



Conway Pool Repairs Have Begun

By Craig Warner

By the time you read this, the contractor should be well on his way to repairing the dam, dredging the pool, and making the accessibility improvements to the site. Amazingly, and with a *lot* of work, the trustees of the pool were able to get all permits and negotiate a contract in order to begin repairs in July. There will be much activity from now through October, but the

pool *will remain closed for 2013.* This is necessary to keep people safe during construction and most importantly, to allow new grass and vegetation to take hold. Without established vegetation, we will have to keep the pool closed to repair erosion, all at additional cost (and delay). We'll post photos during construction at www.ConwaySwimmingPool.org.

☛ *continued inside on page 15*

Conway Close to High Speed Internet

By Bob Armstrong

Almost 3 years ago, Conway and Comcast completed a new franchise Agreement. As part of that contract, Comcast agreed to extend their network to unserved homes in northern Conway along Shelburne Falls Rd, Wilder Hill Rd, South Shirkshire Rd, Jones Corner Rd, Elmer Corner Rd, Pine Hill Rd, Sabin Rd, Hart Rd, Thompson Rd and Bent Nail Rd.

Comcast is working with Verizon to complete the pole upgrades necessary to attach Comcast cables to the telephone poles and assure they will complete the extension by this September. I've invited them to Conway

☛ *continued inside on page 9*

In this issue of The Visitor:

- | | |
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| ■ Chesbro challenge a success | ■ Senior Picnic |
| ■ Helen Reed turns 97 | ■ Fall Collection Days Announced |

Please send ads, notices, articles and correspondence to the NEW email address for *The Visitor*: visitor@uccofconway.com

From the Pastor's Pen

Dear Friends,

I don't know about you, but I often meet my spiritual kin in the pages of the Bible. Sometimes the identification is satisfying, even pleasing, though at other times I find the identity of my spiritual soulmates disturbing. Between Jesus' good friends Mary and Martha, which is most likely my sister? And, what about for you? Both Mary and Martha were thrilled by Jesus' visit to their household. But, each expressed her pleasure in a different manner. Jesus praised one and questioned the other.

Mary sat down at Jesus' feet - assuming the position of a learner, ready and eager to benefit from his words. Jesus did not get to their house frequently. Few people had the privilege of enjoying private moments with Jesus and Mary was determined not to miss a single second of this wonderful opportunity.

Martha differed from Mary in her reception of Jesus. Martha busied herself with detailed preparations, wanting to assure that she responded to all of Jesus' needs. In fact, amid her scurrying around to see that all was in order, Martha became perturbed by Mary's inactivity.

When Martha requested that Jesus reprimand her sister for not helping her with a multitude of chores, Jesus responded in a surprising manner. "Martha, Martha," he said, before explaining that she should not be so busy about many things when only one thing was needed. Jesus affirmed Mary's focused attention and restive inaction. Jesus instructed Martha to get her priorities in order.

Invaluable wisdom emerges from the verses of this narrative about Jesus and the two sisters. Busyness is not synonymous with righteousness. Brainwashed by a go-go, do-do culture, many people - even people of faith - sweep aside concerns for being in deference to a preoccupation with doing. Fearing a close kinship with Martha, I have to recognize that Mary had chosen the better part in showing hospitality to Jesus. Quietly sitting and listening to the words of Jesus was far more important than frantically trying to provide for every perceived need of Jesus.

Take care with the implications of this truth, though. The point is that life has a rhythm to it. Lest someone decide to use this scripture to get out of doing the dishes, or to take part in the service projects of the church or town, we ought to remember that rest is not a diversion from labor, but an ingredient in life as essential to meaningful life as labor. A healthy relationship with God involves rest and labor, contemplation and action. Neither work nor rest should be exalted above the other.

Mary and Martha are both your sisters. May we all find a healthy balance between accomplishing what needs to be done and focusing our lives and our hearts on living a life of faith. Amen.

Journeying together,

Rev. Candice Ashenden

Rev. Dr. Candice M. Ashenden

P.S. And if you are looking for company on your spiritual journey, please know that the doors of the UCC Conway, and my door, are always open to you.

Church Clips

You're invited to join us for worship Sundays at 9:30 AM at the Conway Grammar School. Everyone is welcome!

† **If you need to reach the church,** messages may be left with Rev. Ashenden at *978-544-2801*.

† **Rev. Dr. Candice Ashenden** holds office hours Mondays from 9:30AM - 12 PM and will be available in Conway on Mon. afternoons for visitation, appointments, counseling, meetings, etc. She is always available at other times, by appointment (or in an emergency). She welcomes calls at home at any time: **49 Charles St. Orange, MA 01364**, or call *978-544-2801*, or email her at revcandi@gmail.com.

† **UCC of Conway mailing address** is: **P.O. Box 214, Conway, MA 01341**.

Renovation Update

The walls are up and progress is being made. But the question remains: when will the church re-open? The answer is: only God knows - and God ain't telling! Thayer Street Associates, the church's general contractor hopes to have their work completed by August; that will leave the church with painting, cleaning, re-organizing and "dealing with" the driveway. How long this takes depends on funding availability and volunteer workforce. Our ideal of returning in September may be a bit overly optimistic, but before the end of the year, we are certain! To those who have helped us out already - thanks! To those who still want to make a donation - we'd love to hear from you and can still use your help! Memorial or Honorary bricks are still being sold for \$100 and donations of any size can be sent to **UCC Conway, PO Box 214, Conway, MA 01341**.

UCC Summer Worship Schedule

It's that wonderful time of year again when we in Conway have the opportunity to worship with our brothers and sisters in the Whately congregation. Our sister church in Whately, knowing our building predicament, have graciously offered us the use of the Whately Chapel for our month of hosting in August. So this year, United Congregational and First Congregational of Whately will share summer services for July and August at 10:00AM in the West Whately Chapel. Throughout both months, Rev. Cynthia Crosson-Harrington and Rev. Candi Ashenden will be taking turns leading the service. Come join us – church is a great way to start a summer Sunday.

MISSION STATEMENT

The United Congregational Church of Conway is a welcoming Christian community bringing generations together to celebrate God's presence and learn to grow in our faith. We humbly strive to offer hope, encouragement and love to each other, the Conway community, and the world through our actions and with our resources.



