



Annual Town Meeting & Election

This years **Annual Town Meeting** will be held **Monday, May 13th, at 7:30 PM.** The Town election will follow on **Thursday, May 16th.** Both meetings will be held at the Conway Grammar School. Polls will be open from 11 a.m. until 7 p.m. in the town hall. A full list of candidates appears on **page 14**, and online at Caring Conway.

Applications for absentee ballots must be made before noon on Wed, May 15th. All absentee ballots must be received before polls close.

Swimmingly Sensational Saturday to Benefit Conway Swimming Pool

By Craig Warner

A day full of fun family events will happen in Conway to benefit the Conway Swimming Pool on **Saturday, May 11th.** Events include:

- **Huge Tag Sale:** Drop off clean, reusable items for the sale with Lee Gray on Bond St. (369-4918), Pixie Holbrook at 377 Bardwells Ferry Rd. (369-4609), or at the Common by 8AM. Contact Michelle Sanger (625-6656) for pick up-service no later than May 8.
- **Silent Auction!** : Items include Red Sox tickets, a 17' Daysailer, a Sea Eagle inflatable raft, jewelry, original art by Conway artisans, gift certificates from local businesses, and much more!! To donate or help, contact Denise Dwelley (387-9296).
- **9 AM — Bake Sale!** : There will be an ongoing bake sale all day. Please contact Risa Sudolsky (369-4781) if you have baked goods to donate or can lend a hand.

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☛ *continued on pg. 9*

■ **FOH: Children & Chow**
 ■ **Pre-Town Meeting Potluck**

■ **Relay For Life**
 ■ **Swimming Pool Update**

Please send ads, notices, articles and correspondence to the
NEW email address for *The Visitor*: visitor@uccofconway.com

From the Pastor's Pen

Dear Friends,

Contemporary hard times have elicited the telling of stories about other times when, "Things were lots worse 'round here than they are now." The Great Depression is part of most families' oral histories. A phrase that often comes up in relating those experiences is, "We never knew we were poor."

We have heard stories of kids sleeping three and four to a bed during the winter to keep warm, because there wasn't enough firewood to burn in the stove through the night, then waking up to find ice on the inside of the window panes. Truck gardening, home canning, small game and deer hunting, keeping chickens, cows, and pigs, and baking from scratch helped lots of families get by. Worn-out clothes were saved to make quilt squares. Neighbors kept track of neighbors. "Use it up, wear it out, make it do, or do without" was an adage to live by.

The church was the extension of families and neighbors. Everybody worked; everybody helped. When hard cash was needed to meet expenses or to pay for missions, creative fund-raising included public dinners, bake sales, auctions, and bazaars. "We tried to do what Jesus would want us to do. Nobody ever went hungry, and we never knew we were 'doing without,'" was the way one of our now-departed saints described the way things worked. Folks just did what needed to be done, and in that approach to ministry,

everyone was valued, everyone was cared for, and no one knew they were poor. Not a bad way to be.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Whether we speak of the rich or the poor, Jesus calls all of us to open ourselves, to empty ourselves, to free ourselves from whatever possessions or attitudes or identities may encumber us, in order that we might be open and empty to welcome God. How happy are those who give up their trust in themselves and learn to trust God! If we allow ourselves to be remade by God, our attitudes, which often value distinctions between rich and poor, "haves" and "have-nots," might soften.¹

During the summer months, let us take the courageous step to try something new. Let us put our neighborly foot forward and make a change for the better in our community. We can, indeed, become agents of God's love and justice, if only we will get up, go ahead, move beyond ourselves, and rejoice in God who makes all of this possible.

Journeying together,

Rev. Candi Ashenden

Rev. Dr. Candice M. Ashenden

¹ Nancy E. Topolewski

P.S. And please remember that if you ever wish to have company on your faith journey, or just need a place to come and visit, the doors of the United Congregational Church, and my door, are always open to you.

Church Clips

You're invited to join us for worship Sundays at 9:30 AM at the Conway Grammar School. Everyone is welcome!

† **If you need to reach the church,** messages may be left with Rev. Ashenden at 978-544-2801.

† **Rev. Dr. Candice Ashenden** holds office hours Mondays from 9:30AM - 12 PM and will be available in Conway on Mon. afternoons for visitation, appointments, counseling, meetings, etc. She is always available at other times, by appointment (or in an emergency). She welcomes calls at home at any time: **49 Charles St. Orange, MA 01364**, or call 978-544-2801, or email her at revcandi@gmail.com.

† **UCC of Conway mailing address** is: **P.O. Box 214, Conway, MA 01341.**

MISSION STATEMENT

The United Congregational Church of Conway is a welcoming Christian community bringing generations together to celebrate God's presence and learn to grow in our faith. We humbly strive to offer hope, encouragement and love to each other, the Conway community, and the world through our actions and with our resources.

UCC at Boston Pride

On **Saturday, June 8th**, members and friends of the United Congregational Church will be walking in the Boston Pride Parade celebrating the relationships of gay, lesbian, bisexual and transgender people and all others. If you'd like to join us, please contact Rev. Candi at 978-544-2801, who will coordinate transportation there and back.

All are welcome!

Relay for Life Food Sale

The Mission of Hope - Relay for Life team is having a Food Sale on **Sat. May 11th from 8 AM to 12PM**, in the center of Conway. There will be coffee and wonderful food and desserts, including Lorraine's famous Baked Beans, Jan's Cinnamon Rolls, Lois's cakes and, of course, delicious homemade bread from Michele.

If there's something you really like, call BettyLou at 369-4481. Our team members are Marcus, Tristan and Trace McLaurin, Michael Tillyer, Susan Foley, Lorraine Boyden, Paige Moriarty, Caitlin Burnett and BettyLou Guilford.

Camperships Available

The UCC has a small amount of assistance for Conway youth attending summer camps. The Campership Fund is in memory of Rev. George Foster Camp, who served as pastor at the Conway church from 1939 until 1956. Please send letters of application to: **UCC Church Council, ATTN: Camperships, P.O. Box 214, Conway, MA 01341.**



Gardener's Corner

By Liz Pichette

You have probably been scratching around in your gardens for weeks, satisfying the itch to get your hands back in the earth. Although we'd prefer to be outside, there may be some unfinished tasks to tend to inside your home.

