all day long. Gates will open at 10am; music begins at 11am. Admission is \$8; children 12 and under are free.

## Voter Registration

Another month, another election and yet another voter registration session. The Board of Registrars will hold hours from 12 noon until 8 PM in the Town Offices at 32 Main Street on **Wednesday, June 5th**. If you are a resident of Conway and not yet registered to vote, this would be an excellent opportunity to do so. If you will be 18 years old on or before 25 June 2013, you may register now for the coming election.

## Time Running Short

It's June – the last month to register your dog for 2013 without paying a fine. State law requires that dogs be licensed each year and your 2012 license expired on 31 March 2013. The town of Conway gives you a three month grace period to register or re-register.

Licenses are available from the Town Clerk. You may also purchase licenses by mail at *Dog License, P.O. Box 240, Conway*. Please include SASE with 66¢ postage. Make checks payable to the Town of Conway – Males and Spayed Females are \$3.00 each; Females are \$6.00 each. The following information must accompany all requests: Owners name and address, Dog's name, age, breed color and gender; a current rabies certificate. Proof of a current rabies vaccination is required!!!

As of this writing nearly 1/3 of the town's 554 known dogs have been registered. After July 1, owners are subject to a \$10.00 fine in addition to the regular licensing fee for each unregistered dog in their household.

## Conway Swimming Pool Update

By Craig Warner

Swimmingly Sensational Saturday on May 11th was an unbelievable success! The silent auction, tag sale, basket raffle, bake sale, and concerts raised over **\$15,000** in one day!!! It was only a few months ago the Pool Trustees were wondering how we would raise over half a million dollars required for this project and we are a shy **\$25,000** away from our estimated construction cost goal. The residents of Conway have shown an overwhelming interest and heartfelt support for the pool. Many that have given even returned multiple times to give more. Thanks to all who donated auction items, tag sale items, baked goods, basket raffle items, played in the concerts, volunteered at organizing and events, and continue to make donations!

The "Making a Splash" CD is available for only \$10 at different locations in town and will continue to be sold to raise additional funds.

Dave Balkema is also selling Frisbee Golf Discs that have "Save the Conway Pool" embossed on them and will be holding a tournament in the upcoming months.

The Pool Trustees are getting very close to final project plans, permits, bidding, and construction. All but one permit is in place and we expect to have it by July and begin dredging and dam repairs. Regulations require that construction be completed between July and September, so we have a very short time frame and cannot begin earlier or extend beyond that time.

Excuse us during the next month as we pound the pavement concentrating on the details and keeping the project on track and within budget. This may mean fewer updates and less communication, but only because we are very, very busy. We'll try and update the website as we can.

## Challenging Opportunity on the Board of Health

The annual town election failed to produce an elected Board of Health member to fill a vacancy existing since July 1, 2012. The BOH continues to search for an individual to fill the vacancy. Becoming a member is a worthwhile and challenging way to be involved in community affairs. The Board of Health performs duties pertaining to the protection of public health, the control of disease, the promotion of sanitary living conditions and the protection of the environment. In Conway, areas of involvement include managing the Transfer Station, inspecting food establishments, overseeing installation and inspection of septic systems, and supervising animal safety issues.

Interested residents are invited to attend meetings on the second and fourth Monday of each month to find out more.

[boardofhealth@townofconway.com](mailto:boardofhealth@townofconway.com)

## Eating Around Town

By Kate Van Cort

This month: OESCO



Featuring  
some  
of our  
town's  
favorite  
recipes

Orchard had a retirement party that was a potluck up at Norm's house. Everyone outdid themselves with delectable dishes. This was a favorite and great for the summer!

2 cups soy sauce  
1/2 cup Mirin (good soy sauce)  
1/2 cup Saki  
1/4 green apple, shredded  
1 oz ginger sliced (or powder)  
1/4 cup water  
3 Tablespoons of white sugar  
4-5 pounds of beef ribs, boneless

Boil all ingredients together (except ribs) and reduce to 1/2. Simmer for 15 minutes on low and about another 15 minutes until reduced again in 1/2. Place ribs in large zip lock bag. Add marinade. Make sure to get out all of the air before sealing the bag. Marinate ribs for at least 2 hours, turning bag occasionally. Cook ribs on the grill until charred the way you want them. Add toasted sesame seeds just before removing from grill if desired. Best when eaten among friends! Bon Appetite!

*Please note that last month's recipe fell victim to "cut and paste."*  
*Of course the recipe was that of Ada Hitchcock McLeish.*

[kate4cats@hotmail.com](mailto:kate4cats@hotmail.com)

## Second Monday Group News

By Betty Lou Guilford

The Rada Cutlery is available by the UCC 2nd Monday group. It is more than just knives. Call BettyLou at 369-4481.