Gardener's Corner

By Liz Pichette

With the abundance of rain we had this spring, combined with the heat of July, our gardens are popping! In particular, I've noticed as I've traveled around Conway how beautiful the daylilies are this year.

Hemerocallis, in Greek means "day beauty", as each bloom only lasts one day. Flowers borne along scapes provide continuous bloom for weeks. Native of Eurasia, China and Korea, they were brought by the colonists and soon escaped into the wild. Spreading by underground stolons, they have naturalized nearly every roadside and field, earning the name "Ditch lily" or "Outhouse lily" (not true lilies but the common name has stuck). In the past hundred years hybridizers have created elegant hybrids that clump and do not take over the garden like the original *H. fulva* and come in many hues and colors (no blue or true white) and shapes from narrow petals to lush, wavy ones that glitter in the sun like spun sugar.

A mainstay of the summer garden, daylilies appear as the initial flush of spring passes. Tough and hardy in zones 1-11, they require medium soil and are

drought tolerant, but will bloom more abundantly if they receive ample rain in spring. As a genera, they bloom over months, with early, middle and late season varieties, as well as a few that repeat bloom later in the season. With several of each type you can have flowers from June to September. With 18 species and literally thousands of cultivars, the tough part is deciding which ones to plant!

I love the fragrant ones, like *H. lilioasodelus*, "Lemon lily", which blooms in June or "Hyperion" developed in the 20's and due to its strong performance, is still popular today. "Cranberry Baby" and "Frankly Scarlet" are nearly red in appearance. "Blushing Summer Valentine" is a lovely frilled pink edged in burgundy with matching eye, while "Elizabeth Salter" and "Carefree Peach" offer creamy blooms. These are a drop in the bucket of over 60,000 cultivars!

A search online will show you many resources like daylily societies, which are a wealth of information about culture, types, soil requirements and joining or starting your own chapter; to commercial nurseries, where you can learn about the latest cultivars. There is always room in your garden for the latest award-winning hemerocallis!

briche@verizon.net

Garden Club Notes

The aims of the Conway Garden Club are to stimulate interest in gardening and related skills, to enhance the natural beauty of our area, and to educate and promote environmental improvement.

The Garden Club extends a whole-hearted thank you to Sue Bridge for an illuminating and fascinating tour of her Green, energy-efficient, solar-powered home and the permaculture gardens that surround it. We took home many ideas for our own homes and gardens.

Thur., August 8, 11:00 a.m.

The club will journey to 401A Smith Road in Ashfield to enjoy a tour of Joanne Ostrowski's garden. Bring a lunch and stay for a picnic and a brief meeting.

Thur., September 12, 7:00 p.m.,

Town Hall. Do your knees creak and your back ache after hours spent working in your garden? Come to a session of "Yoga for Gardeners" and learn ways to make gardening less stressful on the body.

For questions contact **Pat Lynch** at 369-4284 or email patricialynch@earthlink.net.

Conway Farmers Market Going Strong

By Peter Freisam

The Conway Farmers Market is in the middle of its 2013 season, located in front of the Field Memorial Library on Elm Street, and running from **4 to 7 PM**. The market will continue through **Wednesday, September 25**.

Come check out our several new vendors, including Pedaling Vegetables Farm, providing fresh vegetables, and Old School Farm, offering baked goods. Old favorites, including Boyden Brothers Maple Products, Chestnut Lot Farm, Cricket Hill Jams, and Wells Tavern Farm are here, too.

Your support continues to be vital to the market's success. We've made it easy for you to stop in and show your support, as the market's hours now coincide with the opening of the Field Memorial Library, the Transfer Station, and your commute home. We've shown that our community can join forces to make Conway a very special place to live. Let's keep this spirit going with a strong showing at the Farmers Market.

pfreisam@comcast.net

Festival Raffle

by Phyllis Jeswald

Another terrific raffle is in store for the 2013 Festival. As always, the Raffle will feature prizes donated by Conway's talented and generous artists, craftspeople, musicians, writers, bodyworkers, and businesses. In addition to the usual wonderful assortment of prizes, some new items will be added. Curious as to what they are? Check out next month's Visitor, where you'll find the complete list of prizes and donors. Tickets will go on sale in September at Baker's Country Store, The Conway Inn, Greenfield Savings Bank, Pages, Sunset Garage and Pekarski's.

August 2013 Senior Calendar

 **Council on Aging (COA):** There will be no COA meeting in August. The COA receives grants from the state Executive Office of Elder Affairs and an annual appropriation from the town. Contact Patricia Lynch, COA chair, at 369-4284.

 **Free Monthly Health Clinic:** Public Health Nurse Lisa White, RN, BSN serves the Town of Conway on the first Friday of each month in Town Hall from 9AM to noon. Contact Ms. White at 413-774-3167 ext. 106.

 **Foot Screenings:** Bimonthly screenings are held at Town Hall by appointment only. For an appointment, call Peg Tiley at 369-4010.

 **Walking Group:** Call Phylis Dacey at 369-4326 for more information.

 **Senior Picnic, Thursday, Aug. 22, Noon.** Join Conway seniors at our annual picnic luncheon, held at the Conway Sportsman's Club. Guest speaker is Selectboard member Rick Bean, who will be available to listen to seniors' complaints, and praise. For more information, contact Lorraine Boyden, 369-4061.

 **Senior Exercise Class.** Classes will return In September on Wednesdays at 1:45 p.m. Call in late August to learn the exact start-up date. Contacts: Pat Lynch, 369-4284; Peg Tiley, 369-4010.

Colrain Council on Aging Offers Dinners

Anyone over 55 years old is invited to any of the Colrain Council on Aging mid-day dinners. Seniors from Conway who have attended give a glowing report about both the food and the company.

Call Richard or Amy Herzig at 413-624-3417, on the preceding Monday to make a reservation. The noon meal, with entertainment at 11:30, is held in the Colrain Community Church at **306 Main Road, Rte 112**. If you need a ride, please contact Ruth Parnall at 489-3097 for carpool arrangements. A donation of \$2 is requested.

Shelburne Senior Center Offers Services

If you are over age 60, the Shelburne Falls Senior Center offers many services.