The houseplants that cheered you through the cooler months may need a spring spruce-up. Unlike plants outside that can reach their roots far and wide in search of sustenance, houseplants are bound to a small pot, depleting the soil within a year or so. Spring is an excellent time to re-pot and divide those that have filled their pots.

Pick a warm day and, for easier clean up, take the messy job out onto the lawn. Spread newspapers to catch the majority of the soil and debris, making clean up even easier. Different plants require different approaches. Some plants may simply need to move up to the next size larger pot, such as single trunk or smaller plants. Divide thickly clumped larger plants to create more plants for your home, or give the extras to friends.

Start by thoroughly watering your plant and let it stand for about an hour. This will help it weather the "trauma" better and make it easier to slide out of the pot. If terribly pot-bound, you may have to cut the pot off the root ball. I have had plants that, as their roots grew outward, split their pot. Anyone who has seen a grown tree split a boulder knows the strength that plants possess!

Clumping and rhizomic roots are easy to divide using a sharp knife to cut into sections. For example, a 10" root ball can be cut into three or four pieces with each going into new 10" pots. Use a good quality, well-draining commercial potting mix or make your own using 1/3 each of compost, sterilized garden soil and coarse sand. Center the stem or clump an inch from the top of the pot and fill with soil to the same level it was growing originally, gently tamping around roots. Water thoroughly. Keep out of direct light for a few days while it establishes itself and hold off on fertilizer for a month.

With a few hours spent re-potting your houseplants, you will be rewarded with healthier, lush growth and vigorous flowering!

bricch@verizon.net

Garden Club Notes

The aims of the Conway Garden Club are to stimulate interest in gardening and related skills, to enhance the natural beauty of our area, and to educate and promote environmental improvement.

Sat., May 11th, 9-11 AM:
Don't miss the annual plant sale!

Thurs., June 13th, 6 PM:
The club's annual meeting & potluck. Business will include the election of officers and collection of dues. Members are urged to attend.

For questions contact **Pat Lynch** at 369-4284 or email patricialynch@earthlink.net.

Garden Club Plant Sale

On **Saturday, May 11**, the Garden Club will hold its annual plant sale, a long-standing tradition of the club, on the Town Hall lawn from **9 to 11AM**. Modestly priced selections of many kinds of plants from members' gardens will be available.

The annual plant sale is the only fundraiser the Garden Club holds. Did you know that the Garden Club has donated \$2,000 to the swimming pool fund? Proceeds from the plant sale benefit causes such as this and the club's various projects around town. Take advantage of this opportunity to add tried-and-true specimens to your own garden while contributing toward the club's community endeavors.

Retreat at Tsegyalgar East

Students of the worldwide Dzogchen Community will convene in Conway from **Friday, June 7th through Wed., June 12th** for a retreat with their teacher, Tibetan Buddhist Master Chögyal Namkhai Norbu. The retreat will be at Tsegyalgar East, (the old Conway Grammar School) at **18 Schoolhouse Road**. Tsegyalgar is the North American seat of Namkhai Norbu Rinpoche, who travels the world offering Dzogchen teachings and has returned to Conway many times since first arriving in 1982.

Retreatants now seek housing near Tsegyalgar. If you'd open your home for one or more guests, check the Retreat Accommodations section at www.tsegyalgar.org to see other private housing options and the range of rates neighbors charge.

The hilltowns have a long history of providing refuge for weary travelers. We're happy and grateful that the tradition continues today. For more information, call 413-687-5623 or email: secretary@tsegyalgar.org.

Second Monday News

The Second Monday Group, with the help of our community put together 11 Baby Layettes and 15 Health Kits for Church World Service.

When disasters such as Hurricane Sandy hit, Church World Service is there, providing water, clean-up buckets, and Baby & Health Kits.

Thank you to all who helped us this year!

May 2013 Senior Calendar

Free Monthly Health

Clinic: Public Health Nurse Lisa White, RN, BSN serves the Town of Conway on the first Friday of each month in Town Hall from 9AM to noon. Contact Ms. White at 413-774-3167 ext. 106.

Council on Aging (COA):

Meetings held on the first Wednesday of the month, at 9:30 a.m. at Town Hall. The COA receives grants from the state Executive Office of Elder Affairs and an annual appropriation from the town. Contact Patricia Lynch, COA chair, at 369-4284 with questions.

Senior Shuttle Bus:

The Senior shuttle runs to Greenfield in May on **Thursday the 2nd** and **Thursday the 16th**. Reservations must be made by 4:00 p.m. on the Tuesday before. Call **Heidi** at **FRTA**, @ 774-2262 ext. 103 to reserve a space.

Exercise Classes: Exercise classes are held at Town Hall on **Wednesdays at 1:45 to 2:30 PM** and will continue until May. These classes, which include weight training, help maintain flexibility, increase endurance, and build muscle strength. For more info, call Pat Lynch at 369-4284 or Peg Tiley at 369-4010.

Foot Screenings: Bimonthly screenings are held at Town Hall by appointment only. For an appointment, call Peg Tiley at 369-4010.

Walking Group: Call Phylis Dacey at 369-4326 for more information.



"If you find mistakes in this publication, consider that they are there for a purpose. We try to print something for everyone, and some people are always looking for mistakes."—from a weekly paper in Clermont, FL.

Remembering Shut-Ins

Spring is finally here, and that's a perfect time to bring some color into the life of a shut-in by delivering a small handful of flowers, or sending a card. We hope you will continue to take time from your busy schedule to remember those who cannot get out with a letter or a visit. Your thoughtfulness and time can bring some much needed cheer.

Edith Chase at Buckley Health Care, 95 Laurel St, Greenfield, MA 01301.

Florence Hassell at Vernon Advent Christian Home, 61 Greenway Dr., Rm. 118, Vernon, VT 05354-9474.

Elise Landstrom at 447 Kendal Dr., Kennet Square, PA 19348.

If you know of others who should be included, please email their info to The Visitor at visitor@uccofconway.com, or call and leave the information at 978-544-2801.