The 2nd Monday Group is in the process of mailing letters to people that are Farming for generations and to those that may have had ancestors that once farmed in Conway. Our 2014 Community Calendar will feature our Agri-

culture past and present. We need pictures and information. If you have suggestions or would like to help with this project, your input would be gratefully received.

Our goal is to celebrate our past and present, in tandem with the upcoming celebration in 2017 of Conway.

[bettyloug48@hotmail.com](mailto:bettyloug48@hotmail.com)



**PULL OUT and POST  
this handy  
Conway calendar!**

# June 2013

Something to add? Email your event,  
birthday or anniversary to *The Visitor*:  
[visitor@uccofconway.com](mailto:visitor@uccofconway.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b>  <ul style="list-style-type: none"> <li>Hilltown Spring Festival</li> </ul>
	<b>2</b> <ul style="list-style-type: none"> <li>UCC Service 9:30AM</li> <li>Conway Grammar-Youth Sunday</li> <li>Women's Serenity Grp Meeting 9am-10am</li> <li>Woman's Softball</li> </ul>	<b>3</b>  <ul style="list-style-type: none"> <li>Selectboard Meeting 7PM Town Office</li> </ul>	<b>4</b>  <ul style="list-style-type: none"> <li>Conway Quilters 9AM-Noon</li> <li>Housing Committee</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>Last Day for Voter Registration</li> <li>Council on Aging 9:30-11AM</li> <li>Farmers Market Opening</li> <li>BOH Meeting</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>Tech Connect sign-up deadline</li> <li>Garden Club 3-5PM Town Hall</li> <li>Board of Assessors 7-9PM</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>Relay for Life</li> <li>Walk in Health Clinic 9AM-Noon Town Hall</li> <li>Girl Scouts 3-5:00 PM Town Hall</li> </ul>
<b>9</b> <ul style="list-style-type: none"> <li>UCC Service 9:30 AM</li> <li>Conway Grammar</li> <li>Women's Serenity Grp Meeting 9am-10am</li> <li>Woman's Softball</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>Selectboard Meeting 7PM Town Office</li> <li>Board of Health Meeting 7-9PM</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>Garden Club Trip to Wildside Gardens</li> <li>Conway Swimming Pool Comm.</li> <li>Conservation Comm. 7:30-9 PM T.Hall</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>UCC Church Council Meeting</li> <li>Parks, Rec &amp; Trails Committee 6-8PM</li> <li>Conway Farmers Market</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>Foot Clinic</li> <li>Board of Assessors 7-9 PM Town Hall</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>Girl Scouts 3-5:00 PM Town Hall</li> </ul>	<b>15</b>  <ul style="list-style-type: none"> <li>Klaus Postler Celebration</li> </ul>
<b>16</b> Father's Day <ul style="list-style-type: none"> <li>UCC Service 9:30 AM</li> <li>Conway Grammar</li> <li>Woman's Softball</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>Selectboard Meeting 7PM Town Office</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>Conway Quilters 9AM-Noon</li> <li>Housing Committee 7:30-9 PM</li> <li>Womans Softball</li> </ul>	<b>19</b>  <ul style="list-style-type: none"> <li>Conway Farmers Market</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>Planning Board 7-9 PM Town Office</li> <li>Board of Assessors Mtg 7-9 PM Town Hall</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>Girl Scouts 3-5:00 PM Town Hall</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>Field Memorial Library "Get the Scoop on Reading" Sign- ups</li> <li>Woman's Softball</li> </ul>
<b>23</b> <ul style="list-style-type: none"> <li>UCC Service 9:30 AM</li> <li>Conway Grammar</li> <li>Woman's Softball</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>Selectboard Meeting 7PM Town Office</li> <li>Board of Health Meeting 7-9PM</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>Special Election 7AM-8PM</li> <li>Conservation Commission 7:30-9PM</li> <li>Womans Softball</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>Conway Farmers Market</li> <li>Parks &amp; Recreation Committee Meeting 6-8 PM Town Hall</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>Board of Assessors 7-9PM</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>Girl Scouts 3-5:00 PM Town Hall</li> </ul>	<b>29</b>  
<b>30</b> <ul style="list-style-type: none"> <li>UCC Service 9:30 AM</li> <li>Woman's Softball</li> <li>250th Celebration Geneology Work Group</li> </ul>	This Month's Event Highlights: <ul style="list-style-type: none"> <li>■ June 7— 8 • Relay for Life</li> <li>■ June 15 • Klaus Postler Celebration</li> <li>■ June 16 • Father's Day</li> <li>■ June 22 • Field Memorial Library "Get the Scoop on Reading" \</li> <li>■ June 25 • Special Election</li> <li>■ Wednesdays • Conway Farmers Market mens • Basketball Pick-up game</li> </ul>					