Each Wednesday morning there is a van that can pick you up in Conway to take you to Shelburne Falls for shopping. Call **Jackie Stanford** at 625-2502, 24 hours ahead to request the pickup. Logistics may need to be worked out, but Jackie will know what to do. The charge is \$3/round trip.

The Shelburne Falls Senior Center has lunch Mondays, Tuesdays and Thursdays., for those who are at least 60. A \$2 donation is requested. Menus are posted monthly at: www.fchcc.org/menus/menu.htm, and in the Recorder on Fridays. Reservations must be made a day in advance by 11AM.

The French Legacy

This past month ended an era with the passing of Norm French. He and his wife, Thelma, were stalwart supporters of the UCC Conway for many years and they'll both be missed.

In their memory, the UCC Conway is placing a stone bench on the north lawn of the church at the head of the new brick walkway. The "French Bench" will serve as a reminder of Thelma and Norm's devotion and service to the church and the town. Keep your eye out for details about its dedication in Visitors to come!

From The Family of Edith Chase

To all our friends, family, neighbors, and acquaintances,

The family of Edith Chase would like to express our deepest thanks for the many flowers, cards, calls, donations, and many, many expressions of sympathy and support during the illness and loss of our beloved mother, mother-in-law, aunt, grandmother, and great grandmother, Edith Chase these past weeks. It has been an unbelievable outpouring of support that has helped us through this great loss. We realize, by the multitude of concerns, just how beloved Edith was. She was a wonderful loving person who will be missed and always remembered. Thank you again, from the bottom of our hearts.

The Chase family

A Note from Helen Reed

Many thanks to all of my friends, neighbors, and relatives for their cards, phone calls, gifts and attendance at my 97th birthday party on July 13th. I enjoyed hearing from everyone and spending time with you on my special day. Special thanks to my family for planning my birthday surprise.

—*Helen Reed*

What's the Story Morning Glory?

By Deb Hoyle

Early To Rise

That morning the heat was already moving in, with no breeze blowing as the world around us awaited the unfolding of what is known as a 'scorcher'. Anticipating the coming of the heavy, humid air we made a point to fit in a bicycle ride before the day ran away with us or seized us in its oven-like grip. Our route offers a good variety of ups and downs and there are inviting long patches of shade along the way. It's bordered by homes, farms, and open fields with smooth, rounded horizons that meet the sky and forested hills at their backs. We wound through narrow tree lined roads that host streams with mossy banks and waterfalls, ferns and wildflowers, and the myriad of rich smells that accompany them.

My partner was in front of me as we crested a long, slow rise upon which sits a stately brick farmhouse. Just before we reached the top I noticed him point to his right.

I passed the place and slowed to take a look. There the sun cast its rays upon a very still, very small rabbit as it perched unmoving on a stone that matched its soft grayish brown fur. It was as though there was a spotlight shining on the little creature who really just wanted most of all to disappear, or at the very least be mistaken for merely another stone in the old fragmented wall. But not a chance- it sat there like a gleaming statue for all the world to see, and as I peddled by I could even see the light reflect off its deep unblinking eyes. We three pretended that nothing had happened, that no-one rode by or sat framed by the morning sun on a warm rock surrounded by juicy breakfast greens. I suppose, I thought to myself as we wound around the corner and picked up speed on the downward side, we all make choices to be seen or unseen, or to pretend that we don't see when we actually do.

greenlady33@comcast.net

This is a column of original writing about life in the hills.

Festival Call for Volunteers

I know fall seems like a long ways off, especially with the heat. But the Festival Committee is gearing up for the October 6th Festival. We are always in need of volunteers to give an hour or two to help with set up, manning the booths, and clean up. So set aside the date and give me a call. Cindy Corey, volunteer coordinator, 369-4264.

A belated Happy Birthday to Helen Reed who is currently our oldest town resident. She celebrated her 97th birthday on July 17th 2013.

Chesbro Challenge a Success!

Despite the heat and humidity, at exactly 11:00 AM on July 4 Katryna Niels sang the “Star Spangled Banner,” Mike Haley, master of ceremonies/sportscaster, said “Play Ball” and the Chesbro Challenge began. By 3:00 the Mountain Mammals, Skilletts, Maple Honeys, Splitters, Ragshags, and Mountain Men had had their turn at bat, and the games, shortened because of the heat, came to an end. They were immediately declared a success by all who had participated. We heard over and over, ““Have the event again next year.””

When the 250th Committee, the game’s organizers, met informally on July 8 to take stock, it became clear that the zany ballgame had met its goals: It had provided an event in which all residents—young and old, men, women, and children—could take part and have fun; it had staged an occasion linked to Conway’s history; and it had spent money in order to make money for the 2017 Celebration. (Income was greater than expense.)

The Committee is considering holding next year’s Challenge on Saturday the 5th, with a rain date the 6th. On the 4th, the big tent will be used for entertainment—the specifics

to follow. On Saturday, the “Challenge” should begin at 1:00 pm, with eats, memorabilia and beer offered; games start at 2:00, but with eight rather than six teams competing; there should be more twixt games competitions like the Egg Toss, which was enjoyed by both spectators and participants. By 5:00, when the Challenge itself is over and the champions are savoring their victory the doings will morph into a chicken bar-b-que, followed by a dance to a live band. The Conway Hofbrau House will stay open to closing time.

If you like this scenario, or want to add other ideas or suggest other possible fundraisers, let the 250th Committee know by coming to a meeting, or stopping by the Committee’s booth at the Festival of the Hills. And if you didn’t sign up to play ball this year, sign up for next year—we will need 2 more teams!

The 250th Committee will make a full report about this year’s “Challenge” at a posted open meeting on Tuesday, August 6, 7:00 pm at the Town Hall. Photos of the event can be seen and purchased at: <http://soulfullifephoto.photoshelter.com/gallery/Conway-Chesbro-Challenge/G0000ccqufXDfz9HU/C0000FDiB-bUs4Hro>

Conway Close to Internet *continued from cover*

for an educational meeting to go over the costs of installation and all the various options from basic services to triple play, high speed, on demand, etc.