Shelburne Senior Center Offers Services

If you are over age 60, the Shelburne Falls Senior Center offers many services.

Each Wednesday morning there is a van that can pick you up in Conway to take you to Shelburne Falls for shopping. Call **Jackie Stanford** at 625-2502, 24 hours ahead to request the pickup. Logistics may need to be worked out, but Jackie will know what to do. The charge is \$3/round trip.

On Mondays, Tuesdays, and Thursdays the Shelburne Falls Senior Center is the site for lunch delivered by Franklin County Home Care. You need only be at least 60, and a \$2 donation is requested. Menus are posted monthly on the FCHC website, www.fchcc.org/menus/menu.htm, and in the Recorder on Fridays, so you can choose days with a meals that suit your preference. Reservations must be made one day in advance by 11 a.m. Currently there is no transportation provided, but a carpool might be arranged.

Meals on Wheels Walk at Franklin County Tech

On **May 4th**, BettyLou Guilford will be walking (representing the U.C.C. of Conway) to benefit "Meals on Wheels." If you would like to join, please call 369-4481. The walk will take place at the Franklin County Technical School starting at **8AM**. 13 laps around the track equals 3 miles.

What's the Story Morning Glory?

By Deb Hoyle

UNBOUND

Forgiveness arrived wrapped in a shawl, the rest forgotten

The only holding given by a texture barely weighted

Did the spring breeze leave it here after

Honoring our request for an armor removing gust?

A quick pull--clink clank--the breastplate careened toward the woods

Hitting a tree and splintering into a thousand icy metal shards

Then the air inside us grew gentler, pinker, greener, and warm

And all around a softness wound as never before felt

Golden, swirling, and full of new songs

Feet now forgotten, tucked under in soaring flight

A feather, the corner of my blanket settling upon my sleepy chin

No more need to crash and break, arms flailing with sorrow

The only holding given by a texture barely weighted

Remains with us as before and we shimmer inside

Like a bicyclist winged with shirttails behind

Shadows grow smaller at dawn and there we are

Remembering what we never really wanted

Strides growing longer, noses sharp, fur shiny and ruffling

Downy undercoat seen with the play of zephyrs

greenlady33@comcast.net

This is a column of original writing about life in the hills.

Caring Conway in Need of Funding

Caring Conway is Conway's free direct portal to online events and resources. Caring Conway may be changing its web address from caringconway.ning.com to simply caringconway.com. This cost-saving effort will maintain the site's closed-network status. Even so, the survival of the site remains in the hands of the (currently) 189 members.

The site is supported only through donations. If you value this resource, please help it continue by giving what you can. Donations can be sent to: **Caring Conway, 348 S. Shirkshire Rd. Conway, MA**, (please make checks payable to Caring Conway) or online through [Paypal](https://www.paypal.com) to caringconway@gmail.com. And thanks for being a part.

caringconway@gmail.com

Relay for Life Returns

Many Conway Residents will be at the Franklin County Fairgrounds in Greenfield for the American Cancer Society's Relay for Life on **June 7th to 8th**. This overnight event celebrates survivorship and raises funds to help the American Cancer Society save lives, help those touched by cancer, and empower individuals to fight back. During the event, members of each team take turns walking or running laps on the track. Each team keeps at least one member on the track at all times.

When the sun goes down on Friday night, hundreds of luminaria light the area. The Luminaria Ceremony takes place after dark, so we can remember people we have lost to cancer, honor people who have fought cancer in the past, and support those whose fight continues. Plan to stop or drive by the fairgrounds to witness this extraordinary display. It's a beautiful, supportive and inspiring event.

If you'd like to sponsor a luminaria as part of this display, please contact any member of any Relay for Life team, or Betty Lou Guilford of the Mission of Hope team at 369-4481. Your support means everything!

www.cancer.org/relay

Preparing for the Emerald Ash Borer

Come to the Prepare for Emerald Ash Borer Workshop on **Wed., May 8th, 5 to 8 PM** at the Buckland-Shelburne Community Center. Hosted by MA DCR Service Forestry and sponsored by the MA Tree Farm; professionals from the USDA Forest Service, the USDA APHIS and the MA DCR will give the most current information on this exotic invasive insect pest. Pre-register at <http://goo.gl/KODlb> (Google Docs) or call **Alison Wright-Hunter** at 413-545-5751 and leave your name and phone number.

Swimmingly Sensational Saturday! *(cont'd from cover)*

Activities will also include the **Jam for the Dam: A Fabulous Concert to Raise Money to Shore up the Dam for the Conway Pool!** Tickets are available at the door, at a suggested price of \$5-\$10 for kids and \$10-\$20 for adults. **The Jam for the Dam** will be in 2 parts:

- **3 PM — Kid's Concert.** Mister G, Belle Amie and Conway Grammar School Singers
- **7 PM — Adult Concert.** Abe Loomis, Janet Ryan and the Nields — Plus special guests.

An impressive and varied collection of artists from Conway and surrounding towns is available on a special Benefit CD, available at the show. For information, contact **Gisele Litalien** (369-4778).

We need volunteers! To help, please contact one of the planners above or at conwayswimmingpool@gmail.com!

craigwarner@gmail.com

Children & Chow

By Michele Harris

Are you new to town? Maybe you have heard of the Festival of the Hills and you are thinking of going. You know it's a pretty small town, and you wonder if there will be anything for the kids to do... Enter Sheila Harrington, your local banker and official children's tent organizer! When it comes to face painting, pumpkin painting, bean bag tosses, faux-fishing and prizes galore, she's our girl. Sheila has been with us for a few years now and when it came time to find someone to run this daunting task, she didn't even bat an eye (while the rest held our breath). Sheila has an amazing spirit, an admirable drive to be helpful and involves her whole family in this event. If you have ideas to share with Sheila or would like to help out, stop in to the bank or contact her at SHarrington@greenfieldsavings.com

Itchy, scratchy and dusty! Marcus McLaurin is our hay maze builder-runner-organizer extraordinaire! For a few years now Marcus and his family take 80-100 bales of hay and transform it into a maze for the kids to run around in, through and over. It is inexpensive and good old fashioned fun. It's like the cardboard box principal; buy a child a gift and they end up playing with the box. Keep in mind, Marcus's area is NOT under cover...if it is a rainy day, he shows up in the morning to start/finish this project before 10am!