I have received a very extensive price list for the wide range of services Comcast offers. If you’d like a copy, contact me at the email address below.

bob@armstr.com

Racing & Riot Control

By Michele Harris

Do you like to run? I don't! If you do I am SURE that you know the Reddy-Petty Racing Team... Their real names are actually David Reading and Julie Petty but I am using their stage name (that I have given them). This dynamic duo and their volunteers put together the adult 10K and children's 3K road race that happens the morning of the Festival of the Hills! They have over 100 pre-registrants, day of registrants, adults, children, youth and not-so-youth, all vying for a coveted spot in FOH history (or 'earning' a piece of fried dough). Julie and David are raising a family, living and working here in our little community. They are a fine example of locals who have stepped in and taken charge of a piece of the FOH. Their spirit and dedication are examples of how it really is this community that helps the FOH come alive every year.

Do you know what our essential services here in town do on the day of the Festival of the Hills? They are right in the middle of it making sure that everyone stays safe. The ambulance and her volunteers are close by just in case we have a bee sting or broken something or heat exhaustion

(okay, maybe hypothermia some of these years) or an 'I've fallen and I can't get up!' This has probably been happening since the beginning of time and honestly... I may not even see the ambulance director to make sure they remember the FOH, and yet they show up that day ready to serve. We have an awesome crew in town that care and I am honored to have them.

Ken, Ken, Ken... what would I do without you? Our chief of police in Conway is a friend, a neighbor, a trusted servant and my personal shuttle to the parade starting line! Ken brings in his crew for the day and ensures that those dastardly cars slow down as we take over the center of town by foot. We might use the crosswalk, or not. We stop in the middle of the street to see an old friend. They watch out for hooligans and shenanigans! They stop traffic so that we can have a safe parade at 1:00. They are here rain or shine adding to the success of our Festival of the Hills. I propose a local hug-a-cop day in Conway!



mdzialo114@yahoo.com

Festival of the Hills Contact List

Chair - Michelle Harris:
mdzialo114@yahoo.com - 413-522-7374

Raffle - Phyllis Jeswald: jeswald@verizon.net

Volunteering - Cindy Corey:
rccorey@comcast.net

Art Exhibition - Michele Turre:
mturre@oit.umass.edu

Crafters - Erin Beaudet: erin@ouibags.com

Music - Janet Ryan: gigmom123@aol.com

Exhibitors - Joanie Haley: jjzinnie@comcast.net

Parade - Kate Van Cort:
kate4cats@hotmail.com

Food Vendors - Brenda Lilly: lillyhill@rcn.com

Baked Goods Donation - Elizabeth Downie:
edownie11@gmail.com

Information Booth - Lee Whitcomb:
leewhitcomb@gmail.com

Food Vendors - Brenda Lilly - lillyhill@rcn.com

Road Race - Julie Petty - jpettyinsf@yahoo.com

Eating Around Town



Some
of our
town's
favorite
recipes

By *Kate Van Cort*

This month: *Helen Spencer*

While looking at my mint growing in a whiskey barrel, I thought again of Helen's wonderful use of it in this Lebanese wonderful summer salad! She added: Don't bother to make without fresh mint & tomatoes!

Fattoush Recipe as told by Helen

1/2 cup lemon juice

1/2 cup olive oil

2 to 4 cloves garlic, minced

Salt & pepper to taste

2 cups shredded romaine lettuce

1 large or 2 small cucumbers, small dice

2 cups of fresh tomatoes, quartered in bite-size pieces

1/2 cup chopped parsley

1/4 - 1/2 cup chopped mint leaves

1 green pepper, diced

3 scallions, finely sliced

1 teaspoon sumac if available

2 pieces of pita bread toasted until golden brown, broken into pieces the size of a quarter

Feta cheese

In a large bowl, whisk together the first four ingredients. Add everything else but Pita and toss well. This keeps very well in the fridge and can be made ahead. Add Pita just as you are sitting so they stay crisp.

Bon Appetite!

kate4cats@hotmail.com

Mobsters in the Movies

For its next fundraiser, following its riotous celebration of baseball, the 250th Committee will pay homage to that other American institution, the Mobster movie. On the Covered Bridge, September 28. Period dress from the forties suggested. Mike Haley will direct dinner guests in "So You Think You Could Play A Mobster" screen

tests. Plus other offerings humorous and scary. Excellent eats, BYO drinks. Cocktails at 4:30, dinner at 6:00 in an elegant setting—flowers, table linen, polished utensils, sparkling glassware. \$35 per person. 108 tickets available. Sign up by e-mailing the address below.

ebraccia@gmail.com

<u>Library:</u> Wed: 3-8pm Sat: 10am-3pm	<u>Transfer Stn:</u> Sat: 9am-5pm Sun: 8am-1pm Wed: 12--8pm	<u>Post Office:</u> M-F: 9-11am Noon-4:30pm Sat: 9am-11:30	<u>Town Office:</u> Tu-Th-F: 9am-Noon
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August

Sunday	Monday	Tuesday	Wednesday
<i>PULL OUT and POST this handy Conway calendar!</i>			
4	5	6	<ul style="list-style-type: none"> • Council on 9:30-11AM • Conway F 4-7PM • Friends of Meeting -
<ul style="list-style-type: none"> • UCC Service 10:00 AM Whately 	<ul style="list-style-type: none"> • Board of Health Meeting 7-9PM 	<ul style="list-style-type: none"> • Women's Softball 	
11	12	13	
<ul style="list-style-type: none"> • UCC Service 10:00 AM Whately 	<ul style="list-style-type: none"> • UCC Church Council Meeting • Selectboard Meeting 7PM Town Office • BOH Meeting 7-9PM 	<ul style="list-style-type: none"> • Conway Swimming Pool Committee • Festival of the Hills Meeting 6:30PM • Conservation Commission 7:30-9PM 	<ul style="list-style-type: none"> • Conway F 4-7PM
18	19	20	
<ul style="list-style-type: none"> • UCC Service 10:00 AM Whately 	<ul style="list-style-type: none"> • Board of Health Meeting 7-9PM 	<ul style="list-style-type: none"> • Housing Committee 7:30-9 PM 	<ul style="list-style-type: none"> • Conway F Market 4- • Parks & R Committee 6-8 PM T
25	26	27	
<ul style="list-style-type: none"> • UCC Service 10:00 AM Whately • 250th Celebration Genealogy Work Group 	<ul style="list-style-type: none"> • Selectboard Meeting 7PM Town Office • BOH Meeting 7-9PM 	<ul style="list-style-type: none"> • Conway Swimming Pool Committee • Conservation Commission 7:30-9PM 	<ul style="list-style-type: none"> • Conway Market 4-
<p>This Month's Event Highlights:</p> <ul style="list-style-type: none"> ■ August 7 • Friends of the Library Meeting 7 PM ■ August 22 • Senior Picnic, Conway Sportsman's Club ■ August 25 • 250th Genealogy Work Group 			