Have you ever moved 80-100 bales of hay? It's a big job and we appreciate him for it! Marcus is also now running The Visitor and will help us keep the FOH on your coffee tables and commode backs for the next few months! I'd also like to take the opportunity to tip my hat to the Conway PTO who have been doing the hill slide for two years now. The kids LOVE it and the FOH appreciates their participation! Contact: marc@ideamechanix.com

As soon as you enter the center of town, you can smell...FOOD! Brenda Lilly has been in charge of the Festival of the Hills food area FOREVER! She brings in a great variety of vendors that have something for everyone. On top of running this area, Brenda and her husband are also vendors, bringing in Lo Mein, Peanut Noodles and other Asian inspired yummys! Brenda probably has the most 'precarious' area, in that it and the power supply are in the one area most likely to turn to 'soup' (ha ha) if we have a wet year. Brenda...yet another one of my compadres that is not easily frazzled and shows up with a smile! Do you have a vendor (must like people) suggestion? Contact: lillyhill@rcn.com.

mdzialo114@yahoo.com



Eating Around Town

By Kate Van Cort

This month: Mrs. Ada Hitchcock



Featuring some of our town's favorite recipes

The MacLeish Family brought many forms of art to Conway; Mrs a concert singer and Mr a poet & Librarian of Congress. Gatherings at their farm must have been exciting!

MacLeish Family Corn Fritters

1 dozen ears of corn. Beat 4 egg yolks in one bowl and beat whites in another until stiff. Roll 4-6 Royal lunch crackers to crumbs. 1 T melted butter; 1/2 tsp salt and a sprinkle of pepper.

Mix corn and corn juice, egg yolks, crackers, butter, salt & pepper. Fold in egg whites mixture and fry in butter. Drop by spoonfuls and fry only until brown on each side.

Bon Appetite!

Please send your recipe to the email below. We're building a 250th book of recipes from the hills of Conway, and appreciate your participation!

kate4cats@hotmail.com

PTO News

The Conway PTO is hosting a spectacular Spaghetti Dinner for the whole community at Conway Grammar School on **Friday, May, 3rd**. Serving will start at 5 PM and continue until 7 PM. Tickets will cost \$8 per adult and \$4 per kid. This dinner will include raffles to benefit both the PTO and the 6th grade class.

The cookbook committee is still taking recipes and would love to add your favorite to the cookbook. E-mail them to CGS.pto@gmail.com, or mail them attn: **PTO, Conway Grammar School, 24 Fournier Road, Conway, MA 01341**, or drop them off at the school.

Save those Box Tops For Education. Each box top earns the school money!

Prevent Tick-borne Disease

Tick-borne disease is a serious health hazard that can be prevented. Lyme is a public health crisis that's epidemic in many areas. While ticks bite at any time of year, the warmer temps of spring bring an increase in tick activity. Some tips for a safe season:

- **Avoid brushy wooded areas**, stay on the path when hiking.
- **Use DEET** insect repellent on exposed skin or use **permethrin** tick repellent on shoes, socks, shorts/pants, and shirt **before** you go out.
- **Check daily for ticks!** Look for "freckles"-ticks can be very small!
- **Remove ticks safely:** grab with pointed tweezers very close to skin, near or on the head, and pull straight out. Wash skin after removal.
- **If you are bitten by a tick**, notify your health care provider to determine if treatment is needed. Generally, it takes more than 24 hours of attachment for disease transmission to occur.

**PULL OUT and POST
this handy
Conway calendar!**

May 2013

**Something to add? Email your event,
birthday or anniversary to *The Visitor*:
visitor@uccofconway.com**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 • Senior Exercise Class 1:30-2:30PM Town Hall • Council on Aging 9:30-11AM	2 • COA Foot Clinic • Planning Board 7-9 PM Town Office • Board of Assessors Mtg 7-9 PM Town Hall	3 • Fireman's Aux. Scholarship Deadline • Walk in Health Clinic 9AM-Noon Town Hall • Girl Scouts 3-5:00 PM Town Hall	4 • Meals on Wheels Walk
5 • UCC Service 9:30AM Conway Grammar • Women's Serenity Grp Meeting 9am-10am	6 • Pre-Town Meeting Dessert Potluck • Selectboard Meeting 7PM Town Office	7 • Conway Quilters 9AM-Noon • Housing Committee	8 • Emerald Ash Borer Workshop • Parks, Rec & Trails Committee 6-8PM • Senior Exercise Class 1:30-2:30PM Town Hall • Board of Health Meeting	9 • Garden Club 3-5PM Town Hall • Board of Assessors 7-9PM • Frontier Telethon	10 • Girl Scouts 3-5:00 PM Town Hall	11 Mothers Day • Relay for Life Food Sale • Swimmigly Sensational Benefit • Garden Club Plant Sale • Spring Dig Sale
12 • UCC Service 9:30 AM Conway Grammar • Women's Serenity Grp Meeting 9am-10am • Spring Dig Sale	13 Town Meeting- Conway Grammar School	14 • Conway Swimming Pool Comm. • Conservation Comm. 7:30-9 PM T.Hall • Conway Quilters 9AM-Noon	15 • UCC Church Council Meeting • Senior Exercise Class 1:30-2:30PM Town Hall	16 Town Election • Girl Scout Leader Meeting 6:00PM • Board of Assessors 7-9 PM Town Hall • Planning Board 7-9 PM Town Office	17 • Girl Scouts 3-5:00 PM Town Hall • Girl Scout Camp Out 5pm Fri - 10am Sat	18 Bulky Waste Collection • Girl Scout Camp Out 5pm Fri - 10am Sat
19 • UCC Service 9:30 AM Conway Grammar • Women's Serenity Grp Meeting 9am-10am	20 • Selectboard Meeting 7PM Town Office	21 • Conway Quilters 9AM-Noon • Housing Committee 7:30-9 PM	22 • Senior Exercise Class 1:30-2:30PM Town Hall • Parks & Recreation Committee Meeting 6-8 PM Town Hall	23 Germain Scholarship Deadline • Board of Assessors Mtg 7-9 PM Town Hall • Senior Luncheon 11am - 2pm	24 • Girl Scouts 3-5:00 PM Town Hall	25
26 • UCC Service 9:30 AM • Women's Serenity Grp Meeting 9am-10am • 250th Celebration Genealogy Workshop	27 • Selectboard Meeting 7PM Town Office • Board of Health Meeting 7PM Town Hall	28 • Conway Swimming Pool Committee • Conservation Commission 7:30-9PM	29	30	31	