August 2013

Something to add? Email your event, birthday or anniversary to *The Visitor*:
visitor@uccofconway.com

Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> • Council on Aging Foot Clinic 8:30-2:30 • Board of Assessors 7-9PM • Festival of the Hills Meeting 6:30PM 1	2 <ul style="list-style-type: none"> • Walk in Health Clinic 9AM-Noon Town Hall 	3
n Aging M 7	8 <ul style="list-style-type: none"> • Garden Club 3-5PM • Board of Assessors 7-9PM • Board of Health 	9	10
Farmers Market the Library 7PM 14	15 <ul style="list-style-type: none"> • Board of Assessors 7-9 PM Town Hall 	16	17
21	22 <ul style="list-style-type: none"> • Senior Picnic, Noon, Conway Sportsmans's Club • Planning Board 7-9 PM Town Office • Board of Assessors Mtg 7-9 PM Town Hall 	23	24 <ul style="list-style-type: none"> • Summer Reading Program Ice Cream Party 2-3PM Field Memorial Library
28	29 <ul style="list-style-type: none"> • Board of Assessors Mtg 7-9 PM Town Hall • Festival of the Hills Meeting 6:30PM 	30	31

■ August 24 • Summer Reading Program Ice Cream Party 2-3PM

■ Wednesdays in August 4-7PM • Conway Farmer's Market

Are You in the Dog House?

Your dog's annual license actually expires on March 31st each year. The town of Conway allows a three-month grace period to get the deed done before fines go into effect. As of 1 July prices are: Males and Spayed Females are \$13.00 each; Females are \$16.00 each. These prices include a late fee/fine. Make checks payable to the Town of Conway.

The following information must accompany all license requests: Owners name and address, Dog's name, breed color and gender; a current rabies certificate. Proof of a current rabies vaccination is required!

Licenses are available from the Town Clerk on Tues., Thurs., and Fri. mornings between 9AM and noon. Owners may also purchase licenses by mail at P.O.Box 240, Conway – please include SASE bearing 66-cents postage.

Keep in mind that State Law requires that dogs be licensed each year. As of this writing more than 60% of the town's 560 dogs remain on the delinquent list. You know who you are, and so do we.



BOH Highlights Septic Care

The Board of Health recommends that people have their septic tanks pumped every 2 to 4 years, depending on usage and whether there are any symptoms of failure. Indications of possible failure include:

- a lush, green lawn over the septic field
- odd smells
- water ponding on top of the septic field
- breakout of effluent material on top of or near the septic field.

Septic tanks work on the basis of bacteriological action from within. Generally speaking, you should not discharge chemicals, antiseptics, solvents, paints, large volumes of chlorine or other materials that can't be broken down by bacterial reactions. And, unless your septic has been specifically constructed to handle garbage grinders, they should not be used in a home system.

To keep your system running smoothly, The Board of Health recommends that you:

- Keep an accurate record of pumping
- Practice water conservation. Repair leaking toilets, faucets, etc.
- Divert roof drains and surface water away from septic fields.
- Don't use commercial septic tank additives.
- Don't allow anyone to park or drive over any part of your septic system

For any questions about the care and feeding of your septic system, please call the BOH at 369-4235 ext 8.

boardofhealth@townofconway.com

Franklin County Solid Waste District's Fall Collection Days Announced

Hazardous Waste Collection

The District is holding its annual hazardous waste collection on **Saturday, Sept. 21st**, concurrently at GCC Main Campus and Orange Transfer Station.

This collection provides residents an opportunity to dispose of hazardous items such as leftover oil-based paints, stains, thinners, household cleaners, pesticides, pool chemicals, motor oil, antifreeze, fluorescent lamps, car batteries, and other household chemicals. For a list of acceptable items, please see www.franklin-countywastedistrict.org/hazwasteday.html.

Participating residents must pre-register by **Sept 13th**. Registration forms are available in local newspapers, at town offices, transfer stations, and at: www.franklin-countywastedistrict.org. After registration is processed, your appointment time and directions will be mailed to you.

This collection event is free for residents of Conway. Businesses will be charged for disposal.

Conway Pool *continued from cover*

What about the cost of the project? In a nutshell, the regulations have put the project *way* over budget and we've had to cut certain items and negotiate with the contractor in order to pull this off. We are still \$15,000 short on funding for the repairs, without any contingency (and keep in mind we'll have increased operating costs in the future). If you've waited to make a donation, now is the time to help (or consider the great tax benefit of a donation of stock). Information on donating can be found on the website. The committee will be providing a post-repair summary outlining the costs of the project and why it was so expensive.

Thanks to all for the continued support. *Plan your 2014 summer vacation at the Conway Pool!!*

craigwarner@gmail.com

Fall "Clean Sweep" Bulky Waste Collection

The District's fall bulky waste collection will be on **Sat., Oct. 19th from 9AM to Noon**. Drop-off sites are: Buckland Recreation Facility on Rt. 112 South, Northfield Highway Garage, and Whately Transfer Station.

Residents and businesses may bring items such as tires, appliances, scrap metal, furniture, mattresses, carpeting, construction debris, computers, monitors, televisions, and propane gas tanks.

Residents don't need to pre-register, but there are charges for disposal. Cash-only disposal fees are collected on-site. A complete list of prices are available at town halls, transfer stations, the District office at 50 Miles Street in Greenfield, and online at: www.franklin-countywastedistrict.org/cleansweep.html.

For more info, call (413) 772-2438, email: info@franklin-countywastedistrict.org, or visit: www.franklin-countywastedistrict.org.

EXCHANGES

Have a job that needs to be done? Looking for jobs to do? Something to sell? For a small donation we will run your ad in EXCHANGES.

Mail copy and payments to **The Visitor at P.O. Box 214, Conway, MA**, or e-mail copy to visitor@uccofconway.com with subject

noted as VISITOR EXCHANGE. The deadline for receipt is the 20th.

We request a donation of \$20/ad for one month, \$30/ad for 6 months, or \$50/ad for 12 months. All new **Exchanges are limited to 100 words** Ads for give-aways, lost and found items, and non-commercial remain **free**.

EXPERIENCED HANDYMAN:

Repairs and small renovations, custom woodworking, drywall and plaster repair, other services available, small jobs a specialty, John Pelletier, handyman and woodworker. Hic. Reg. 153453_ Phone:369-4064 - ask for John. Email: spell938@earthlink.net. 6/13

DOG WALKER AND PET SITTER

available. Experienced. **Boarding** also available in home with fenced patio. Please call Doreen at 369-0219. 6/13

CONWAY IS NOW HOME to its very own candle company: Candle in the Window. We sell highly scented candles jar candles with beautifully hand designed labels. We also carry room sprays, bath scrubs and foams, soap, bath fizzies and solid perfumes, as well as selection of wreaths and painted decorative items. Located at 161 Fields Hill and open every weekend 10 AM to 4 PM. Visit us for a unique shopping experience. 6/13

GUILFORD ROTARY MOWING AND TRACTOR WORK 369-4481 or 369-4762. 6/13

PUZZLE EXCHANGE proposed for wooden jigsaw puzzles, especially those made by Liberty Puzzle Company. Interested in circulating/exchanging these treasures? If so, please contact AnnieCheatham06@gmail.com. 625-1094. free

POTTERY CLASSES for adults and children at the studio of Megan Hart will begin in September. Thursday afternoons for kids ages 6 - 11 3:30 -5:00 and adult wheel throwing Tuesday evenings 6:30 - 8:30. Classes will begin the week of September 16. For more information call 413 522 6707 or hartpottery@gmail.com. 9/13

BEAR RIVER LANDSCAPING now accepting new accounts for weekly lawn mowing and brush hogging. Don't waste your weekends mowing your lawn, let Bear River Landscaping take care of it so you can relax and spend quality time with your family. Quality work at a fair price. Call Tom at 625-2007 for your **free estimate**. 6/13

"You miss 100 percent of the shots you never take." -Wayne Gretzky

THE CONWAY INN offers pizza on Friday, Saturday and Sunday, including take-outs. Now with free WiFi. Call 369-4428. 12/14

BUY LOCALLY! Pruners, loppers, saws, shovels, gloves...Backpack sprayers, compost forks, log splitters, winches, birdnetting, cider equipment. Stop mosquito's & ticks with repellent hats, bandanas, Bug Band bracelets and Geraniol based spray. Incredible assortment of great tools, garden books and equipment! Authorized Echo dealer. Importer of the Tajfun Winch – winner of wood splitting competitions! Gift Certificates - great idea! OESCO, Route 116, Conway, M-F, 7-5; Sat, 7-noon; 369-4335. 6/13

PAGES COFFEE BAR & USED BOOK STORE, 98 Main Street, Conway. Phone: 369-6055. Closed Monday and Tuesday. Open Wednesday thru Friday from 6:30 AM to 2:30 PM, Saturday 8:30AM to 3:30PM, Sunday 8:30 AM to 2:30 PM. Locally roasted, organic, fair trade coffee beans, espresso, cappuccino, lattes, organic hot cocoa, 100% crushed fruit smoothies, lemonade, iced tea, frappes, frozen hot chocolate, pastries and Chris' famous scones on weekends. Now selling antiques and vintage items in the bookstore, too! Free WiFi. Indoor/ outdoor seating. 7/13

CARPENTRY: 30 YEARS EXPERIENCE Fully licensed, insured and lead certified. Replacement windows/doors, repairs and renovations. Contact Frank Kuzdeba at: fkuzdeba@comcast.net. Call 369-4223 or 413-222-3300. 3/14

ACUPRESSURE originated in China thousands of years ago as a way to relieve pain and balance the emotions. It continues presently as an effective method of releasing muscular tension, increasing circulation, and stimulating the body's self-healing. Even long term symptoms can be changed over time. Acupressure feels like a light massage, the client is clothed, and the practitioner uses finger pressure on acupoints and soft tissue. Clients also benefit by being proactive in their self care and are able to cope more easily with stress. Offered by Deb Hoyle at Conway Healing Arts, Conway and Village Healing Arts, Shelburne Falls since 1993. 413-325-5579. (see ½ page ad) 7/13

“In a chronically leaking boat, energy devoted to changing vessels is more productive than energy devoted to patching leaks.”
-Warren Buffett

THE PERSONNEL COMMITTEE of the Town of Conway is looking to fill 2 open positions. If you're interested, or would like more information, please contact Heather Rose at 413-369-6045 or hshark@aol.com. free 10/13

THE UCC HAS A FEW USED ITEMS FOR SALE: **\$100 or B.O.** - Commercial under-counter dishwasher. **\$50 or B.O.** - Commercial warming oven **\$50 or B.O.** - Residential refrigerator **\$50 or B.O.** Four well stainless steel sink **\$25 or B.O.** Residential refrigerator Call Rev, Candi if interested @ 978-544-2801 free 10/13

“Your life does not get better by chance, it gets better by change.”
-Jim Rohn

LIFETREE THERAPUTIC MASSAGE.

Deborah Donaldson is an experienced, nationally certified massage therapist in practice since 1994 specializing in Myofascial Release, chronic pain management and pregnancy massage. High stress? Muscle strains? Massage can help heal, restore, and rejuvenate. Every session is uniquely tailored to your needs. Gift certificates available. Visit www.lifetreemassage.com or call Deb at 369-0213.

7/13

INTRODUCING ARGUS PROPERTY MANAGEMENT.

Full service management of single and multi-family properties and condominium associations in Franklin and Hampshire Counties. We provide oversight of all property maintenance, including 24/7 emergency coverage, location and screening of tenants, rent collection, expense payment, and concise financial reporting. Call Kathy Shaw or Jim Sarris at 413-397-3569 or visit www.arguspropertymgmt.com. We're setting a new standard for residential property services.

7/13

ASHFIELD COMMUNITY GOLF CLUB.