This Month's Event Highlights:

- Walk-In Health Clinic - April 5th
- Meals on Wheels Walk - Franklin County Tech School
- May 4th
- Emerald Ash Borer Workshop - May 8th

- Mothers Day - May 11
- Relay For Life Food Sale- Town Center - May 11
- Swimmigly Sensational Saturday Benefit- Town Center
- May 11th

- Garden Club Plant Sale- Town Center - May 11
- Town Meeting-Conway Grammar School - May 13th
- Town Election - Town Hall - May 16th
- Bulky Waste Collection- May 18th

Pre-Town Meeting Potluck

Conway residents are invited to come to a pre-Town Meeting dessert potluck and discussion on **Monday, May 6th from 7-8:30 PM** at Conway Grammar School. Please bring a dessert to share that can be served on a napkin, serving utensils (if needed), and your own reusable cup/mug/spoon. Beverages will be provided.

Residents with information about particular warrant articles are encouraged to bring handouts.

For more info, contact Ruth Parnall at parnell@crocker.com, 489-3096, or Jim Recore at jrecore@facil.umass.edu, 768-9939.

Bulky Waste Collection

The Franklin County Solid Waste District is holding a "Clean Sweep" bulky waste collection on **Saturday, May 18th from 9 AM to 12 Noon**. The three drop-off sites are: the **Buckland Recreation Facility** on Rt. 112 South, the **Northfield Highway Garage**, and **Whately Transfer Station**.

Residents may bring difficult to get rid of items such as tires, appliances, scrap metal, furniture, mattresses, carpeting, construction debris, computers, televisions, propane gas tanks, and other large items. Materials will be recycled whenever possible.

You do not need to pre-register for the collection, however there are charges for disposal. Cash only disposal fees will be collected from residents at each site. Businesses may participate. A complete list of prices is available at participating town halls, town transfer stations, the District office at **50 Miles St in Greenfield**, and online at: www.franklincountywaste-district.org/cleansweep.html

Candidates Appearing on Town Ballot, with Terms

- 1 Selectman for 3 yrs** – Jim D. Moore
Elizabeth J. Braccia
- 1 Assessor for 3 yrs** – Natalie H. Whitcomb
- 1 Board of Health member, 3 yrs** –
Carl W. Nelke
- 1 Board of Health member, 1 yr** –
(no candidate)
- 1 Local School Committee, 3 yrs**–
Elaine F. Campbell
- 1 FRS District Committee, 3 yrs** –
Cynthia J. Ouimette
- 1 Planning Board member, 3 yr** –
David I. Chichester
Heidi S. Flanders
- 1 Town Clerk 3 yrs** – Virginia A. Knowlton
- 1 Tree Warden, 1 yr**– Collin J. Burt
- 1 Moderator, 1 yr**–J. Nicholas Filler
- 3 Constables, 1 yr**– Brian R. Blakeslee
Ronald D. Hawkes
James R. Recore

Flag Fund Continues

The Flag Fund bears the expense of the flags you see gracing Main and River Streets in Conway each year. Private donations are the main source of revenue for this fund, which is used to purchase new flags and accessories for the display. A complete set-up costs about \$30.

Donations may be made to the **Town of Conway**, c/o the **Town Treasurer, P.O. Box 240, Conway, MA**, and designated for the Flag Fund.

Dog Licenses Due

Dog owners take note: State Law requires dogs to be licensed yearly. **If you have not gotten a license for 2013, your pet's license is expired.** After **July 1st**, owners are subject to a \$10.00 fine in addition to the regular licensing fee for each unregistered dog. Licenses are available from the Town Clerk on Tuesday, Thursday, and Friday mornings between 9AM and noon. You may also purchase licenses by mail at *Dog License, P.O. Box 240, Conway*. Please include SASE with 66¢ postage.

Make checks payable to the **Town of Conway** – Males and Spayed Females are \$3.00 each; Females are \$6.00 each. Requests must provide: owner's name and address, dog's name, age, breed color and gender and a **current rabies certificate**.

Special Election Set

Tuesday, June 25th is set for a special State Senatorial Election. Voters must be registered before 8:00 p.m. on Wed. June 5th. The Board of Registrars will hold hours from 12:00 noon until 8:00 p.m. in the Town Offices.

Polls for the Special Election will be open at the Town Hall from **7AM to 8PM**. Applications for absentee ballots must be filed before noon on the last business day before the election. Absentee ballots must be received prior to the 8PM closing of the polls.

First Friday Health Clinic

Lisa White, RN, BSN and Town Nurse will offer regular 1st Friday walk-in clinic hours from 9 AM to noon at the Conway Town Hall. The next session will be **Friday, May 3rd**.

Keeping Conway Safer

By Ken Ouimette

The Conway Police Department advises residents to lock their homes and vehicles day and night, even when left in their own driveways.

Thieves target jewelry, electronic equipment, GPS devices, laptops and cell phones as well as handbags and wallets. Please don't let yourself become a victim.

Anyone with related information should call 625-8200 or 369-4235 ext. 7.



Only in Conway?



Out-of-town visitors who stop into the Field Memorial Library for the first time often express their wonder, somewhere on a scale from “awesome” to “wow.” Today’s media-savvy public can be hard to impress, but no film or other imagery conveys the actual experience of this miniature masterpiece, whose architectural lineage goes back to H. H. Richardson and others who had studied in the *École des Beaux Arts* in Paris, and set the standard for monumental building in this country. The intricate mosaic floor, the marble pillars that draw the eye upward to the great domed ceiling are meant to inspire us, and they succeed.

Marshall Field, who gave the library to Conway, knew well the influence of beautiful spaces and neoclassical elegance. His lavish department store in Chicago, Marshall Field and Company, was the largest in the world, and visitors from around the world came to bask in its ambiance of luxury and refinement, to enjoy a meal in the famous Walnut Room, to see the elaborate holiday displays and of course, to shop. (The library has a short book with good photos of the store.) How a Conway farm boy became the merchant prince of luxury goods would take too long to tell here, but two clues are his work habits, learned from his parents, and a kind of genius for retailing, summed up in the mantra, “Give the lady what she wants” (the title of a lively history of his retail empire, also available in the library).

Chicagoans as well as Conway residents are sometimes surprised to learn that the Field Memorial Library is the work of the Marshall Field, and few know of the building’s place in

architectural history. A recent visitor, though, claimed *Déjà vu*. She swore she’d seen a library that looked just like it, in Alstead, New Hampshire. Sure enough, photos on the town’s website show a neoclassical stone library similar in form and dimensions to Conway’s Field Library. The Shedd-Porter Library was given to Alstead in 1914 by John G. Shedd and his wife, Mary Roenna Porter.

Shedd was Marshall Field’s closest partner, and chairman of the board after Field died. Like the great merchandiser, whom he much admired, John Shedd had been born on a farm in a small New England town, where he retired after his successful career in Chicago. The memorial library he built in Alstead, while not an exact replica, strongly resembles the Field Memorial Library.

Isn’t imitation supposed to be the most sincere form of flattery?

Friends of the Library

The Friends of the Field Memorial Library would like to thank all who came to the reception for Steve Thibault on April 3. The reception was a great success and it was good to see Steve in such excellent health and spirits surrounded by friends and family. The Friends would also like to thank Dave Barton for the special presentation of the librarian’s scrapbooks. These scrapbooks have been kept by Conway’s librarians since the opening of Field Memorial Library and made a great addition to the success of the evening. Thanks again to all who attended, and we hope to see you again at future events at your library.

Friends of the Library

Thelma French Egg Hunt

By Janet McLaurin

1:00 sharp! Don’t be late!

Saturday 12:45, the day before Easter, I sat above the snow covered Town Field where over 300 eggs were hidden. Where were the kids? Then all of a sudden, they started arriving.

When my kids were little, we were really newcomers to Conway and someone invited us to Thelma French’s house for an old fashioned egg hunt. She gathered neighborhood children in her farmhouse kitchen where they hand dyed eggs. She fed them egg salad sandwiches, and had the older kids go outside to hide eggs for the younger kids.

This year, I watched older siblings help younger ones find eggs. One boy reported to me that he had found many more eggs, but he kept giving them away to kids who hadn’t found any or many.

Thanks to the United Congregational Church of Conway for all the colored eggs and the chocolate. But, most of all, thanks to all the Conway kids who colored the white field with their joyful activity and noise. Sometimes it is a great gift to live in Conway! Please remember **all** are invited, next year.

guppiesmom@aol.com

Conway Snowmobilers Thank Landowners

The Conway Snowmobile Club members extend their heartfelt thanks to all the landowners to opened their property to snowmobiling this winter. Despite the late start, the winter provided sufficient cold and snow for decent snowmobiling throughout Western Massachusetts. We were able to put on our Pancake Breakfast, along with the food booth at the Festival of the Hills. Thanks to all who helped with their presence or donations.

To ‘give back’, the Conway Snowmobile Club has made

donations to local organizations, including the Festival of The Hills Scholarship Fund, the Conway Firemen’s Association, the American Cancer Society Relay for Life, and the Visitor newsletter.

Trail recreationists are reminded that snowmobile trails are now closed. The Conway Snowmobile Club obtains permission for snowmobile use only. All other uses are prohibited, unless permission is given by the landowner. Have a nice summer!

www.sledconway.com

SCHOLARSHIPS

Germain Scholarship

The Mark and Mildred Boice Germain Fund provides a college scholarship for residents of Conway of not less than two years, prior to application. Scholarships are limited to the cost of tuition and textbooks, with a maximum annual award of \$2,500. Both undergraduate and graduate students are eligible and must re-apply each year. Applications are available from school guidance offices and the Conway Town Office and town website. Deadline for completed applications is **May 22, 2013**.

EXCHANGES

Have a job that needs to be done? Looking for jobs to do? Something to sell? For a small donation we will run your ad in EXCHANGES.

Mail copy and payments to **The Visitor at P.O. Box 214, Conway, MA**, or e-mail copy to visitor@uccofconway.com with subject noted as VISITOR EXCHANGE. The deadline for receipt is the 20th.

EXPERIENCED HANDYMAN:

Repairs and small renovations, custom woodworking, drywall and plaster repair, other services available, small jobs a specialty, John Pelletier, handyman and woodworker. Hic. Reg. 153453 Phone: 369-4064 - ask for John. Email: spell938@earthlink.net

DOG WALKER AND PET SITTER

available. Experienced. **Boarding** also available in home with fenced patio. Please call Doreen at 369-0219.

GUILFORD ROTARY MOWING AND TRACTOR WORK 369-4481 or 369-4762.

SHELBURNE FALLS BOWLING

ALLEY Weekend Open Bowling Hours Fri: 2-Midnight; Sat: 12-Midnight; Sun: 12-8 p.m. **Afternoon Bowling Special!** \$2.50 per string Mon-Fri 2-6PM Full Bar. Call or go online for party details. 625-6179. **Shelburne Falls Bowling Alley, Candlepin Bowling Since 1906!**

"Never, never, never, never give up."
—Winston Churchill

We request a donation of \$20/ad for one month, \$30/ad for 6 months, or \$50/ad for 12 months. All new **Exchanges are limited to 100 words, but full and half-page exchanges may now be run in the Visitor.** Advance notice and approval is required, and subject to available space. Ads for give-aways, lost and found items, and non-commercial remain **free**.