Norton Hill Rd., Ashfield. Offering great gift ideas. Moneysaver Golf Coupon Books:

- 10 Rounds, 9 Holes \$90
- 10 Rounds, 18 Holes \$125

Every day, weekends, holidays. Send check to **Ashfield Community Golf Club, 108 West Hawley Rd. Hawley, MA 01339.** For more info call Charlie at 339-4231 or Jim at 665-3413.

Memberships:

- Single = \$260
- Family = \$370
- Junior(18) = \$50

6/13

FIREWOOD—Quality **seasoned** split hardwoods ready for delivery now, or later in the year. Trailer-load containing 185 cu. ft. (1-cord when stacked) delivered in Conway for \$250. Call Bill Graves, for more info. Cell: 413-522-3573; Home: 413-369-4679.

10/13

BRAND YOUR BUSINESS: Logo and identity design is key to helping your business stand out. Idea MechaniX specializes in logo design that looks as good on a letterhead, business card as it does on a billboard. See what branding can do for you! Call 413-657-8904 or email marc@ideamechanix.com.

9/13

COLE MOUNTAIN CABIN is our newly-built 4-season retreat in the Northeast Kingdom of VT. Back in the woods, sleeps 6, two sleeping levels, two baths. Five minutes to beaches at Lake Willoughby, kayaking, biking at Kingdom Trails, hiking trails nearby. 3 hours from Conway, 20 minutes to Canada. Photos at www.vermontproperty.com #1831. \$800 wk, \$125 night. Pixie Holbrook/John Rioux (pjholbrook@comcast.com). **CALL**

CHESTNUT FARM—BEEFALO

Available year round at the Herrmann's farm 396 Main Poland Road (Call ahead: **413-369-4266**) and Conway Farmers' Market, June thru September Wednesdays 4 – 7PM.

USDA tests prove that Beefalo has less cholesterol than chicken; and less fat, cholesterol, and calories than traditional beef. Beefalo meets the dietary recommendations of the American Heart Association. Our animals are humanely pasture-raised without the use of hormones or antibiotics. www.chestnutlotfarm.com

1/14

KAYER CARPENTRY. Master carpenter; 25 plus years of experience. Custom creative designs in 3-D, remodeling and repairs, kitchens and baths, windows and doors, decks and porches, build-in furniture, entertainment centers, music and media storage, bookshelves, window seats, closet shelving and organizers, moulding and trim made to match or repair your existing woodwork. Licensed and insured. Call Kevin Ayer at 413-369-0078 or email: kevinayer@yahoo.com. 7/13

NATURAL ROOTS' CSA SEASON has begun! CSA members come weekly for a generous share of the seasonal produce we harvest and wash. In our farm shop you'll find our own eggs and pork, as well as many other locally-produced foods. Become more connected with your local community and the land as you visit this beautiful and nourishing horse-powered farm. Walk-in customers are also welcome during CSA hours – 3 to 6:30 PM on Tuesdays & Fridays, June – October. For more info go to www.naturalroots.com or call 369-4269. 1/14

EASY DOES IT— Lawn Mowing, Trimming. Call Edward Allis Zajac: Home: 413-369-4664; Cell: 413-824-1139. 7/13

FREE WEBSITE DEVELOPMENT for your non-profit organization. We will work with you to develop design and brand your non-profit or not-for-profit company's website free of charge! The Franklin County Technical High School is accepting new Community Service clients in September. If you're interested in extending your brand onto the Web, and helping local students, contact mmclaurin@fcts.org. free 10/13

POST AND BEAM HOME FOR SALE
Cute as a button, two bedrooms, nestled on 3+ Acres. Enjoy nature all around! Waterfront on the Bear River - a trout stream with swimming hole. Post and Beam saltbox with pegged frame dressed nicely, well-insulated, chamfers on the post and beam corners, wood ceilings on the main level. Come home to the woods! Over 3 acres in a serene setting with peach, cherry trees and blueberry bushes. Rinnai propane gas heater and wood stoves, 2 bedrooms, 1 1/2 baths. Call Judy Rivard, Sawicki Real Estate 413 687 7887 Judy@Rivard.net 7/14

NEW HOME DAYCARE OPENING.
I have openings for infants & toddlers starting the end of August. Full & Half-Day slots available. Meals & snacks included in the daily fee. I am a Mom of 2 and have 5 years experience working in the local Pre-School. Please call Danielle Kocot with any questions or to set up an interview at 369-4354. 1/14

SUMMER SPECIAL - PURE YOGA & WELLNESS STUDIO. 10c Elm Street, S. Deerfield. 8 classes for \$80, check schedule for classes: www.pureyogawellness.com or contact Jody Fontaine, Director 413-824-9435. 6/13

SOMERVILLE PIED-A-TERRE. One bedroom furnished apt. available for rent in Cambridge/Somerville area of Boston. Near Harvard, Inman and Union Square. Sleeps 2 - 4, Queen bed in bedroom, queen futon in living room, full kitchen and bath, internet. 15 minute walk to Red line T. \$125 per night, \$750 per week, \$2500 per month. Please contact judy.maggiore@gmail.com. TK



WILDER HILL *gardens*

Perennial Nursery
Landscape Design
Cut Flowers

Open Sat. and Sun. 9am-5pm
May - October

351 South Shirkshire Road, Conway Mass.

Lilian R. Jackman (413) 625-9446 wilderhillgardens.com

Pick-Your- Own Organic Blueberries at Wilder Hill Gardens all through July and August. Call for availability.

Conway Healing Arts

46 Main St , Conway 413•325•5579 • Shelburne Falls , above McCuskers

*Craniosacral Therapy
Acupressure
Reiki*

Debra Hoyle, nationally certified & insured body worker with 20 years experience, offers informed & individualized sessions in Conway and Shelburne Falls.

From clients:

*"Deb's work helped me to avoid shoulder surgery."
"This is my primary insurance for continuing to feel well."
"My legs were always cold. My circulation gradually improved and they've continued to be warm!"*

SUMMER SPECIAL!
\$15 OFF ONE-HOUR SESSIONS (\$70/hr) FOR ALL NEW CLIENTS THROUGH SEPT. 30.
VALID AT BOTH CONWAY AND SHELburne FALLS LOCATIONS.