CONWAY IS NOW HOME to its very own candle company: **Candle in the Window.** We sell highly scented candles jar candles with beautifully hand designed labels. We also carry room sprays, bath scrubs and foams, soap, bath fizzies and solid perfumes, as well as selection of wreaths and painted decorative items. Located at 161 Fields Hill and open every weekend 10:00 a.m.-4:00 p.m. **Visit us for a unique shopping experience.**

DAYCARE OPENINGS. I will have a few openings coming up in the fall for infants and toddlers. Meals and snacks included in the daily fee. Lots of fun and activities for all ages, fenced in outside play area and a large daycare room. Call Jennifer Romanovicz for an interview at 625-2007

BEAR RIVER LANDSCAPING now accepting new accounts for weekly lawn mowing and brush hogging. Don't waste your weekends mowing your lawn, let Bear River Landscaping take care of it so you can relax and spend quality time with your family. Quality work at a fair price. Call Tom at 625-2007 for your **free estimate.**

THE CONWAY INN offers pizza on Friday, Saturday and Sunday, including take-outs. Now with free WiFi. Call 369-4428.

SPRING!?? We are ready with all the tools you'll need to create magic in your gardens. Pruners, shears, loppers, trowels, a myriad of folding saws, gloves, hearing protection, including one with AM/FM radio and audio input Jack. Rakes and shovels, hoes, brooms and pitchforks. Grafting tools and sealer and books to show you how. And if Winter hangs around, we've got you covered there, too. Celebrating 59 years! OESCO, Rte 116, Conway, M-F, 7-5; Sat, 7 -noon; 369-4335.

PAGES COFFEE BAR & USED

BOOK STORE, 98 Main Street, Conway. Phone: 369-6055. Closed Monday and Tuesday. Open Wednesday thru Friday from 6:30am to 2:30pm., Saturday 8:30am to 4pm, Sunday 8:30am to 3pm. Locally roasted, organic, fair trade coffee beans, espresso, cappuccino, lattes, organic hot cocoa, 100% crushed fruit smoothies, lemonade, iced tea, frappes, frozen hot chocolate, pastries and Chris' famous scones on weekends. Now selling antiques and vintage items in the bookstore, too! Free WiFi. Indoor/outdoor seating.

CARPENTRY: 30 YEARS

EXPERIENCE Fully licensed, insured and lead certified. Replacement windows/doors, repairs and renovations. Contact Frank Kuzdeba at: fkuzdeba@comcast.net. Call 369-4223 or 413-222-3300.

LASALLE FLORISTS, INC.: Spring is here at LaSalle Florists in Whately. Fresh freesia, snapdragons, stock and other flowers are coming from our greenhouses, along with pansies and other bedding plants. Visitors always welcome. April flowers bring May flowers and we'll have plenty of beautiful flowers for Mother's Day and spring planting. Daily deliveries to Conway, Greenfield, Amherst, Northampton and Easthampton areas. Family owned and operated since 1934. LaSalle Florists, Inc. Rte 5, Whately 413-665-2653. www.lasalleflorists.com and on Facebook.

NEED TIME TO RECONNECT WITH YOURSELF? Join us at "Finding Ways to Refill the Well"—A Day of Renewal and Spring Retreat for Women! Offered by Deb Hoyle of Conway Healing Arts on Saturday, May 18th from 10-4:30. Cost is \$115 or sign up with a friend by May 12th for \$95 each! Location: The comfortable, central meeting parlor at Deerfield Business Center, 110 No. Hillside Avenue. At the end of the day we'll re-enter our busy lives with practical techniques, new perspectives, and a renewed sense of well being! To sign up or find out more about what we'll be doing call Deb at 413-325-5579.

GRAND OPENING / OPEN HOUSE

in Mid-May for new Yoga Studio in S. Deerfield **PURE YOGA-WELLNESS STUDIO & PURE BEAUTY STUDIO** at 10 Elm Street, S. Deerfield **DATE FOR OPEN HOUSE TO BE ANNOUNCED**, for more information, contact: Jody Fontaine, director of Yoga studio at (413) 824-9435 or Kelli Richardson, owner of Hair salon at (617) 999-6998.

LIFETREE THERAPUTIC MASSAGE.

Deborah Donaldson is an experienced, nationally certified massage therapist in practice since 1994 specializing in Myofascial Release, chronic pain management and pregnancy massage. High stress? Muscle strains? Massage can help heal, restore, and rejuvenate. Every session is uniquely tailored to your needs. Gift certificates available. Visit www.lifetreemassage.com or call Deb at 369-0213.

INTRODUCING ARGUS PROPERTY MANAGEMENT.

Full service management of single and multi-family properties and condominium associations in Franklin and Hampshire Counties. We provide oversight of all property maintenance, including 24/7 emergency coverage, location and screening of tenants, rent collection, expense payment, and concise financial reporting. Call Kathy Shaw or Jim Sarris at 413-397-3569 or visit www.arguspropertymgmt.com. We're setting a new standard for residential property services.

ASHFIELD COMMUNITY GOLF CLUB.

Norton Hill Rd., Ashfield. Offering great gift ideas. Moneysaver Golf Coupon Books:

- 10 Rounds, 9 Holes \$90
- 10 Rounds, 18 Holes \$125

Every day, weekends, holidays. Send check to **Ashfield Community Golf Club, 108 West Hawley Rd. Hawley, MA 01339.** For more info call Charlie at 339-4231 or Jim at 665-3413.

Memberships:

- Single = \$260
- Family = \$370
- Junior (18) = \$50

SUMMER TEEN POTTERY

WORKSHOP with Megan Hart of Hart Pottery. July 15 - 26th, 10:00AM-12:00PM. This is a 2-week morning workshop for teens 12 + which will concentrate on learning to center clay on the wheel in order to create beautiful pottery. Various glazing techniques will also be explored. For more information or registration contact Megan Hart at hartpottery@gmail.com or 413-522-6707. \$250 includes all materials.

WHAT'S YOUR STORY? The Heart of Story is a six-week writing workshop for women 18 and older, led by **Jane Roy Brown**. Cost is \$180 (or \$150 if you "like" The Heart of Story on Facebook). The workshop is offered periodically at the Field Memorial Library in Conway, or you can take it one-on-one online or via Skype. For more info, visit janerobrown.wordpress.com and facebook.com/theheartofstory. Enroll or send questions to: brownjaneroy@gmail.com.