Also Featuring:

Jody Fontaine
Reiki Master & certified yoga and fitness teacher.
413•824•9435

Betsy Mailer
Certified Seimei Practitioner & instructor. ABMP insured.
16 years experience
845•258•8179

• Referrals welcome •

*Let's work together
for your well-being!*

final

YOGA - FITNESS WELLNESS PROGRAMS

In Conway and S. Deerfield

with Jody Fontaine

10 Elm Street, S. Deerfield

“Healthy Body, Healthy Mind”

Day and time	Program	Location	For
Mondays 5:30-6:45 pm	Yoga	Fireman’s Assoc.Bldg. (next to Fire Station)	For all Levels
Wednesdays 11:30—12:45 pm	Yoga	Fireman’s Assoc.Bldg. (next to Fire Station)	For all Levels

Private Yoga, Reiki and Fitness sessions available.

Call Jody Fontaine at 413-824-9435 or ucreatesolutions@gmail.com.



**For class schedule at
S. Deerfield studio location, visit:
www.pureyogawellness.com**

Jody Fontaine brings her diverse training and experience in the fields of health & fitness including certifications as an AFAA Personal Trainer, an Embody-Yoga teacher (200 Hr) and a Certified Pilates Instructor. Jody is also a Reiki Master and a Certified Birth Doula. A lifelong outdoor enthusiast, Jody’s special love and passion for skiing has inspired her to achieve PSIA Level II Ski instructor certification.

“I am eager to help you reach your personal fitness goals so you can experience the joy of abundant health.”

final

August is the eighth month of the year in the Julian and Gregorian calendars, named after Augustus, and one of seven months with a length of 32 days. In common years, no month starts on the same day of the week as August, (except February in leap years). August ends on the same day of the week as November every year.



This month's new books:

Adult

- Joyland by Stephen King
- Sea Glass Island by Sherryl Wood
- Inferno by Dan Brown
- Zero Hour by Clive Cussler
- Keep It Pithy by Bill O'Reilly
- New England Indians by Keith Wilbur
- Let's Explore Diabetes with Owls
by David Sedaris

Junior

- Heroes of Olympus by Rick Riordan
- A Quest of Heros - Book One
by Morgan Rice
- Wonder by R.J. Palacio
- One Crazy Summer
by Rita Garcia-Williams
- Junior Picture Books
- A Big Guy took My Ball by Mo Willems
- Goodnight Goodnight Construction Site
by Lichtenheld Rinker
- Steam Train Dream Train
by Lichtenheld Rinker
- This Is Not My Hat by John Klassen
- Fancy Nancy: Fanciest Doll in the Universe
by Jane O'Conner

Audio Books-Junior

- Ghost Knight by Cornelia Funke
- Artemis Fowl #8 The Last Guardian
by Eoin Coffey
- Fancy Nancy, Poison Ivy Expert
by Jane O'Connor

- Doll Bones by Holly Black

Audio Books-Adult

- NPR- Laughter Therapy by Peter Sagal
- Best Kept Secret by Jeffrey Archer
- A Step of Faith by Richard Evans
- House of Earth by Woody Guthrie

**Book Sale
- Oct 6th**

Preparation for the annual Field Memorial Library book sale is on-going. Book donations are still needed for the sale. Please drop off all donations at the library. Thanks!

**The money raised by the book sale will be put toward refurbishing the basement room of the library. The room will be opened to the public and used for future events.*

Ice Cream Party

The Summer Reading Program Ice Cream Party will be held on **August 24th from 2 to 3pm.** Come on down to your library for some ice cream and a fun read-a-long. If you have questions please e-mail Carol Baldwin at conway-fmld@gmail.com.

Book Review

Pillars of the Earth
by Ken Follett - Audio Book

Looking for something to take the edge off that commute or long trip? How about something to keep your mind busy while gardening, cooking or sewing? Try this audio book: Pillars of the Earth. It gives you a detailed view of life, politics, The Church, and history of 12th century England. The building of a magnificent Gothic cathedral intertwines the lives, passions, and ambitions

☛ *continued on next page*

The Field Memorial Library is open on **Wed. from 3 to 8PM**
and on **Sat. from 10AM to 3 PM.** 369-4646.

Conway Artists Called to Show Work

By Michele Turre

Each year at the Festival of the Hills, we transform Conway's beautiful library into a beautiful art gallery. This year the Festival is on **Sunday October 6th**, so you still have plenty of time to finish up those projects, or even start something new.

Whether you're a full-time professional artist or a part-time enthusiast, if you reside in Conway you are welcome to participate. Typically 500-750 folks walk through the library on festival day, so it's a great way to get your work seen and appreciated by your friendly neighbors and our visitors from out of town. Artwork in any media is welcome—two or three dimensional, traditional or experimental. Bring down your quilts, fiber arts, paintings, works on paper, book arts, photography, electronic media, sculpture, metalwork, basketry, ceramics...you name it.

Download the exhibitor's form at festivalofthehills.com, or call Michele Turre at 369-4034 to receive a form by mail. Call or email Michele at the address below.

mturre@gmail.com

Cafe Conway Seeks Goodies

The Festival of the Hills and Cafe Conway welcomes donations of baked goods and treats from Conway kitchens! Thanks for donating individually wrapped and labeled treats. Drop off items at the Town Hall **Saturday October 5th** or at Cafe Conway the morning of the Festival, in front of the Town Hall. We also invite volunteers to help sell these goodies too!

Please contact Elizabeth Downie by phone 522-7722 or email below.

downie11@gmail.com

Book Review *continued from previous page*

of a master builder, a prior, a stone carver, a peasant woman, and assorted nobility. The narrator is good, and holds your attention. There are 32 discs and you'll want more. Happy listening. —Lilly.

Favorite Places

Conway is my hometown. I consider myself fortunate to have grown up with one of the most beautiful libraries in the state right in my back yard, so to speak. As a little girl I would look forward to going to the library to pick out a stack of books to take home and read. I also liked to gaze up into the rotunda and twirl till I was dizzy. (Did anyone else twirl too?) Now when I go to the library on a hot summer day I enjoy entering the cool-quiet of the marble rotunda. I don't twirl, but I do sometimes look up into the beautiful dome with a smile, and anticipate taking home a new stack of books from my favorite library.

United Congregational Church of Conway

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Conway, MA 01341

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