WINTER CLEANUP in progress.

Need help? Free on-site estimates. Snowplowing and sanding for winter. Plan ahead. Call Edward Allis Zajac: Home: 413-369-4664; Cell: 413-824-1139.

HOUSE CLEANING. Experienced, reliable and local. Weekly or occasionally. Excellent references. 413-369-6002

THE CONWAY CAN SHED needs a compensated volunteer for sorting and redemption. The cans are available for a 50/50 split with the UCC of Conway. The shed is also available by-the-month for other volunteer non-profits. Please contact Marcus McLaurin @ 413-657-8904 or email visitor@uccofconway.org.

KAYER CARPENTRY. Master carpenter; 25 plus years of experience. Custom creative designs in 3-D, remodeling and repairs, kitchens and baths, windows and doors, decks and porches, build-in furniture, entertainment centers, music and media storage, bookshelves, window seats, closet shelving and organizers, moulding and trim made to match or repair your existing woodwork. Licensed and insured. Call Kevin Ayer at 413-369-0078 or email: kevinayer@yahoo.com

COLE MOUNTAIN CABIN is our newly-built 4-season retreat in the Northeast Kingdom of VT. Back in the woods, sleeps 6, two sleeping levels, two baths. Five minutes to beaches at Lake Willoughby, kayaking, biking at Kingdom Trails, hiking trails nearby. 3 hours from Conway, 20 minutes to Canada. Photos at [#1831](http://www.vermontproperty.com). \$800 wk, \$125 night. Pixie Holbrook/John Rioux (pjHolbrook@comcast.com).

NATURAL ROOTS' CSA SEASON starts June 4th – so soon! It's high time to sign up for a CSA share! CSA members come weekly for a generous share of the seasonal produce we harvest and wash. In our farm shop you'll find our own eggs and pork, as well as many other locally-produced foods. Become more connected with your local community and the land as you visit this beautiful and nourishing horse-powered farm. Walk-in customers are also welcome during CSA hours – 3:00 to 6:30 pm on Tuesdays & Fridays, June – October. For more info go to www.naturalroots.com or call 369-4269.

"Fear, uncertainty and discomfort are your compasses toward growth."

CONWAY IS NOW THE HOME of Alexandre Pazmandy, LMT, CPMT (Pediatric). He offers Swedish, Therapeutic Massage and Trigger Point Therapy and incorporates Shiatsu and Reflexology into his bodywork. Alexandre also specializes in massage therapy for children with special health concerns, who are hospitalized, or have been diagnosed with a terminal illness. He is certified for Comprehensive Touch Therapy for children with Autism (ASD). -On Thursday April 11, meet with him at the 23rd Annual Conference organized by Community Resources for People with Autism, Log Cabin Banquet and Meetinghouse, 500 Easthampton Rd - Holyoke, MA. www.ap.massagetherapy.com. Clinic Alternatives Medicines, Northampton. 413-362-5173

SUMMER RAKU POTTERY

WORKSHOP for adults and kids July 12th - 18th with Bob Green and Megan Hart. Raku, a 16th century Japanese firing technique is a magical firing event which yields dramatic and often unpredictable glaze results with many happy accidents. Participants will have the opportunity to fire several pieces with WOW results. Kids will meet Monday and Tuesday Mornings 9 - 12 for making pieces and Thursday and Friday for firing. Adults will meet same days but evenings, 6 - 9. To register or for more info contact Megan Hart at hartpottery@gmail.com or call 413-522-6707. \$180 includes all materials.

BRAND YOUR BUSINESS: Logo and identity design is key to helping your business stand out. Idea MechaniX specializes in logo design that looks as good on a letterhead, business card as it does on a billboard. See what branding can do for you! Call 413-657-8904 or email marc@ideamechanix.com

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Debra Hoyle, nationally certified & insured body worker with 20 years experience, offers informed & individualized sessions in Conway and Shelburne Falls.

"My neck had been in pain for years. I was so thrilled to finally find relief after a series of sessions with Deb. Afterwards I continued for the sake of my overall feeling of wellness and balance, and because, let's face it --life happens!" — A Client

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Proudly donating gift certificates to the Conway Pool Silent Auction on May 11—See you there!

• Referrals welcome •

Let's work together for your well-being!

YOGA - FITNESS WELLNESS PROGRAMS

In Conway with Jody Fontaine

"Healthy Body, Healthy Mind"

Day and time	Program	Location	For
Mondays 3:30-4:45 pm	Yoga	Conway Grammar School	Teachers & Staff
Mondays 5:30-6:45 pm	Yoga	Fireman's Assoc.Bldg. (next to Fire Station)	For all Levels
Mondays Noon-8 pm	Private & Group Reiki Sessions	Conway Healing Arts 46 Main Street	All-By appt
Wednesdays 10:15-11:30 pm	Yoga	Fireman's Assoc.Bldg. (next to Fire Station)	For all Levels
Thurs. 7-8:15 pm (once a month) 5/9	Restorative Yoga with Reiki Healing Touch	Fireman's Assoc.Bldg. (next to Fire Station)	For all Levels
Fridays 9:30-10:30AM	Core Fitness	Fireman's Assoc.Bldg. (next to Fire Station)	For all Levels
Fridays 8AM-8PM	Private & Group Reiki Sessions	Conway Healing Arts 46 Main Street	All-By appt

Private Yoga, Reiki and Fitness sessions available.

Call Jody Fontaine at 413-824-9435 or ucratesolutions@gmail.com.

Jody Fontaine brings her diverse training and experience in the fields of health & fitness including certifications as an AFAA Personal Trainer, an Embody-Yoga teacher (200 Hr) and a Certified Pilates Instructor. Jody is also a Reiki Master and a Certified Birth Doula. A lifelong outdoor enthusiast, Jody's special love and passion for skiing has inspired her to achieve PSIA Level II Ski instructor certification.



"I am eager to help you reach your personal fitness goals so you can experience the joy of abundant health."

United Congregational Church of Conway

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